

AFSA High School Food Service

Recipe Number: 36

Recipe: Sub Sandwich

Servings: 30


Serving Size: 1 Sub

Meal Components per serving		
Meat/Meat Alternative:	<u>3 oz. Turkey/Ham</u> <u>1 oz. Cheese</u>	Vegetables:
		Dark Green: <u>1/8 Cup</u>
		Red/Orange: <u>1/8 Cup</u>
Whole Grain:	<u> </u>	Starchy: <u> </u>
		Beans: <u> </u>
Fruit:	<u> </u>	Other: <u>1/8 Cup</u>

	30 Servings	1 Serving
Turkey/Ham	5 1/2 Lbs.	3 oz.
American Cheese	30 Slices	1 - 1 oz. Slice
Hoagie Bun	30 buns	1 Hoagie Bun
Shredded Lettuce	2 quarts	1/4 Cup
Sliced Tomatoes	3 Tomatoes	1 Slice
Sliced Onions	2 Onions	
Pickles	1 quart	
Jalapenos	1 quart	

1 Place Turkey, Cheese, Lettuce, and Tomato on Bun and serve

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan