


AFSA High School Food Service

Recipe Number: _____ 48

Recipe: Spaghetti

Servings: 30

Serving Size: 1 Cup Noodles
1 Cup Sauce

Meal Components per serving	
Meat/Meat Alternative: <u>3 oz. Beef</u>	Vegetables:
_____	Dark Green: _____
_____	Red/Orange: <u>1/2 Cup</u>
Whole Grain: _____	Starchy: _____
_____	Beans: _____
Fruit: _____	Other: _____
_____	_____
Meat Sauce	8 Quarts
Noodles	4 Lbs. (Uncooked)
<p>1 Heat Sauce</p> <p>2 Cook Noodles</p> <p>3 Place Sauce on Noodles and Serve</p>	
<p>(Make it look like this.)</p> 	

All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan