

March 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



DID YOU KNOW?

Alexander Graham Bell made the first ever phone call on March 10th, 1876. He called his assistant and said "Mr. Watson, come here. I want to see you."

Pancake on a Stick **4**
NACHOS PICANTES w/ CHEESE SAUCE
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Biscuits & Gravy **5**
CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

French Toast Sticks **6**
PULLED PORK SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Breakfast Pizza **7**
CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest Veggie & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

Mini Waffles **8**
CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Breakfast Burrito **11**
GRILLED CHEESE SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Pancakes **12**
CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

Breakfast Pizza **13**
MEATBALL STROGANOFF w/ PASTA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

French Toast Sticks **14**
COUNTRY FRIED STEAK
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

Maple Waffle **15**
CORN DOG
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Pancake on a Stick **18**
CHICKEN CORDON BLEU
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Biscuits & Gravy **19**
MAC & CHEESE w/ NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

French Toast Sticks **20**
CREAMY CHICKEN ENCHILADA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Breakfast Pizza **21**
SLOPPY JOE
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

Mini Waffles **22**
TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Breakfast Burrito **25**
NACHOS PICANTES w/ CHEESE SAUCE
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

Pancakes **26**
CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Turkey & Cheese Sandwich

Breakfast Pizza **27**
PULLED PORK SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

French Toast Sticks **28**
CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese Sandwich

Maple Waffles **29**
CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich & Italian Club Sandwich

2023-2024 MEAL PRICES

PAID ELEMENTARY MEALS	
Breakfast	\$1.20
Lunch	\$2.50
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

PIZZA SERVED DAILY -

PEPPERONI & CHEESE OR CHEESE PIZZA

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/dep/arts/child-nutrition/menus-common-concerns>

1 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL