College Athletic Pathway
Basics to Ensure Your Pathway to Compete at the College Level
We Believe In The Power Of Sport Beyond Profit and Its’ Power To Transform People And Communities

Courtney Sakellaris
Senior Manager of District Success & Educational Programs

4 Year NCAA DI Student-Athlete

14+ Years Assistant Athletic Director at Oak Park & River Forest High School (Oak Park, IL)

2021 IADA Assistant Athletic Director of the Year

7+ Years USA Field Hockey Region Futures Program Director

IL High School Field Hockey Association

B.A. University of Rhode Island
ASK US ANYTHING!

If we aren't able to get to your question tonight, we will respond via email!

Scan the code to ask questions in real-time!
Honest Game comprehensive system combines educational programs, NCAA portal audit & software that takes the guesswork out of the complex NCAA requirements for college sports, while getting school departments, students and families on the same page.
THE COLLEGE ATHLETIC PATHWAY

Academic Eligibility
Amateurism
Recruiting
Financial Aid
1 in 3 schools across the U.S. are either unaccredited or lapsed with the NCAA Eligibility Center.

Academic eligibility is required for:

- Scholarships
- Competition
- Roster
- Practice
- Admissions
- NIL*

*If you can’t play, you won’t get the exposure
Research shows that sports as an extracurricular activity is most consistently associated with high academic achievement in both men and women.*

Kids consistently involved in extracurricular activities (ECA) are 70% more likely to go to college than students who are only episodically involved – and 400% more likely than kids who are not involved at all.*

94% of women who hold C-suite level positions are former athletes. What's more, 52% played sports at the collegiate level (compared to 39% of women at other managerial levels).

*Our Kids, Robert Putnam 2015
Uses a combination of a student-athlete’s high school coursework and their NCAA Core GPA as calculated using NCAA-approved Core Courses.

**DI**
Minimum 2.3 NCAA Core GPA

**DII**
Minimum a 2.2 NCAA core GPA

**DIII**
No NCAA course requirements. Must meet the admissions standards for the institution, with full eligibility in accordance with the NCAA academic requirements.
What is an NCAA Core Course?

NCAA Core courses must meet the below requirements to be approved by the NCAA:

- Be an academic, four-year college preparatory course receiving high school graduation credit in one or more of these areas:
  - English
  - Math (Algebra I or higher)
  - Natural /Physical Science
  - Social Science
  - Foreign Language
  - Comparative Religion or Philosophy

- Be at or above your high school's regular academic level

- Be taught by a qualified instructor

Not all high school classes are NCAA core courses and each high school has its own list of NCAA-approved courses, which must be submitted and approved by the NCAA for each school.
Each school should have an NCAA account. It is the school’s responsibility to keep the list updated. The NCAA’s review of each course results in:

- Approved for NCAA credit
- Denied for NCAA credit
- Requires further documentation and review (RC8)

Only courses that appear on a high school’s list of NCAA core courses will count toward the 16 core course requirement.
Please review information regarding your school and district. The information listed below applies only to courses completed at the above school.

<table>
<thead>
<tr>
<th>High School Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDGENUITY coursework from this school/program, designated as &quot;CR&quot; or no designation on students’ transcripts, meets NCAA nontraditional core-course legislation.</td>
</tr>
</tbody>
</table>
## NCAA ELIGIBILITY CENTER PORTAL

### Every High School has a Different List of NCAA-Approved Courses

<table>
<thead>
<tr>
<th>Course/Weight</th>
<th>Title</th>
<th>Notice</th>
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</thead>
<tbody>
<tr>
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<td>1 MUM ENGLISH</td>
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<td>3 ENGLISH ENRICHED</td>
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<td>4 ENG ADV WRITING 2</td>
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<td>4 ENG CONTEMP LIT 2</td>
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<td>4 ENG GENDER IN LIT 2</td>
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<td>4 ENGLISH 3RD LANG</td>
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<td>4 ENG ENRICHED</td>
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<td>4 HUMANITIES ENG AS</td>
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<td>4 HUMANITIES ENG IP</td>
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</tbody>
</table>
What is an NCAA Core GPA?

The NCAA Eligibility Center calculates student-athletes GPA (DI/DII level) based on the grades earned in the 16 NCAA-approved core courses that are completed in high school (32 semesters).

<table>
<thead>
<tr>
<th>School GPA</th>
<th>NCAA GPA</th>
</tr>
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<tbody>
<tr>
<td>2.06</td>
<td>2.50</td>
</tr>
</tbody>
</table>

A real-life student who had a low school GPA but an eligible NCAA Core GPA

<table>
<thead>
<tr>
<th>School GPA</th>
<th>NCAA GPA</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.61</td>
<td>2.20</td>
</tr>
</tbody>
</table>

A real-life student who had a high school GPA but an ineligible NCAA Core GPA
NCAA DI QUALIFIER POINTERS

Each Semester Counts Equally
Average 4 NCAA-approved courses each year
In total 16 (32 semesters) NCAA-approved courses
10 (20 semesters) NCAA courses must be completed before start senior year

Summer School or Virtual Courses
Catching up on courses during the summer or taking virtual courses is encouraged
Not every course is NCAA approved, check approved course list

Core GPA in NCAA courses
Earn a minimum 2.3 Core GPA in NCAA Core Courses

NCAA D1 Qualifier Status
Student registers with NCAA Eligibility Center, submits transcript and completes NCAA Eligibility Center Amateurism Survey
Student completes 16 NCAA approved courses:
THINGS TO WATCH OUT FOR

✓ Early Graduation (popular with football players)
  - Will students be eligible if they graduate early?

✓ Reclassification (popular with basketball players)
  - Will students be off track if they reclass? If they reclass, are they duplicating the same year again?
  - Looking at Junior College options and understanding this pathway.

✓ Academic Eligibility Issues
  - Missing NCAA-approved English (common subject specific issue)
  - Missing NCAA-approved Math (common subject specific issue)
  - 10/7 lock before the start of senior year
  - NCAA GPA vs. School GPA
  - If students don’t take a foreign language, do they have enough “additional courses”
  - During course selection double check to confirm core courses are NCAA approved
THINGS TO WATCH OUT FOR

√ Transfer Students
  • Check their old school’s NCAA-approved list of courses

√ International Students
  • Check the country’s course approvals, etc.

√ ELL/ESL
  • Does your school have the appropriate approvals? If not, are those students supplementing their English requirements?

√ Summer School
  • Ensure summer school courses count for both graduation and NCAA eligibility

√ Virtual Courses
  • Ensure virtual courses count for both graduation and NCAA eligibility

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Students who do not meet the **2.3 minimum overall high school GPA requirement** upon graduation may still become eligible to compete at an NAIA school by meeting 2 of the following 3 criteria:

- ✔ Minimum overall high school GPA of 2.0 (on a 4.0 scale).
- ✔ Minimum test score of 18 on the ACT or 970 on the SAT.
- ✔ Graduate in the top half (50%) of their high school class.
JUCOs are allowed to set their own standards.

Generally, a student-athlete **must be a graduate of a high school with an academic diploma**, earned a **general education diploma (GED)** or a state department of education-approved **high school equivalency test**.

NCAA initial-eligibility is important to know and understand prior to attending JUCO for student-athletes looking to continue on at a four-year school.

NCAA DI/DII non-qualifiers who attend JUCO are held to different academic and enrollment requirements than those that were initial-qualifiers out of high school.

**Honest Game Insight:** Attending a JUCO right out of high school does not inhibit a student-athlete’s goal of playing at a traditional four-year college!
Encourage College-Bound Student-Athletes to Register

ELIGIBILITYCENTER.ORG

PLAYNAIA.ORG
What Do You Need to Register with the NCAA?

- Valid email address
- Basic education history
- Sports participation history (Certification Accounts only)
- Payment (Certification Accounts only)
Questions that arise doing the Amateurism Survey

- It asked if I played for a team - how do I respond?
- It asked if I’ve received benefits from the team - how do I respond?
- It asks if I have an agent - what if I have someone helping me with NIL? Does that count?
- How does NIL affect my opportunities in the future?
Misconceptions About the College Athletic Recruiting Process

- NCAA Division I is the only and best option
- If you receive an email from a coach you are being recruited
- College coaches don’t want to hear from prospective athletes
- Academics don’t matter if you are a highly recruited athlete
- If I’m good enough, the college coaches will find me
- The recruiting process begins Junior year of high school
RECRUITING BASICS

✓ Be Prepared for the Academic Conversation
Leverage your students’ academics in the recruiting conversation with college coaches - an academically eligible recruit can rise to the top of a pile of high schoolers very fast!

If a college coach asks for a students’ transcript, attach the Honest Game compliance academic eligibility report with it to increase the students' chances of receiving an offer.

