
DOMESTIC VIOLENCE/ABUSE

DUE TO INCREASED SOCIAL AND PHYSICAL DISTANCING AS A RESPONSE TO COVID-19, MANY DOMESTIC VIOLENCE VICTIMS ARE AT GREATER RISK OF ABUSE




ABUSE SURVIVORS MAY EXPERIENCE

- Isolation
- Fewer opportunities for social support
- Fewer public venues and events through which victims may be able to seek help or flee
- Close confinement with an abuser
- Limited access to family members
- Limited food, medical supplies, and access to medical care
- Confiscation of devices-preventing communication with advocates and hotlines
- Escalated physical abuse for which potential survivors may be hesitant--or unable--to seek medical care due to an already overloaded healthcare system

RESOURCES

The National Domestic Violence Hotline



24/7 crisis hotline (1-800-787-3224) with trained advocates and also offers a safety planning guide for victims during COVID-19.

<https://www.thehotline.org/2020/03/13/staying-safe-during-covid-19/>


The National Sexual Assault Hotline



24/7 crisis advocacy at 800.656.HOPE (4673)

Chat at <https://www.rainn.org/>


The Family Sanctuary



Provides strategies for maintaining the safety of children, safety within confined households, compiling important documents and an emergency bag, creating social support, and planning with food and medicine.

<https://sanctuaryforfamilies.org/safety-planning-covid19/>


DomesticShelters.org



Maintains a pretty robust list of online support groups to help as many in-person domestic violence support groups are being cancelled.

<https://www.domesticshelters.org/resources/online-forums-and-chats>

Hot Peach Pages



Lists a directory of every country's domestic violence program in 110 languages. Many of these programs are still providing essential services to providers during the pandemic.

<https://www.hotpeachpages.net/a/countries.html>
