

# AFSA High School Food Service

Recipe Number: 33

Recipe: Quesadillas

# Servings: 30

Serving Size: 1 Quesadilla

Meal Components per serving		
Meat/Meat Alternative:	<u>3 oz. Beef/ Chicken</u> <u>2 oz. Cheese</u>	Vegetables:
		Dark Green: <u>                    </u>
Whole Grain:	<u>                    </u>	Red/Orange: <u>1/8 Cup</u>
		Starchy: <u>                    </u>
Fruit:	<u>                    </u>	Beans: <u>                    </u>
		Other: <u>1/8 Cup</u>

  

	30 Servings:	1 Serving:
Ground Beef/Diced Chicken	5 1/2 Lbs.	3 oz.
Cheddar Cheese	3 3/4 Lbs.	1/2 Cup
Pico De Gallo	2 Lbs.	
Tortilla 6"	60	2 Tortillas
Butter	1/2 Lbs.	
Chipotle Mayo	2 Cups	

  

- 1 Cook Beef/Chicken
- 2 Mix Cheese and Pico
- 3 Butter Tortillas
- 4 Place chicken, Cheese, and Mayo on tortilla
- 5 Grill and Serve

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan