

AFSA High School Food Service

Recipe Number: _____ 27

Recipe: Meat Sauce

Servings: 30


Serving Size: 1 Cup

Meal Components per serving	
Meat/Meat Alternative: <u>3 oz. Beef</u>	Vegetables:
_____	Dark Green: _____
_____	Red/Orange: <u>1/2 Cup</u>
Whole Grain: _____	Starchy: _____
_____	Beans: _____
Fruit: _____	Other: _____
_____	_____

Ground Beef	5 1/2 Lbs.
Marinara	4 quarts

1 Cook Beef
2 Mix and Heat

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan