

AFSA High School Food Service

Recipe Number _____ 1

Recipe: Alfredo Sauce

Servings: 30

Serving Size: 1/3 Cup

Meal Components per serving

Meat/Meat Alternative: _____

Vegetables:

Dark Green: _____

Red/Orange: _____

Starchy: _____

Beans: _____

Other: _____

Whole Grain: _____

Fruit: _____

Parmesan cheese 2 Lbs.

Heavy Cream 2 quarts

Garlic Butter 1/2 Lbs.

Salt & Pepper To Taste

Parsley A Pinch

1 Melt Butter

2 Mix in cream heat to near boiling

3 Mix in cheese



(Make it look like this.)

All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan