

# PHYSICAL EDUCATION

Head of department: Mrs A Ponton  
Examination board: AQA 7582



*“If you are considering a career in leisure, teaching, **physiotherapy**, sport science, **technology** or nutrition, are genuinely interested in, and passionate about, sport and the current issues surrounding sport and its place in **society**, then Physical Education (PE) may be a subject you want to consider taking at A Level. You’ll develop teamwork and leadership skills during the course which are on all university and employer wish lists.”*



## PROGRAMME OF STUDY

Whilst the course is academic, there is plenty of practical and hands-on opportunities for you to develop your understanding of physiology, skills and leadership that are required in sport. You’ll cover eight key areas including: applied exercise physiology, skill acquisition, opportunities for participation, applied physiology to optimise performance, sports psychology, evaluating contemporary influences and an applied piece of coursework. You will be required to take note of your own ideas and values as well as those of others when engaging in debates about past and current topics. You will need to acquire, develop and analyse skills both in the classroom and on the field of play.

## ASSESSMENT

- Two written exams at the end of your second year.
- One practical assessment in either performance, coaching or officiating during the two year course.
- One written piece of coursework on your chosen sport during your second year.

## FUTURE PLANS

PE combines well with a great variety of other subjects at A Level and can guide students towards a variety of university courses and future careers including; teaching, professional coaching, physiotherapy, sports administration, medicine and sports science.