✓ Know the Recruiting Calendar
Stay current with recruiting calendar dates and changes at Division I and II Recruiting Calendars and Guides - NCAA.org.
A meeting with Coach Carmichael from SHS can be scheduled to assist with this

✓ Follow NIL Regulations
Check with both state high school athletic association and the college compliance office recruiting your student to assure they are following the ever-changing Name, Image and Likeness (NIL) legislation. One misstep and it could cost your student a year or more of eligibility.
College coaches consider a candidate's ability to meet the school's admissions standards, their eligibility status and potential academic scholarship opportunities when reviewing recruits.

An outstanding GPA and quality standardized test scores can be the difference-maker between you and another player.

Often college coaches are able to advocate for their recruits in the admissions process and the weight can be significantly lifted off of the coach when a recruit has achieved high grades and test scores – easing the workload on the coaching staff.
Recruiting at NCAA Division III Schools

✓ Coaches can contact and interact with athletes with no restrictions

✓ Coaches can speak to student athletes at the end of a competition at any time

✓ Official Visits can begin during January of Junior year
Recruiting at NAIA Schools

NAIA recruiting rules encourage coach-student and personal relationships. The benefits of NAIA recruiting rules include:

✓ No recruiting calendar restrictions of any kind
✓ Ability to freely communicate with NAIA coaches directly
✓ Direct interaction with NAIA coaches
Recruiting at Two-Year / Junior Colleges

- Junior Colleges can not offer inducements or gifts to attend
- Junior colleges may pay for one visit to its campus (no more than 2 days and 2 nights)
- A student-athlete must have completed his/her junior year in high school in order to receive an official recruiting visit by a member NJCAA college
- While recruiting a potential athlete on campus, a college representative may purchase meals for the athlete
FOLLOW THE RECRUITING ROADMAP

Take ownership of the process and find your best academic and athletic fit in the process!
MAKE YOUR COLLEGE LIST

Your list should include:

- ✓ 10-20 SAFETY
- ✓ 10-20 BEST FIT
- ✓ 10-20 REACH

MAKE LIST

CONSIDER

- Where Will I Shine?
- Best Academic Fit?
- Athletic Fit - Will I play?
- Close to home?
- Diversity?
- Size and Campus?

RESEARCH

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OUTREACH TO COACHES

MAKE LIST

TALK

Make yourself known, but consider coach team schedules

PREPARE

- Fill out Recruiting Questionnaires
- Email coaches directly (targeted 1 at a time)
- Follow on Twitter (X) or IG (clean socials, use for recruiting), DM

- Prepare for calls
  - Research college, prepare questions (How to Talk to College Coaches Blogs Parts 1 and 2)

THE OFFICIAL WEBSITE OF THE LIU SHARKS

SPORTS INSIDE ATHLETICS FAN ZONE

DONATE HISTORY RECRUITS

RECRUITING QUESTIONNAIRES

APPLY TO LIU

ABOUT LIU
Example Email to College Coach

From: Use an email you’ll have access to after high school graduation
To: College Head Coach
Cc: College Assistant Coach and/or Recruiting Coordinator
Subject: High school grad year, playing position/event, GPA + interesting stat

Hi Coach [insert coach’s last name(s)],

My name is [insert athlete's first + last name] and I’m graduating high school in [insert high school graduation year]. I play [insert sport] for [insert club and/or high school name] on the [insert competition level: e.g. Varsity, JV, Freshman or Academy, Elite, etc.]. I play [insert position(s) or event(s)].

I’m very interested in [insert college/school name] because [explain WHY - make it personal and specific].** If you have a major or field of study - discuss that here, and make sure the school offers that major!**
ONE PAGE PROFILE: ATTACHMENT OR LINK

Name, Grad Year, Photo, Height, Weight, Jersey #, Position, Athletic Stats, Academic Stats (GPA/Test Score/Honors and AP courses, Academic Honors, Athletic Honors, Video Link, Coach Contact info, Student Contact Info, Social handle, What my coach says about me, My personal statement (3 sentences), Upcoming schedule
# Honest Game's One Page Profile

## Student-Athlete Profile

<table>
<thead>
<tr>
<th>Student-Athlete's Name</th>
<th>Grad Year</th>
<th>NCAA ID #</th>
<th>Jersey #</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Current High School</th>
<th>High School City &amp; State</th>
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</table>

## Athletic Info

<table>
<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>Position / Event</th>
<th>Additional Sports</th>
</tr>
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<tr>
<th>Athletic Stats &amp; Accomplishments</th>
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<table>
<thead>
<tr>
<th>Highlight Video Link (ex. Hudl / YouTube / Instagram)</th>
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</table>

