

AFSA High School Food Service

Recipe Number: 37

Recipe: Sweet & Sour Chicken

Servings: 30

Serving Size: 4 oz. Scoop

Meal Components per serving

Meat/Meat Alternative: 3oz Chicken

Vegetables:

Dark Green:

Red/Orange:

Whole Grain:

Starchy:

Fruit: 1/8 Cup

Beans:

Other:

Diced Chicken 5 1/2 Lbs.

Sweet & Sour Sauce 4 Cups

Pineapple 4 Cups

1 Cook Chicken

2 Mix in sauce and Pineapple

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan