## AFSA High School Food Service

Recipe N	lumber:	50			
Recipe:	Ramen		# Servings:	30	
				Serving Size: 1 Bowl	
	Meal Components per serving				
	Meat/Meat Alternative: 3 oz.	Pork	Vegetables:		

	30 Servings:	1 Serving:
Pork Roast	5 1/2 Lbs.	3 oz.
Hard Boiled Eggs	15	1/2 Egg
Noodles	4 Lbs	1 Cup
Bambo shoots	2 Lbs.	3-4 Shoots
Green Onions	1 Lbs.	1 Tbsp.
Ramen Soup Base	4 Quarts	1 Cup

1 oz. Egg

- 1 Cook Pork
- 2 Cook Eggs
- 3 Cook Noodles

Whole Grain:

Fruit:

- 4 Bring Soup Base to Boiling
- 5 Combine in bowl and Serve

(Make it look like this.)



Dark Green:

Red/Orange:

Starchy: Beans: Other:

All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan