

AFSA High School Food Service

Recipe Number: _____ 28

Recipe: Meatloaf

Servings: _____ 30

Serving Size: 1 Slice

Meal Components per serving

Meat/Meat Alternative: 5oz Beef

Vegetables:

Dark Green: _____

Red/Orange: _____

Whole Grain: _____

Starchy: _____

Fruit: _____

Beans: _____

Other: _____

Ground Beef 10 Lbs.
Bread Crumbs 16 oz.
Eggs 8 eggs
Milk 8 Cups
BBQ Sauce 4 Cups
Onion (Chopped) 2 Onions

- 1 Mix Ingredients
- 2 Cook and serve

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan