AFSA High School Food Service

Recipe Number: 13

Recipe: Chicken Salad Sandwich

Servings: 30

Serving Size: 1 Sandwich

Meal Components per serving			
Meat/Meat Alternative:	3oz Chicken	Vegetables:	
		Dark Green:	1/8 Cup
		Red/Orange:	1/8 Cup
Whole Grain:		Starchy:	
		Beans:	
Fruit:	1/8 Cup	Other:	1/8 Cup

	30 Servings:	1 Serving
Diced Chicken	5 1/2 Lbs.	3 oz.
Bun/Croissant/Bread	30	1 Bun
Green leaf Lettuce	30 leafs	1 leaf
Tomato	3 Tomatoes	1 Slice
Grapes (Chopped)	4 Cups	
Cashews (Chopped)	2 Cups	
Mayo	4 Cups	
Celery (Diced Finely)	2 Cups	
Red Onions (Diced)	2 Cups	

1 Mix Chicken Mayo & Ingredients
2 Place mixture on Bun/Croissant with Lettuce and tomato

(Make it look like this.)

All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan