### How can I help my school raise money?



Please bring your milk caps and drop them in the box located by the window. Longmont Dairy will donate money to our SPED department.



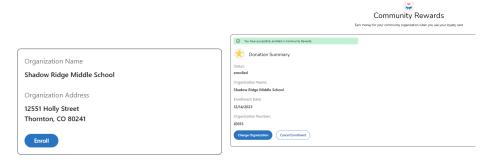


**Proudly Serving** 

Link your card to an organization:

https://www.kingsoopers.com/i/community/community-rewards

#### Choose





Download the App, Buy Box Tops Product, Scan your receipt within 14 day (emailed receipts), and earn cash for your school.



# In a motor vehicle accident?

Get care – and start important documentation – today.





# Compassionate Injuy Care

If you suffer a non-life-threatening auto accident injury, you can get treatment at an urgent care instead of the ER. Advanced Urgent Care & Occupational Medicine's medical providers treat motor vehicle accident injuries. With clinics conveniently located across the Denver metro area, you can get treated today.



# Treatment Documentation

We work with <u>Guardian</u>
<u>Medical</u> to offer follow-up
visits with their car accident
doctors. There are no
attorneys involved in working
with us or Guardian Medical,
and documentation starts on
Day 1.



M-Sa: 8am-7pm Sun: 8am-6pm

# Weekend & Evening Hours

Visit advurgent.com to find the nearest clinic. Walk-in or reserve a spot today.

**Get Started** 

# Colorado proud





# ¿En un accidente automovilístico?

Obtenga atención y comience con la documentación importante hoy mismo.





# Atención compasiva de lesiones

Si sufre una lesión por accidente automovilístico que no pone en peligro su vida, puede recibir tratamiento en un centro de atención de urgencia en lugar de en la sala de emergencias. Los proveedores médicos de Advanced Urgent Care & Occupational Medicine tratan lesiones por accidentes automovilísticos. Con clínicas convenientemente ubicadas en el área metropolitana de Denver, puede recibir tratamiento hoy mismo.



# Documentación del Tratamiento

Trabajamos con <u>Guardian</u> <u>Medical</u> para ofrecer visitas de seguimiento con sus médicos de accidentes automovilísticos. No hay abogados involucrados trabajando con nosotros ni con Guardian Medical, y la documentación comienza el día 1.



Dom: 8am-6pm

#### Visite **M-Sa: 8am-7pm** la clír

# Horarios de fin de semana y tarde

Visite advurgent.com para encontrar la clínica más cercana. Visita sin cita previa o reserva un lugar hoy.

<u>Empezar</u>

# Colorado orgulloso



# \*\*Eco-Explorers with Adams County 4-94



# WHO?

6th-8th graders



# WHEN?

Tuesdays &Thursdays June 4-July 11, 9am-3pm Overnight Program July 16-18



## WHERE?

Drop off and pickup at Riverdale Regional Park 9755 Henderson Rd, Brighton Exploration at various parks around the Front Range



## COST?

\$130. Scholarships available.

\*These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.



In this program, youth will explore parks, open spaces, and trails around the Front Range, such as Barr Lake, Lookout Mountain, & Lair o' the Bear while learning about habitats, insects, fish, water bodies, outdoor ethics, & more. Youth will be guided in the practices of scientific inquiry & nature journaling. The culminating experience of Eco- Explorers is an overnight camping experience at the Colorado State University Mountain Campus near Rustic, CO.

#### **REGISTER BY APRIL 29TH**



https://forms.gle/CAFQLSgLoAZcK3hu7



720-202-2718



(a) lwerner@adocogov.org

COLORADO STATE UNIVERSITY
EXTENSION

# Ecoexploradores

de 4-H del condado de Adams



# ¿QUIÉNES?

Estudiantes de 6º a 8º



# ¿CUÁNDO?

Los martes y jueves, de 9am-3pm Del 4 de junio al 11 de julio Programa nocturno: del 18 al 20 de julio



# ¿DONDE?

Llegada y salida en Riverdale Regional Park 9755 Henderson Rd, Brighton Exploración en varios parques de Front Range.



# ¿CUÁNTO CUESTA?

\$130. Becas disponibles.

# IINVESTIGACIÓN CIENTÍFICA, EXPLORACIÓN DE HÁBITATS Y ELABORACIÓN DE DIARIOS DE LA NATURALEZA!

IEn este programa, los jóvenes explorarán parques, espacios abiertos y senderos alrededor de Front Range, como Barr Lake, Lookout Mountain y Lair o' the Bear, mientras aprenden sobre hábitats, insectos, peces, masas de agua, ética al aire libre y mucho más. Se guiará a los jóvenes en las prácticas de investigación científica y elaboración de diarios de la naturaleza. La experiencia culminante de los ecoexploradores será una noche de campamento en el Campus de Montaña de la Universidad Estatal de Colorado, cerca de Rustic, CO.

#### **INSCRIPCIONES HASTA EL 29 DE ABRIL**



https://forms.gle/CAFQLSgLoAZcK3hu7

\*Estos materiales no estan patrocinados ni respaldados por las escuelas Adams 12 Five Star Schools, el consejo escolar, los superintendientes o esta escuela.



720-202-2718

lwerner@adocogov.org



# FLEX LAB

AT FLEX LAB
STUDENTS IN
GRADES 6TH12TH CAN
RECEIVE AFTERSCHOOL
ACADEMIC
SUPPORT FROM
OUR ADAMS 12
TEACHERS

NO FEE TO ATTEND!

# STUDENTS ARE WELCOME TO ATTEND ANY OF THESE LOCATIONS!

# THORNTON MIDDLE SCHOOL

9451 HOFFMAN WAY THORNTON, CO 80229

TUESDAYS & THURSDAYS 4PM - 6PM

#### NORTHGLENN MIDDLE SCHOOL

1123 MURIEL DR. NORTHGLENN, CO 80233

TUESDAYS & THURSDAYS 4PM - 6PM

# SHADOW RIDGE MIDDLE SCHOOL

12551 HOLLY ST. THORNTON, CO 80241

MONDAYS & WEDNESDAYS 4PM - 6PM

# SILVER HILLS MIDDLE SCHOOL

12400 HURON ST. WESTMINSTER, CO 80234

TUESDAYS & WEDNESDAYS 4:30PM - 6:30PM

### THORNTON HIGH SCHOOL

9351 WASHINGTON ST. THORNTON, CO 80229

MONDAYS, TUESDAYS & THURSDAYS 3:30PM - 5:30PM

ASK YOUR COUNSELOR OR DEAN FOR A REFERRAL. A PERMISSION FORM MUST BE COMPLETED BEFORE YOU CAN ATTEND! BRING YOUR
CHROMEBOOK AND ANY
MATERIALS YOU MAY NEED
FOR YOUR CLASS.
SNACKS AND DRINKS
PROVIDED!

**CONTACT LISLE REED AT** 

**QUESTIONS?** 



# HORIZON HIGH SCHOOL

# Mini Cheer Clinic & Showcase

# Clinic Practice: March 6th & March 7th 4:30 PM - 6:15 PM

- Cost is \$40- Participants will receive a t-shirt & bow.
- Payment Method Cash, Card or Check
  - Ages Kindergarten 8th grade!
- Participants will learn a cheer and a dance then perform them on the showcase date for family and friends.

# Showcase Performance: March 8th 6:00 PM - 7:00 PM

- Location Horizon High School
   Clinic Student Center
   Showcase Gym
  - Sign up by 2/16 for a guaranteed shirt size!
- \$5 entry fee (cash only) on
   Friday, March 8th Gym Doors
   open at 5:45 PM



Follow the QR Code to sign Up

# AFTERSCHOOL SPORTS ENRICHMENT



# i9sports Tennis After School Program

i9 Sports Net Generation program developed by the USTA
Program is an engaging and fun program with a focus on skill
and character development. Our team provides a best-inclass coaching curriculum, communication, and overall
experience. Our mission is to help kids succeed in life through
sports and we hope to partner with you to do just that!





#### **Programming**

We provide high-quality age-appropriate instruction that develops young athletes' skills while teaching the invaluable life skills learned through sports, like teamwork, sportsmanship, determination, and respect.



#### Coaching

Our staff is background-checked and certified to ensure a safe environment and quality instruction. We ensure kids learn, develop new skills, and have a lot of fun in the process.



#### Communication

Our programs are organized with responsive, professional, and experienced staff. We provide proactive communication to ensure parents always know what their child is learning and what to expect.



Where: Shadow Ridge Middle School

When: Wednesdays 4:15pm - 5:30 pm

Dates: April 17th to May 15th

Register: i9sports.com or Scan









These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.

# AFTERSCHOOL SPORTS ENRICHMENT



# i9sports <u>Tennis</u> After School Program

i9 Sports Net Generation program developed by the USTA Program is an engaging and fun program with a focus on skill and character development. Our team provides a best-in-class coaching curriculum, communication, and overall experience. Our mission is to help kids succeed in life through sports and we hope to partner with you to do just that!



#### Programming

We provide high-quality age-appropriate instruction that develops young athletes' skills while teaching the invaluable life skills learned through sports, like teamwork, sportsmanship, determination, and respect.



#### Coaching

Our staff is background-checked and certified to ensure a safe environment and quality instruction. We ensure kids learn, develop new skills, and have a lot of fun in the process.



#### Communication

Our programs are organized with responsive, professional, and experienced staff. We provide proactive communication to ensure parents always know what their child is learning and what to expect.

Grades: 6th - 8th

Where: Shadow Ridge Middle School

When: Wednesdays 4:15pm - 5:30 pm

Dates: April 17th to May 15th

Register: i9sports.com or Scan











These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this



19 SPORTS® IS THE NATION'S LARGEST MULTI-SPORT PROVIDER FOCUSED SOLELY ON HIGH-QUALITY. COMMUNITY-BASED YOUTH SPORTS PROGRAMS. OUR MISSION IS TO HELP KIDS SUCCEED IN LIFE THROUGH SPORTS. WE DON'T JUST HELP KIDS BECOME BETTER ATHLETES. WE HELP THEM BECOME BETTER PEOPLE!

