

AFSA High School Food Service

Recipe Number: _____ 25

Recipe: Meatball Sub

Servings: _____ 30

Serving Size: 1 Sub

Meal Components per serving

Meat/Meat Alternative: 3 oz. Meatballs

1 oz. Cheese

Vegetables:

Dark Green: _____

Red/Orange: 1/8 Cup

Whole Grain: _____

Starchy: _____

Fruit: _____

Beans: _____

Other: _____

	30 Servings:
Meat Balls .5 oz.	180 balls
Marinara Sauce	1 quart
Hoagie Bun	30 buns
Mozzarella Cheese	2 lbs.

1 Servings:
6 Meatballs
1 Hoagie
1 oz. Cheese

- 1 Cook Meatballs add sauce
- 2 Place meatballs on hoagie
- 3 Add cheese and serve

(Make it look like this.)



All recipes are subject to relevant HACCP procedures from the AFSA High School Food Safety Plan