

Pequea Valley School District

Options for Counseling

Below is a list of several counseling and mental health treatment facilities that may be useful to you and your family. Pequea Valley School District does not explicitly endorse any one agency or program, nor can we guarantee the effectiveness or quality of the options noted below. We have developed this list of possible resources to help provide information that may be beneficial to you. To best utilize the mental healthcare system, you are encouraged to contact your insurance provider to find out which mental health services are recommended and covered by your insurance plan.

Please note: In the event of an emergency you can call Crisis Intervention in Lancaster at (717)-394-2631. Crisis Intervention is strictly for emergency situations only. Another important resource in an emergency situation is the local hospital's emergency room.

PUBLIC AGENCIES

Catholic Charities (717)-299-3659
417 Poplar Street <http://www.hbgdiocese.org>
Lancaster, PA

- ◆ Outpatient therapy/counseling & psychiatric care

CONTACT Helpline

- ◆ 24 hour volunteer helpline for problems causing emotional stress and anxiety (717)-299-4855
- ◆ Accepts toll calls from all Lancaster county numbers

CONTACT Teen Line (717)-394-2000
CONTACT for Kids (717)-291-5858

CONTACT for Deaf-TTY (717)-299-7184

Crisis Intervention (FOR EMERGENCIES ONLY) (717)-394-2631
1120 Frances Avenue
Lancaster, PA

Family Service (717)-397-5241
630 Janet Avenue <http://www.fslancaster.org/>
Lancaster, PA 17601

- ◆ Variety of counseling services, crisis nursery, pregnancy and parenting center, EAP program, seminars on children, adoption programs, abuse intervention program, drug and alcohol counseling

Mental Health America of Lancaster County (717)-397-7461
630 Janet Avenue
Lancaster, PA 17601 <http://www.mhalancaster.org/>
◆ Information regarding education and advocacy, problems with the system,
books, pamphlets, and videos.

YWCA Sexual Assault Prevention & Counseling Center (717)-392-7273
◆ 24 hour hotline <http://www.ywcalancaster.org/>

MENTAL HEALTH: INDIVIDUAL & FAMILY

Coby's Family Services (717)-656-6580
1417 Oregon Road (717)-392-0504
Leola, PA 17540 Toll Free @ (800)-452-6517
<http://www.cobys.net/>

Council of Churches-Encounters (717)-291-2261
◆ Volunteer counselors for stressed parents
<http://www.lccouncilofchurches.org/>

Mary Davis, M.D. (717)-392-7062
Child, Adolescent, and Adult Psychiatry
233 College Avenue, Suite 302
Lancaster, PA

Michael Buonomo, MA (717) 768-4603
5781 Glen Oaks Dr.
Narvon, PA 17555
• Faith based counseling service

Family Resource & Counseling Center, Inc. (717)-442-9577
835 Houston Run Drive, Suite 230
Gap, PA 17527
• Youth, family, marriage, abuse, depression, spiritual, conflict, and financial
counseling
◆ Faith-based counseling services
◆ No insurance reimbursement. Fee is based on a sliding scale.
<http://www.fracc.org>

Life Management (717)-394-6688
1848 Charter Lane (Greenfield Industrial)
Lancaster, PA 17601
◆ Outpatient mental health including family and drug & alcohol counseling
◆ Large Staff (18-20 full and part time counselors)
<http://www.lifemanagement.cc/>

Life Span Psychological Services (717)-464-1464
Lynnette Ruch, Ph.D.
John Laguna, Ph.D. <http://lifespanmentalhealth.com/>
2819-0 Willow Street Pike
Willow Street, PA

Ponessa & Associates (717)-560-7917
448 Murray Hill Circle
Lancaster, PA
◆ Individual and drug & alcohol counseling as well as psychiatric care
<http://www.twponessa.com/>

Philhaven (717)-273-8871
150 E. Main Street <http://www.philhaven.org/>
Leola, PA
◆ Outpatient counseling, psychological testing, therapeutic after school programs, mobile therapy, inpatient day hospitalization, mobile family based teams, etc.

or

Philhaven Day Treatment (717)-569-1166
Greenfield Industrial Center Toll Free @ (800)-932-0359
Lancaster, PA 17601

Providence Behavioral Health (717)-556-0149
219 West Main St. <http://providencebehavioral.com/>
Leola, PA 17540
◆ Individual, child, adolescent, and adult counseling
◆ Marriage & Family counseling
◆ Neuropsychological and psychological testing

Samaritan Center of Lancaster County (717)-560-9969
1801 Oregon Pike <http://www.scclanc.org/>
Lancaster, PA
◆ Family, marriage, and individual counseling
◆ Psychological testing
◆ Child and adolescent psychologists on staff

or

8 Reese Drive (717)-464-3111
Willow Street, PA

M. Dale Sharpsteen, M.Ed. (717)-627-5133
Rothsville Medical Center

1810 Rothsville Road
Lititz, PA 17543

Dr. Robert Tindall
County Line Medical Center
5275 Lincoln Highway
Gap, PA

(717)-442-9077

Philip Taylor, Ph.D.
28 N. Lime Street
Lancaster, PA

(717)-397-2707
Toll Free @ (800)-350-3615
<http://www.philiptaylorphd.com/>

- ◆ Family, marriage, and drug & alcohol counseling
- ◆ Hypnosis, psychotherapy, and cognitive behavioral therapy

DRUG AND ALCOHOL

Al-Anon/Alateen

(717)-393-7767

Alcoholics Anonymous of Lancaster County

(717)-394-3238

Drug & Alcohol Commission

(717)-299-8203

- ◆ Treatment, prevention, and education

Family Service

(717)-397-5241

- ◆ Outpatient counseling and evaluation
<http://www.fslancaster.org/>

H.S.A. Counseling, Inc
Lancaster, PA 17601

(717)-394-5334
<http://www.hsa-pa.com/>

Lancaster Freedom Center

(717)-397-9118
<http://www.lancasterfreedomcenter.com/>

GRIEF AND LOSS

Hospice of Lancaster County
685 Good Drive
P.O. Box 4125
Lancaster, PA 17604-4125

(717)-295-3900
<http://www.hospiceoflancaster.org/>