## Academic Info

<table>
<thead>
<tr>
<th>Weighted GPA</th>
<th>Unweighted GPA</th>
<th>SAT / ACT Test Score</th>
<th>Intended College Major / Area of Study</th>
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<tr>
<th>Academic Honors</th>
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</table>
GET SEEN

PREPARE

- Recruiting videos: 3-5 min clips (use Hudl or smartphone) competition, workouts, practices (anything is better than nothing!)
- Showcase/ID Camps - Who’s going to be there? Contact before
- College Campus Camps - reserve for realistic top choices
- Tournaments/Travel - alert coaches when you’ll be competing near them
SET UP YOUR RECRUITING VISITS

MAKE LIST

TALK

GET SEEN
Continue building relationships and sending updates

VISIT

PREPARE

● Get to know the coaches, program and college
● Ask questions and be prepared to answer questions
  ○ See “How to Talk to Coaches” blog)
● Update coaches regularly with Academic and Athletic Info
● Starting Junior year, ask for a visit - may not be “official”
● Always ask the coach “What do you need me to do next?”
COMMIT AND APPLY

MAKE LIST

TALK

GET SEEN

VISIT

APPLY

NORMAAL APPLICATION PROCESS APPLIES

- Deadlines could be different - ask the college coach
- Reminder: Teacher and Counselor Rec, School Links
  - Transcript request, School Profile, Test Score Submission, Essays
- NLI is not a guarantee - contingent on eligibility and admissions
What is an National Letter of Intent (NLI)?

A binding agreement between the high school student-athlete and the college or university.

By signing, the student is promising to not only attend that college after high school, but they will also stop all communication with other college coaches who might have been recruiting them as well (or hope to in the future).

They will only sign an NLI once; however, if they receive an athletic scholarship, they will sign a Grant-in Aid yearly.

- An NLI must be accompanied by an athletic scholarship. Walk-ons, recruited walk-ons, and non-scholarship students do not sign an NLI.

- Students who sign “commitment letters” not bound by the NLI program are not guaranteed a scholarship or a roster spot.
## THE ROADMAP TO SIGNING

**Prospective Student-Athletes Signing 2022-23 and Enrolling 2023-24**

### Future Signing Dates

<table>
<thead>
<tr>
<th>Sport(s)</th>
<th>Initial Signing Date</th>
<th>Final Signing Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division I Basketball (Early Period)</td>
<td>November 8, 2023</td>
<td>November 15, 2023</td>
</tr>
<tr>
<td>Division I Basketball (Regular Period)</td>
<td>April 17, 2024</td>
<td>May 15, 2024</td>
</tr>
<tr>
<td>Division I Football (Early Period)</td>
<td>December 20, 2023</td>
<td>December 22, 2023</td>
</tr>
<tr>
<td>Division I and II Football (Midyear JC Transfer)</td>
<td>December 20, 2023</td>
<td>January 15, 2024</td>
</tr>
<tr>
<td>Division I and II Football (Regular Period)</td>
<td>February 7, 2024</td>
<td>Division I: April 1, 2024 Division II: August 1, 2024</td>
</tr>
<tr>
<td>All Other Division I and II Sports</td>
<td>November 8, 2023</td>
<td>August 1, 2024</td>
</tr>
</tbody>
</table>

Stay current with the signing dates for prospective student-athletes signing in 2022-23 and enrolling 2023-24.
Honest Game Checklist for College Bound Student-Athletes

STUDENT-ATHLETE TIMELINE

FRESHMAN YEAR
- Confirm NCAA Core Course Registration
- Review the NCAA's College-Bound Student-Athlete Guide and Honest Game's Academic Eligibility 101 Guide
- Know Your NCAA Core GPA
- Plan for Summer School if Necessary

SOPHOMORE YEAR
- Ensure Freshman Class Items are Completed
- Register with the NCAA and NAIA Eligibility Centers
- Retake Core Courses If Necessary
- Make a Potential College List
- Submit Online Questionnaires for College Teams
- Contact College Coaches
- Plan Accordingly If You Decide to Reclassify

JUNIOR YEAR
- Ensure Sophomore Class Items are Completed

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WHAT WE DO: EDUCATE

Honest Game Monthly Timeline for College Bound Student-Athletes

HONEST GAME
MONTH-BY-MONTH TIMELINE

January

Students
- Start the New Year with high school track deadlines, projects, assignments.
- Check Honest Game CARE® Closes.

Schools
- Remind students of educational resources.
- Develop student-athletes’ CARE® after term ends.
- Adjust spring schedules where needed.

February

Students
- Now which spring term courses count for NCAA Core.
- Start thinking about course requests for next year.

Schools
- Remind students of Honest Game CARE® after term ends.
- What to consider during course selection.

March

Students
- Consider summer school to get GPA up or catch up on NCAA Core Course credits.

Schools
- Talk to students about summer school.

April

Students
- Plan college campus visits for next few months.
- Look to create your college starter list.

Schools
- Remind NCAA Evaluation by April 1.

May

Students
- Start for summer recruiting.
- What does a verbal commitment mean?
- (Dead) Start outreach to college scouts.
- (Dead) Alert counselors to ECEEA plans as they enter throughout the summer.

Schools
- Remind senior leaders to alert you of ECEEA applications throughout.

June

Students
- Catch up on NCAA Core courses or pass your NCAA Core Exam before school or virtual.
- (Dead) NCAA exams in the summer for most.

Schools
- Upload student official transcripts to the NCAA Eligibility Center.

July

Students
- (Dead) Official transcripts due to NCAA Eligibility Center.

Schools
- (Dead) Official transcripts due to NCAA Eligibility Center.

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THINGS TO WATCH OUT FOR

✔ Social Media
  • Social media mistakes can result in lost opportunities

✔ Sportsmanship
  • Even if a college coach isn’t there, they might hear about unsportsmanlike conduct from refs, other coaches, etc.
    ○ How does a student-athlete treat teammates, opponents, coaches, and parents!

✔ Parent Role
  • Encourage your student to explore without taking over the process
  • Coaches want to hear from the student-athlete
  • Parent behavior can deter coaches from recruiting their student

College Athletics is a Small world
<table>
<thead>
<tr>
<th></th>
<th>NAIA</th>
<th>NCAA DI</th>
<th>NCAA DII</th>
<th>NCAA DIII</th>
<th>NJCCCA</th>
<th>CCCAA</th>
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<td>350</td>
<td>300</td>
<td>432</td>
<td>525</td>
<td>110</td>
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<td># STUDENT-ATHLETES</td>
<td>77,000</td>
<td>187,000</td>
<td>120,800</td>
<td>195,000</td>
<td>70,000</td>
<td>24,000</td>
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<tr>
<td># SPORTS OFFERED</td>
<td>17</td>
<td>24</td>
<td>24</td>
<td>24</td>
<td>16</td>
<td>15</td>
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<tr>
<td>ATHLETIC SCHOLARSHIPS AVAILABLE</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
<td>NO</td>
<td>YES (DI/DII) NO (DIII)</td>
<td>NO</td>
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<tr>
<td>Men</td>
<td>High School Participants</td>
<td>NCAA Participants</td>
<td>Overall % HS to NCAA</td>
<td>% HS to NCAA Division I</td>
<td>% HS to NCAA Division II</td>
<td>% HS to NCAA Division III</td>
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</tr>
<tr>
<td>Baseball</td>
<td>482,740</td>
<td>36,011</td>
<td>7.5%</td>
<td>2.2%</td>
<td>2.3%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Basketball</td>
<td>540,769</td>
<td>18,816</td>
<td>3.5%</td>
<td>1.0%</td>
<td>1.0%</td>
<td>1.4%</td>
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<tr>
<td>Cross Country</td>
<td>269,295</td>
<td>14,803</td>
<td>5.3%</td>
<td>1.8%</td>
<td>1.4%</td>
<td>2.1%</td>
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<tr>
<td>Football</td>
<td>1,006,013</td>
<td>73,712</td>
<td>7.3%</td>
<td>2.9%</td>
<td>1.9%</td>
<td>2.5%</td>
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<tr>
<td>Golf</td>
<td>143,200</td>
<td>8,486</td>
<td>5.9%</td>
<td>2.0%</td>
<td>1.6%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>35,283</td>
<td>4,323</td>
<td>12.3%</td>
<td>4.8%</td>
<td>0.6%</td>
<td>6.8%</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>113,702</td>
<td>14,603</td>
<td>12.8%</td>
<td>3.1%</td>
<td>2.5%</td>
<td>7.3%</td>
</tr>
<tr>
<td>Soccer</td>
<td>459,077</td>
<td>25,499</td>
<td>5.6%</td>
<td>1.3%</td>
<td>1.5%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Swimming</td>
<td>136,638</td>
<td>9,799</td>
<td>7.2%</td>
<td>2.8%</td>
<td>1.2%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Tennis</td>
<td>159,914</td>
<td>7,785</td>
<td>4.9%</td>
<td>1.6%</td>
<td>1.0%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>605,364</td>
<td>28,914</td>
<td>4.8%</td>
<td>1.9%</td>
<td>1.2%</td>
<td>1.7%</td>
</tr>
<tr>
<td>Volleyball</td>
<td>63,563</td>
<td>2,355</td>
<td>3.7%</td>
<td>0.7%</td>
<td>0.7%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Water Polo</td>
<td>22,475</td>
<td>1,072</td>
<td>4.8%</td>
<td>2.7%</td>
<td>0.8%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Wrestling</td>
<td>247,441</td>
<td>7,300</td>
<td>3.0%</td>
<td>1.0%</td>
<td>0.8%</td>
<td>1.2%</td>
</tr>
</tbody>
</table>

