

HAWLEY SCHOOLS

MARCH 2024 -

ALLERGEN LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DF = DAIRY FREE EF = EGG FREE GF = GLUTEN FREE				1 DF: Sausage Biscuit EF: Sausage Biscuit GF: Sausage, Egg & Cheese Sandwich
4 DF: Chicken Breast Fries EF: Chicken Breast Fries GF: Chicken Breast Potato Smiles	5 DF: Hot Dog Potato Smiles EF: Hot Dog Potato Smiles GF: Hot Dog on GF Bun Potato Smiles	6 DF: Popcorn Chicken Potato Smiles EF: Popcorn Chicken Mashed Potatoes Gravy GF: Chicken Breast Mashed Potatoes GF Gravy	7 DF: Taco in a Bag EF: Taco in a Bag GF: Taco in a Bag	8 DF: Daiya Pizza EF: Bosco Stick GF: Daiya Pizza
11 DF: Hot Dog Baked Beans EF: Hot Dog Baked Beans GF: Hot Dog Baked Beans	12 DF: Burger Fries EF: Burger Fries GF: Burger Fries	13 DF: Ham Sandwich Potato Smiles EF: Chicken Alfredo GF: GF Chicken Alfredo	14 DF: Daiya Pizza EF: Quesadilla GF: Daiya Pizza	15 DF: Daiya Pizza EF: Bosco Stick GF: Daiya Pizza
18 DF: Chicken Nuggets EF: Chicken Nuggets GF: Chicken Breast Strips	19 DF: Tater Tot Hotdish EF: Tater Tot Hotdish GF: Browned Hamburger with Brown Gravy	20 DF: Orange Chicken EF: Chicken Nuggets GF: GF Chicken	21 DF: Chicken Fajita EF: Chicken Fajita GF: Chicken Fajita Salad	22 DF: Daiya Pizza EF: Cheesy French Bread GF: Daiya Pizza
25 DF: Burger EF: Burger GF: Burger on GF Bun	26 DF: Chicken Nuggets EF: Chicken Nuggets GF: GF Chicken Strips	27 DF: Boneless Chicken Wings EF: Boneless Chicken Wings GF: GF Chicken Nuggets	28 EARLY DISMISSAL DF: Daiya Pizza EF: Pizza GF: Daiya Pizza	29 NO SCHOOL

Lettuce is 50% Romaine Blend. Carrots & Broccoli are served daily. Legumes are served on the center table weekly.

Salad Bar is the second option for 4th thru 12th Grades.

DF stands for **Dairy Free**, **EF** stands for **Egg Free**, and **GF** stands for **Gluten Free**.

Milk is: Skim, 1%, & Skim Chocolate. Bread is served with meals that do not have a bun or bread.

The proper condiments are served with the correct food item. Everything may be subject to substitution.