

AFSA High School Food Service


Recipe Number: 17

Recipe: Enchilada

Servings: 30

Serving Size: 2 Enchiladas

Meal Components per serving	
Meat/Meat Alternative:	<u>4oz Beef/Chicken</u>
Vegetables:	
	Dark Green: <u> </u>
	Red/Orange: <u>1/8 Cup</u>
Whole Grain:	Starchy: <u> </u>
	Beans: <u> </u>
Fruit:	Other: <u> </u>

	30 Servings:	1 Serving:
Ground Beef/ Chicken	7 1/2 Lbs.	4 oz.
Enchilada Sauce	4 Quarts	2 Tbsp.
Cheddar Cheese	3 Lbs.	1/4 Cup
Tortilla	60	2 Tort
Peppers & Onions	1 Lbs.	
<ol style="list-style-type: none"> 1 Brown Beef 2 Mix in peppers & onions 3 Place 2oz of mixture on tortilla with half sauce and cheese 4 Roll and place in pan 5 Add remaining sauce and cheese over top and bake 		
(Make it look like this.)		
		

All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan