

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Friday - archived on Feb 26 2024 11:52AM - ServingDate: 03/01/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Cinnamon Roll - TR1791 (1 ea.)	5	260.07	12.00	5.00	0.00	0.00	300.08	36.01	3.00	10.00	(M)	6.00	1.44	20.01	100.03	0.00	0.00	(M)	0.00	
Chocolate Glazed Donut - TR1045 (1 ea.)	5	305.95	16.50	7.20	0.00	0.00	302.99	35.39	2.80	12.19	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Chocolate Donut with Sprinkles - TR1046 (1 ea.)	5	310.49	16.66	7.35	0.00	0.00	303.00	36.17	2.80	12.91	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut - TR1044 (1 ea.)	5	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	5	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	3	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	0.00	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	3	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

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2023 FALL Breakfast HS STAR Friday - archived on Feb 26 2024 11:52AM - ServingDate: 03/01/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Cinnamon Roll - TR1791 (1 ea.)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	(M)
Chocolate Donut with Sprinkles - TR1046 (1 ea.)	(M)
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Friday - archived on Feb 26 2024 11:52AM - ServingDate: 03/01/2024																				
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	1	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	1	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	

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Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30

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2023 FALL Breakfast HS STAR Friday - archived on Feb 26 2024 11:52AM - ServingDate: 03/01/2024																				
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	2	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

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Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

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2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024																			
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	3	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024																				
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Croissant - TR1953 (1 ea.)	10	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/04/2024	
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Croissant - TR1953 (1 ea.)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Generated on: 2/27/2024 11:10:52 AM by Kevin White

Site: TOMBALL STAR ACADEMY

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024																				
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	10	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024																				
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/05/2024	
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024																				
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	14	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	1	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	1	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Apple Juice - TR1036 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Apple Juice - TR1036 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024																				
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	10	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/06/2024	
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024																				
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	4	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	10	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024	
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024																				
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
Whole Grain Biscuit - TR1006 (1 ea.)	10	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/07/2024	
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	10	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	14	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024																				
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	1	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	1	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Apple Juice - TR1036 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024																				
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	10	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/20/2024	
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024																				
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	4	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	10	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024	
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024																				
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024																				
Dutch Waffle! - TR1442 (1 ea.)	25	302.50	13.00	3.00	0.00	20.00	350.00	43.50	3.00	12.50	(M)	4.00	1.80	40.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/21/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024	
Dutch Waffle! - TR1442 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024																				
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	3	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	3	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	1	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	1	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024																				
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	2	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Friday - ServingDate: 03/22/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024																				
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	3	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Croissant - TR1953 (1 ea.)	10	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Monday - ServingDate: 03/25/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Croissant - TR1953 (1 ea.)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024																				
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea.)	10	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024																			
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Tuesday - ServingDate: 03/26/2024	
Orange Juice - TR1038 (1/2 c.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024																				
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	14	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	1	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	1	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024	
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024																				
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Apple Juice - TR1036 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	10	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Wednesday - ServingDate: 03/27/2024	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	1	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	5	270.00	11.00	3.00	0.00	0.00	230.00	41.00	2.00	21.00	(M)	4.00	0.72	60.00	0.00	0.00	(M)	(M)	(M)	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	4	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	4	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	4	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	2	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Powdered Mini Donuts - TR1018 (1 pkg.)	(M)
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024																				
Strawberry PB&J Sandwich - TR1532 (1 ea.)	1	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	10	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	35	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024	
Strawberry PB&J Sandwich - TR1532 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024																				
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: High School
 Menu Line: STAR Academy Line
 Serving Group: 9-12
 Nutrients Option: All

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast HS STAR Thursday - ServingDate: 03/28/2024	
Syrup Dip Cup - TR1058 (1 ea.)	(M)