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## % High School Students that Play NCAA Sports (Women)

<table>
<thead>
<tr>
<th>Sport</th>
<th>High School Participants</th>
<th>NCAA Participants</th>
<th>Overall % HS to NCAA</th>
<th>% HS to NCAA Division I</th>
<th>% HS to NCAA Division II</th>
<th>% HS to NCAA Division III</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>399,067</td>
<td>16,509</td>
<td>4.1%</td>
<td>1.3%</td>
<td>1.2%</td>
<td>1.7%</td>
</tr>
<tr>
<td>Cross Country</td>
<td>219,345</td>
<td>15,624</td>
<td>7.1%</td>
<td>2.7%</td>
<td>1.7%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>60,824</td>
<td>6,119</td>
<td>10.1%</td>
<td>2.9%</td>
<td>1.4%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Golf</td>
<td>79,821</td>
<td>5,436</td>
<td>6.8%</td>
<td>2.8%</td>
<td>1.9%</td>
<td>2.1%</td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>9,650</td>
<td>2,531</td>
<td>26.2%</td>
<td>8.9%</td>
<td>1.1%</td>
<td>16.2%</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>99,750</td>
<td>12,452</td>
<td>12.5%</td>
<td>3.7%</td>
<td>2.6%</td>
<td>6.2%</td>
</tr>
<tr>
<td>Soccer</td>
<td>394,105</td>
<td>28,310</td>
<td>7.2%</td>
<td>2.4%</td>
<td>1.9%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Softball</td>
<td>362,038</td>
<td>20,419</td>
<td>5.6%</td>
<td>1.8%</td>
<td>1.7%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Swimming</td>
<td>173,088</td>
<td>12,980</td>
<td>7.5%</td>
<td>3.3%</td>
<td>1.2%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Tennis</td>
<td>189,436</td>
<td>8,596</td>
<td>4.5%</td>
<td>1.5%</td>
<td>1.0%</td>
<td>2.0%</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>488,267</td>
<td>30,326</td>
<td>6.2%</td>
<td>2.8%</td>
<td>1.5%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Volleyball</td>
<td>452,808</td>
<td>17,780</td>
<td>3.9%</td>
<td>1.2%</td>
<td>1.1%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Water Polo</td>
<td>21,735</td>
<td>1,217</td>
<td>5.6%</td>
<td>3.3%</td>
<td>1.1%</td>
<td>1.2%</td>
</tr>
</tbody>
</table>
Head Count vs. Equivalency Sports
Head Count = Full Scholarships cannot be split

- Full athletic scholarships cover:
  - tuition, fees, room & board & books

Head Count

**Men's**
Basketball & Football

**Women's**
Basketball, Gymnastics, Tennis, Volleyball

*All other sports for NCAA DI & DII are Equivalency

$3.6 BILLION IN ATHLETIC SCHOLARSHIPS

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ATHLETICS SCHOLARSHIPS 101

Athletics Scholarships
- Can be year to year or multi-year
- Can include undergraduate and graduate school
- NCAA DI, DII, NAIA, JUCO

Merit Scholarships
- Often can be more than Athletic aid
- Sometimes can be stacked with other scholarships - ask each program
- Often equivalency student-athletes earn more in Merit than Athletic

Need Financial Aid
Head Count = Full Scholarships cannot be split
- Full Scholarship covers:
  - tuition, fees, room & board & books

Head Count Sports
Men’s (Basketball & Football)
Women’s (Basketball, Gymnastics, Tennis, Volleyball)
*All other sports for NCAA DI & DII are Equivalency
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Thank you!

Courtney Sakellaris
Senior Manager for High Schools
csakellaris@honestgame.com
312-300-2059