

KENNEDY HS (PREP) PREP Grades 6-12 LUNCH (Subject To Change) - Feb, 2024



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Pepperoni Pizza Wedge ¹ Mac N Cheese Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Turkey Taco Nada FRESH SALSA Prep VEGAN BURRITO PREP Baby Carrots Tropical Trio Slush Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>Buffalo Chicken Wings ² FRESH COLESLAW Prep Honey Biscuit Managers Choice Smoothie Granola Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola Parmesan Chicken Salad FF Prep Artisan Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Beef Teriyaki and Fresh Carrots Rice Bowl Chicken Tenders Cafe LA Salad Thick Cut Fries Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>

<p>Beef and Cheese Taquitos 5 FRESH SALSA Prep Chicken Chorizo and Cheese Bolillo</p> <p>MEXICALI SALAD TORTILLA CHIPS Prep Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato</p> <p>Managers Choice Smoothie Granola Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola</p> <p>VEGAN BURRITO PREP Baby Carrots Orange Medley Juice Fresh Fruit Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>Grande Burger 6 Fresh Pickles Western Cheeseburger Walking Taco Nachos PICO DE GALLO Prep CAJUN CHICKEN SALAD CAJUN RANCH DRESSING Honey Biscuit Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato</p> <p>Cheesy Garlic Bread Impossible Burger (Vegan) Cafe LA Salad Thick Cut Fries Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>Chicken Dumplings 7 BBQ Beef Rib Patty Sandwich with Pickles and Coleslaw NNC Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato</p> <p>Bean and Cheese Pupusa Fresh Curtido Celery Sticks Tropical Trio Slush Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>Chicken Corn Dog 8 Yangs Orange Chicken and Broccoli Rice Bowl Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato</p> <p>Mac N Cheese Chinese Vegan Chikn Salad Baby Carrots Cooked Edamame (PREP) Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>Spicy Breaded Chicken Sandwich 9 Fresh Pickles Breaded Chicken Sandwich Foster Farms BEEF CRUMBLE PIZZA WEDGE (PREP) Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato</p> <p>Managers Choice Smoothie Granola Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola</p> <p>CHIK'N NUGGETS (Vegan) Artisan Roll Buffalo Chikn Nuggets (Vegan) Cafe LA Salad Thick Cut Fries Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>
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<p>ZESTY BEEF CHALUPA TORTILLA CHIPS BULK Prep Turkey Kielbasa Sausage Sandwich and Fresh Pickles Prep FRESH SALSA Prep MEXICALI SALAD TORTILLA CHIPS Prep Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola Managers Choice Smoothie Granola VEGAN BURRITO PREP Baby Carrots Orange Medley Juice Fresh Fruit Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>12 Yangs Orange Chicken and Broccoli Rice Bowl Walking Taco Nachos PICO DE GALLO Prep CAJUN CHICKEN SALAD CAJUN RANCH DRESSING Honey Biscuit Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Cheesy Garlic Bread Vegan Teriyaki Carrot Rice Bowl Cafe LA Salad Thick Cut Fries Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>13 TURKEY MASHED POTATOES WITH FRESH BROCCOLI Prep Cornbread Stuffing Prep Artisan Roll Beef and Cheese Burrito FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Bean and Cheese Pupusa Fresh Curtido Chicken Tenders Celery Sticks Tropical Trio Slush Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>14 Pepperoni Pizza Wedge Beef Teriyaki and Fresh Carrots Rice Bowl Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Mac N Cheese Impossible Burger (Vegan) Fresh Pickles Baby Carrots Cooked Edamame (PREP) Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>15 Fish Po Boy Sandwich Turkey Taco Nada FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Managers Choice Smoothie YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep Granola CHIK'N SANDWICH (Vegan) Fresh Pickles Cafe LA Salad Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>16</p>
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Presidents Day
2024

19	<p>Grande Burger Western Cheeseburger Walking Taco Nachos PICO DE GALLO Prep CAJUN CHICKEN SALAD CAJUN RANCH DRESSING Honey Biscuit Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Cheesy Garlic Bread Impossible Burger (Vegan) Fresh Pickles Cafe LA Salad Thick Cut Fries Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	20	<p>Chicken Mashed Potato Gravy Bowl Honey Biscuit BBQ Beef Rib Patty Sandwich with Pickles and Coleslaw Parmesan Chicken Salad FF Prep Cheesy Breadstick Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Bean and Cheese Pupusa Fresh Curtido THREE BEAN VEGAN CHILI (Vegan) Tortilla Chips Celery Sticks Orange Medley Juice Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	21	<p>Chicken Corn Dog Beef Teriyaki and Fresh Carrots Rice Bowl Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Mac N Cheese Chinese Vegan Chikn Salad Baby Carrots Tropical Trio Slush Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	22	<p>SPICY BREADED CHICKEN SANDWICH Fresh Pickles Breaded Chicken Sandwich Foster Farms Beef Crumble Pizza Wedge Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Managers Choice Smoothie Granola YOGURT FRESH FRUIT MIX PARFAIT GRANOLA Prep CHIK'N NUGGETS (Vegan) Buffalo Chikn Nuggets (Vegan) Artisan Roll Cafe LA Salad Thick Cut Fries Fresh Fruit Raspberry Passion Fruit Slush Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	23
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<p>ZESTY BEEF CHALUPA TORTILLA CHIPS BULK Prep Turkey Kielbasa Sausage Sandwich and Fresh Pickles Prep FRESH SALSA Prep MEXICALI SALAD TORTILLA CHIPS Prep Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Yogurt Parfait - Manager's Choice Yogurt Parfait Blueberries Yogurt Parfait Strawberries Granola Managers Choice Smoothie Granola VEGAN BURRITO PREP Baby Carrots Orange Medley Juice Fresh Fruit Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>26 Beef Teriyaki Dippers Rice Bowl NNC Walking Taco Nachos PICO DE GALLO Prep CAJUN CHICKEN SALAD CAJUN RANCH DRESSING Honey Biscuit Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Cheesy Garlic Bread Vegan Teriyaki Carrot Rice Bowl Cafe LA Salad Thick Cut Fries Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>27 Breaded Chicken Nuggets Foster Farms Honey Biscuit Beef and Cheese Burrito FRESH SALSA Prep Parmesan Chicken Salad FF Prep Cheesy Garlic Bread Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Bean and Cheese Pupusa Fresh Curtido Chicken Tenders Celery Sticks Tropical Trio Slush Mixed Berry Pop Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat</p>	<p>28 Pepperoni Pizza Wedge Yangs Orange Chicken and Broccoli Rice Bowl Chinese Chicken Salad FF Prep Hawaiian Roll Manager's Choice Sandwich Options Turkey Ham and Cheese Sandwich Grab n Go Turkey Breast and Cheese Sandwich Yellow Submarine Sandwich Tuna Sandwich Lettuce and Tomato Mac N Cheese Baby Carrots Cooked Edamame (PREP) Fresh Fruit Fruit Juice Lunch Milk Options Milk NonFat Milk Low Fat Milk Lactose Free Milk Chocolate NonFat Milk Strawberry NonFat Impossible Burger (Vegan)</p>
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Menus are Subject to Change

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