### IT'S THE WAY YOUTH SPORTS SHOULD BE

- (2) AGE-APPROPRIATE INSTRUCTION WITH A FOCUS ON FUN AND HEALTHY COMPETITION.
- SPORTSMANSHIP VALUES LIKE RESPECT AND TEAMWORK ARE TAUGHT AND RECOGNIZED EVERY WEEK!
- ONE DAY PER WEEK PRACTICE IS CONVENIENTLY SCHEDULED BEFORE THE GAME.
- ✓ SATURDAY & SUNDAY LEAGUES!
- (4) ALL SKILL LEVELS WELCOME NO TRYOUTS!
- EVERYONE PLAYS EVERY GAME.
- NO ADDITIONAL FEES AFTER REGISTRATION

Thornton • Brighton **Henderson - Commerce City** 



Soccer **Ages 3-12** 



Flag Football Ages 5-14



Ages 3-7



Baseball **Ages 8-10** 



**Tennis** Ages 7-14



**Basketball** Ages 5-14





**Volleyball** Ages 7-14

## OUTDOOR SEASON

STARTS APRIL 6TH & 7TH

# **INDOOR SEASON**

STARTS APRIL 13TH &14TH

**Register Now at** i9sports.com





I9 SPORTS® ES EL PROVEEDOR MULTIDEPORTIVO MÁS GRANDE DEL PAÍS
CENTRADO ÚNICAMENTE EN PROGRAMAS DEPORTIVOS JUVENILES
COMUNITARIOS DE ALTA CALIDAD. NUESTRA MISIÓN ES AYUDAR A LOS NIÑOS A
TENER ÉXITO EN LA VIDA A TRAVÉS DEL DEPORTE. NO SÓLO AYUDAMOS A LOS
NIÑOS A CONVERTIRSE EN MEJORES ATLETAS. ILES AYUDAMOS A CONVERTIRSE
EN MEJORES PERSONAS!

## IT'S THE WAY YOUTH SPORTS SHOULD BE

- INSTRUCCIÓN APROPIADA PARA LA EDAD CON UN ENFOQUE EN LA DIVERSIÓN Y LA COMPETENCIA SALUDABLE.
- UN DÍA A LA SEMANA: LA PRÁCTICA SE PROGRAMA CONVENIENTEMENTE ANTES DEL PARTIDO.
- (4) LÍGAS DE SÁBADO Y DOMÍNGO!
- TODOS LOS NÍVELES DE HABÍLÍDAD SON BÍENVENÍDOS. INO HAY PRUEBAS!
- TODOS JUEGAN, TODOS LOS PARTIDOS.
- ( SIN CARGOS ADICIONALES DESPUÉS DEL REGISTRO

**Thornton • Brighton • Northglenn Henderson • Commerce City** 















-iag Football 1–ball Ages 5–14 Ages 3–7

「-ball Baseball les 3-7 Ages 8-10 Tennis Ages 7–14 Basketball Ages 5–14 Volleyball Ages 7–14

TEMPORADA AL AIRE
LIBRE
Starts April 6th & 7th

TEMPORADA
INTERIOR
Starts April 13th &14th

Registrate ahora i9sports.com





WEEK 1
ALL-STAR SPORTS

WEEK 2 SUN, SURF & SEA WEEK 3
ADVENTURE AWAITS



OUT OF THIS WORLD

#### Dates:

Week 1: June 10-14th

Week 2: June 17th-21st

Week 3: July 8th-12th

Week 4: July 15th-19th

#### Time:

9am-12pm daily

REGISTER NOW



- Paint Pouring
- Personalized Projects
- Mixed Media
- Problem Solving Games
- Laser cut Projects

**AGES 6-14** 

These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.

5 DAYS.

8 AMAZING PROJECTS. UNLIMITED CREATIVITY.

12716 Lowell Blvd, Broomfield, CO

720.340.3258

planksandpaintco@gmail.com



# YOUTH PROGRAMS

For Beginner To **Intermediate** 

# **SUNDAY** PRACTICE LAGUE

**Beginner Program** 

Levels: 1,2

Grades 4-6



### WHAT YOU LEARN?

- **Passing**
- Setting
- Hitting
- Serving
- Team Work



# YOUTH DEVELOPMENT **LEAGUE**

LEYBAL

VOLLEYBAL ACADEMY

DLLEYBA MADEM

Intermediate Program

Levels: 2,3

Grades 6-8

#### PRIME VOLLEYBALL ACADEMY

9499 Washington Street, Thornton CO

More Information www.primevbayouth.com @primevolleyballacademy 303-834-7346

These materials are neither sponsored nor endorsed by the Adams 12 Five Star Schools, its Board, the Superintendent, or this school.