

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Friday 1 - ServingDate: 03/01/2024																				
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024																				
Breakfast Turkey Ham - TR1398 (1 slice)	98	30.02	1.25	0.50	0.00	15.01	130.08	0.00	0.00	0.00	(M)	3.50	0.18	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	98	70.00	1.50	0.00	0.00	0.00	100.00	14.00	1.00	3.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)	
Scrambled Eggs - TR1073 (1/4 c.)	98	70.56	4.03	1.51	0.00	211.68	91.74	1.01	0.00	0.00	(M)	6.05	0.73	20.16	302.39	0.00	(M)	(M)	(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Hashbrown Rounds - TR1785 (2 ea.)	100	94.49	2.63	0.00	0.00	0.00	199.47	15.75	2.10	0.00	0.00	2.10	0.19	0.00	0.00	0.00	0.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Friday 1 - ServingDate: 03/01/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024	
Breakfast Turkey Ham - TR1398 (1 slice)	0.00
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	(M)
Scrambled Eggs - TR1073 (1/4 c.)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Hashbrown Rounds - TR1785 (2 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024																			
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	100	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/05/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	100	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Wednesday 2 - ServingDate: 03/06/2024																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
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Item Name (Serving Size)	Ash (g)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/05/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Wednesday 2 - ServingDate: 03/06/2024	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch PRE-K Wednesday 2 - ServingDate: 03/06/2024																			
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	100	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/07/2024																			
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/19/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

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Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Wednesday 2 - ServingDate: 03/06/2024	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/07/2024	
Baja Fish Sticks - TR1889 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/19/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/19/2024																			
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	100	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Wednesday 4 - ServingDate: 03/20/2024																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	100	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/21/2024																			
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Tuesday 2 - ServingDate: 03/19/2024	
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Wednesday 4 - ServingDate: 03/20/2024	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/21/2024	
Baja Fish Sticks - TR1889 (4 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/21/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Carrot Coins - TR1086 (1/2 c.)	100	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch PRE-K Friday 2 - ServingDate: 03/22/2024																				
Cheeseburger - TR1897 (1 ea.)	98	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Thursday 2 - ServingDate: 03/21/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Friday 2 - ServingDate: 03/22/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Monday 1 - ServingDate: 03/25/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Rotini & Meat Sauce - TR1938 (3/4 c.)	98	254.03	12.90	5.00	0.81	43.55	500.80	19.35	1.61	6.45	1.61	14.52	2.42	46.77	0.00	0.00	0.00	1053.31	0.00	
Steamed Broccoli - TR1112 (1/2 c.)	100	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Pineapple Tidbits - TR1502 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	15.60	0.00	13.52	(M)	0.00	0.37	0.00	0.00	15.60	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
2023 FALL Lunch PRE-K Tuesday 1 - ServingDate: 03/26/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Crispy Beef Tacos - TR1950 (2 ea.)	98	343.68	20.22	7.08	0.00	60.65	788.43	24.26	2.02	2.02	0.00	18.20	2.18	303.24	0.00	0.00	2.43	238.49	0.00	
Seasoned Pinto Beans - TR1232 (1/2 c.)	100	108.80	0.00	0.00	0.00	0.00	179.20	19.72	7.76	0.48	0.00(M)	6.24	1.67	51.20	240.00	2.88	0.00(M)	0.00(M)	0.00(M)	
Salsa Cup - TR1072 (1 ea.)	100	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Fiesta Salad - TR1101 (1/2 c.)	100	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Monday 1 - ServingDate: 03/25/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Rotini & Meat Sauce - TR1938 (3/4 c.)	0.00
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Pineapple Tidbits - TR1502 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Tuesday 1 - ServingDate: 03/26/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1950 (2 ea.)	0.00
Seasoned Pinto Beans - TR1232 (1/2 c.)	0.00(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Wednesday 1 - ServingDate: 03/27/2024																				
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.87	0.00	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)	
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	100	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch PRE-K Thursday 1 - ServingDate: 03/28/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)	
Stuffed Crust Pizza - TR1837 (1 slice)	98	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00	
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)	
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	100	70.00	0.00	0.00	0.00	0.00	5.00	19.00	1.00	15.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Wednesday 1 - ServingDate: 03/27/2024	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 1 - ServingDate: 03/28/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Fruit Cup Pears ZeeZee 72/4.5oz - TR1760 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Report Selections

Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All