

LUNCH MENU₂

Middle Schools & ICS March 4th - 8th

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier
U.S. School Challenge.



MONDAY	Pho (FU as in FUN!) w/ Vegetarian Option
TUESDAY	Spice House Rice or Noodles w/ Vegetarian Option
WEDNESDAY	Fiesta Nachos w/ Vegetarian Option
THURSDAY	Spice House Rice or Noodles w/ Vegetarian Option
FRIDAY	NO SCHOOL



Everyday Choices

**Mozzarella Stuffed Breadsticks with Spaghetti
Sauce(v),
Cheese Pizza(v),
Pepperoni Pizza**

MONDAY	Sausage Pizza
TUESDAY	Buffalo Chicken Pizza
WEDNESDAY	Supreme Pizza
THURSDAY	Hawaiian Pizza
FRIDAY	NO SCHOOL



This Week's Favorite Features:



MONDAY	Butter Chicken or Butter Tofu(v) Brown Rice & Roasted Cauliflower
TUESDAY	Pancakes & Turkey Sausage Baked Cinnamon Apples
WEDNESDAY	BBQ Chicken Strip Sandwich Mexican Black Beans
THURSDAY	Baked WG Pasta(v) Green Beans
FRIDAY	NO SCHOOL



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available. Low Fat or Fat Free
Milk offered with all meals.

Daily Classic Grill Fare with Fries

**Vegetarian Rainbow Chili(v),
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger**



MONDAY	Grilled Cheese Sandwich(v)
TUESDAY	Turkey Hot Dog
WEDNESDAY	Big City Bites- Philly Style Cheesesteak Sub
THURSDAY	Roasted Mushroom Swiss Burger
FRIDAY	NO SCHOOL



In a hurry? Grab Fast Takes-

But Don't Forget to Select From the Thrive Bar!

MONDAY	Fiesta Dip Box(v) Chef Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
TUESDAY	Blueberry Patch Parfait(v) Garden Veg Salad(v) American Sub Chicken Caesar Wrap
WEDNESDAY	Classic Hummus Box(v) Crispy WG Chicken Salad Italian Sub Buffalo Chicken Wrap
THURSDAY	Protein PowerUp Box Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
FRIDAY	NO SCHOOL

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
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Nutrition Information is available upon request.