



Parent Education &  
Family Literacy School Readiness Programs  
Mt. Diablo Adult Education - A Division of the Mt. Diablo Unified School District

# School Readiness Newsletter

## January & February 2024



We are excited to welcome you back as we approach the midpoint of the school year. A couple of fun family events are coming up, and we can't wait for you to participate in them. Summer is getting closer, and so is our summer program! Visit our program webpage for more information regarding classes and the summer program! Thank you once again for the fantastic support you provide to both teachers and each other.

Irma Toman  
Parent Education  
Program Coordinator

**Parent Education Program**  
Mt. Diablo Adult Education

**FREE Heartsaver CPR Class**  
for current School Readiness Program families



<b>Step 1</b> Sign Up	Email <a href="mailto:bramwellk@mdusd.org">bramwellk@mdusd.org</a> You will receive an email confirming your enrollment or stating that you have been waitlisted for a future class (each class is limited to 10 people)
<b>Step 2</b> Complete On-Line Training	In mid-March you will be emailed a voucher number and instructions to register and complete online training before in person meeting on 4/23
<b>Step 3</b> Complete In-Person Training	<b>Mandatory In-Person Instruction:</b> <b>Tuesday April 23, 2024</b> <b>4:00pm - 6:00pm</b> Loma Vista Adult Center 1266 San Carlos Avenue, Concord Childcare provided
Complete both online and in person trainings and you will receive CPR-E Card via email	

For more information, contact us at [parented@mdusd.org](mailto:parented@mdusd.org) or call (925) 685-7340, ext. 6720  
Para más información, comuníquese con Irma Toman a [tomani@mdusd.org](mailto:tomani@mdusd.org) o al (925) 685-7340 ext. 6722  
Visit the Parent Education website at [mdae.mdusd.org](http://mdae.mdusd.org)

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## Family Reading Event

Hands on Arts & Crafts,  
Obstacle Course, Story time  
and more for children 2-10  
and their families.

*Free & Open to the Public!*

**Saturday March 2, 2024**  
Loma Vista Adult School  
1266 San Carlos Avenue, Concord  
10:00am - 12:00pm

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Visit the Parent Education website at [mdae.mdusd.org](http://mdae.mdusd.org)



Illustrations by Eric Carle, Todd Parr, Robert Ably, Maurice Sendak and James Dean



### CONTACT US

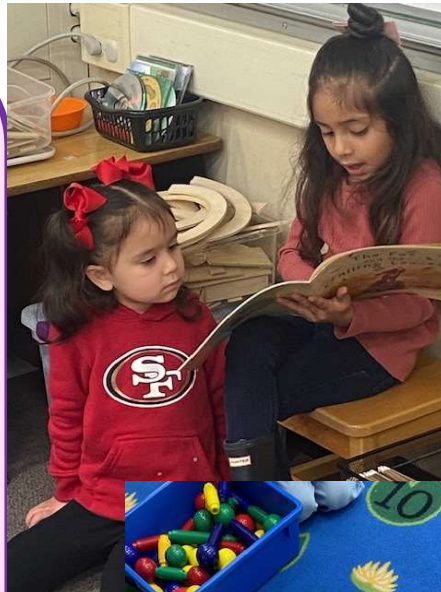
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## Hidden Valley

We came back to school in January eager to learn and be together again! We are working on our letters everyday - building, writing, and talking about letters and their sounds. We played with clean mud and then made sculptures from it. February will bring our Lunar New Year celebration, talking about Black History month and of course a Valentine's party celebrating love and friendships. We are starting our "All About Me" posters where we can share what makes each of us special and we are getting a classroom pet!



## Loma Vista Family Literacy

This past month of January, we have had many fun activities related with the winter season. Children learned about animals that live in cold weather and how they prepare for winters. Children also learned the type of clothes people wear in very cold weather.

The children made a winter scene, they also cut out a penguin, snowman, snowflakes etc. We read the book; The Mitten then children colored, and cut out a mitten and animals from the story in the book which they used in our activity parent and children together (PACT) Children sewed the mitten with the help of their parents, after children told the story of The Mitten to their own parents using the props they had previously made.



## 2's Class

I just wanted to express my gratitude for the wonderful job that everyone in the classroom is doing. January has been a busy month, and the children have had a great time playing together, going on walks around the school, visiting the fire truck, singing and dancing to the dinosaur and freeze songs, experimenting with shaving cream and dirt, enjoying the "Polar Bear What Do You See" story, and creating beautiful art. We also celebrated Taylor and Parker's Third birthday and welcomed Andrew to our class."



## Loma Vista Combo

January has been a busy month for us in Combo class. We have been learning about community helpers and have been talking about winter and polar animals. We had a visit from the fire department and a visit from the dental office. It was so exciting to get to check out a real fire truck with the firefighters and to learn all about our teeth and the proper care of them with the dentist

In February we look forward to our art show, Black History month, Lunar new year, and Valentines day. What a busy month!





## Fair Oaks Combo



The children have been learning about winter and how the weather changes in this season. They have been working with ice & snow (they made fake snow, snowflakes and snowmen using shapes and different materials). They learned about animals in winter, and animals in the arctic. We had conversations about their own experience in the snow and enjoyed having some nature walks during this season.

For February, we had planned topics about friendship, Valentine's Day and pets. The children will be able to bring their own pets (if they have any at home) to show to the classmates.

The children continue developing their friendships and exploring the materials around the classroom. They are building many skills through art, conversations, reading books, singing and dancing, math activities such as patterning, counting, sorting, etc., and especially through play.



## Bel Air Combo

The children have been learning about winter. They have been working with ice & snow (they made fake snow, snowflakes and snowmen using different materials). They also learned about animals in winter. During circle time, we shared about our own experience in the snow.

For February, we had planned topics about friendship and Valentine's Day.

The children continue developing their friendships, exploring, and building many skills while making art, having conversations, reading books, singing and dancing, and especially through play.

