

March 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



MIDDLE SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



DID YOU KNOW?

Alexander Graham Bell made the first ever phone call on March 10th, 1876. He called his assistant and said "Mr. Watson, come here. I want to see you."

Pancake on a Stick **4**

ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad PB & J & Italian Club Sandwich

Biscuits & Gravy **5**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

French Toast Sticks **6**

CHICKEN NUGGETS

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club Sandwich

Breakfast Pizza **7**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Maple Waffle **1**

CHILI & CHIPS w/ NACHO CHEESE SAUCE

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Mini Waffles **8**

TACOS

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Breakfast Burrito **11**

PULLED PORK SANDWICH and MAC & CHEESE

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Pancakes **12**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Breakfast Pizza w/ Sausage **13**

CHICKEN POTATO BOWL

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

French Toast Sticks **14**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Maple Waffle **15**

CORN DOG

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Pancake on a Stick **18**

TERIYAKI CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Biscuits & Gravy **19**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

French Toast Sticks **20**

CREAMY CHICKEN ENCHILADA

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Breakfast Pizza **21**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Mini Waffles **22**

CHILI & CHIPS w/ NACHO CHEESE SAUCE

Grab & Go - Southwest & Veggie Salad PB & J Sandwich & Italian Club Sandwich

Breakfast Burrito **25**

ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest & Veggie Salad, PB & J & Italian Club Sandwich

Pancakes **26**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Breakfast Pizza **27**

CHICKEN NUGGETS

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club Sandwich

French Toast Sticks **28**

PEPPERONI OR CHEESE PIZZA

Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J Sandwich & Ham & Cheese Sandwich

Maple Waffle **29**

TACOS

Grab & Go - Southwest & Veggie Salad, PB & J Sandwich & Italian Club Sandwich

2023-2024 MEAL PRICES

PAID MEALS	
Breakfast	\$1.20
Lunch	\$2.30
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

During LUNCH, students must choose at least 3 of the following 5 components: *Low-fat milk, whole grains, fruits, vegetables, and protein.* When choosing ingredients and entrees to serve for our program we look for foods that are *lean, low-fat, low-sodium, low-sugar, and whole grain rich.* Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/dpartments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL