




# MARCH BREAKFAST MENU



## SURF'S UP

WITH SCHOOL BREAKFAST

### NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8

Mini Pancake Bites & Syrup Pear Cup	Breakfast Calzone Whole Apple	Chocolate Muffin Peach Cup	Saint Paul Sunrise Croissant Banana	Mini Cinnamon Rolls Apple Slices
<b>11</b> Chicken Waffle Sandwich Mixed Fruit Cup	<b>12</b> Egg & Cheese Breakfast Burrito Apple	<b>13</b> Apple Cinnamon Muffin Peach Cup	<b>14</b> Saint Paul Sunrise Sandwich Banana	<b>15</b> Belgian Maple Waffle Chocolate Spread Apple Slices
<b>18</b> Mini Pancake Bites & Syrup Pear Cup	<b>19</b> Breakfast Calzone Whole Apple	<b>20</b> Chocolate Muffin Peach Cup	<b>21</b> Saint Paul Sunrise Croissant Banana	<b>22</b> Mini Cinnamon Rolls Apple Slices
<b>25</b> Chicken Waffle Sandwich Mixed Fruit Cup	<b>26</b> Egg & Cheese Breakfast Burrito Apple	<b>27</b> Apple Cinnamon Muffin Peach Cup	<b>28</b> Saint Paul Sunrise Sandwich Banana	<b>29</b> NO SCHOOL TODAY! 

## DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Rice Bowl
- Juice
- Milk

For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).

Menu subject to change.

This institution is an equal opportunity provider.

## LUNCH MENU

<p><b>March 4</b> Crispy OR Spicy Chicken Sandwich OR Veggie Burger Potato Wedges</p> <hr/> <p>Popcorn Shrimp and Corn Muffin OR Grilled Cheese Potato Wedges Galaxy Sauce</p>	<p><b>5</b> Mongolian Beef OR Tofu Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>BBQ Beef Rib Sandwich OR Grilled Cheese Potato Wedges</p>	<p><b>6</b> Seasoned Beef Nachos Refried Beans Cheese Sauce Tortilla Chips</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p><b>7 MN THURSDAY!</b> Turkey Burger Potato Wedges</p> <hr/> <p>Fish &amp; Chips Battered Fish Filet Pretzel Stick OR Grilled Cheese Waffle Fries Corn</p>	<p><b>8</b> Italian Dunker Marinara Sauce Mixed Vegetables</p> <hr/> <p>Shredded Seasoned Beef Burrito Bowl Cilantro Rice Cheese Sauce Roasted Corn Tortilla Chips</p>
<p><b>11</b> Pasta &amp; Meat OR Marinara Sauce Green Beans Garlic Toast</p> <hr/> <p>Chicken Sliders OR Grilled Cheese Potato Wedges</p>	<p><b>12</b> Teriyaki Chicken OR Tofu Jasmine Rice Broccoli Potstickers</p> <hr/> <p>Pulled Turkey Sandwich OR Veggie Burger Potato Wedges</p>	<p><b>13 TACO DAY</b> Seasoned Beef Refried Beans Shredded Cheese Tortilla Shells</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p><b>14</b> Beef OR Lentil Sambusas Yellow Rice Mixed Vegetables Basbaas Sauce</p> <hr/> <p>Chicken Tinga Tacos Refried Beans Tortilla Shells Corn Relish</p>	<p><b>15</b> Cheese OR Turkey Sausage Pizza Make Your Own Caesar Salad</p> <hr/> <p>Shredded Beef Loaded Waffle Fries Cheese Sauce Pretzel Stick</p>
<p><b>18</b> Glazed Chicken Bites with Garlic Toast OR Grilled Cheese Potato Wedges</p> <hr/> <p>Chicken Alfredo Penne Pasta Green Beans Garlic Toast</p>	<p><b>19</b> Beef OR Tofu Bulgogi Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>Buffalo Chicken OR Plant Based Tenders Sandwich Potato Wedges</p>	<p><b>20</b> Oven Fried Chicken Original OR Nashville and Corn Muffin OR Grilled Cheese Mashed Potatoes</p> <hr/> <p>Como Street Chicken OR Falafel on a Pita Tzatziki Sauce Potato Wedges</p>	<p><b>21</b> Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p> <hr/> <p>Southern Chicken OR Plant Based Tender Bowl Mashed Potatoes &amp; Gravy Corn Muffin</p>	<p><b>22</b> Italian Dunker Marinara Sauce Mixed Vegetables</p> <hr/> <p>Crispy OR Spicy Chicken OR Plant Based Tender Sandwich Potato Wedges Galaxy Sauce</p>
<p><b>25</b> Chicken Parmesan with Pasta and Marinara Sauce Garlic Toast</p> <hr/> <p>Chicken Sliders OR Grilled Cheese Potato Wedges</p>	<p><b>26</b> Orange Chicken OR Tofu Jasmine Rice Vegetable Egg Roll Broccoli</p> <hr/> <p>Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce</p>	<p><b>27</b> Pancakes Chicken Sausages Hash Browns</p> <hr/> <p>Chicken Fingers OR Plant Based Tenders Mac &amp; Cheese Corn Muffin Coleslaw Galaxy Sauce</p>	<p><b>28</b> Beef Nachos Cheese Sauce Refried Beans Tortilla Chips</p> <hr/> <p>Turkey Kielbasa OR Plant Based Tenders on a Bun Potato Wedges</p>	<p><b>29</b></p> <p>NO SCHOOL TODAY!</p> 