

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Friday - ServingDate: 03/01/2024																				
Steak Fingers - TR1081 (5 ea.)	20	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	20	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	10	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	6	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	7	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	7	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Whole Grain Roll - TR1005 (1 ea.)	70	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)	
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Generated on: 2/27/2024 11:11:24 AM by Kevin White

Site: TOMBALL STAR ACADEMY

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 03/01/2024	
Steak Fingers - TR1081 (5 ea.)	(M)
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Friday - ServingDate: 03/01/2024																				
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)	
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00	
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00	
2023 FALL Lunch HS STAR Monday - ServingDate: 03/04/2024																				
Meatballs - TR1262 (2 1/2 oz.)	15	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Hamburger - TR1899 (1 ea.)	15	357.00	17.60	6.40	0.00	63.00	511.00	29.00	2.00	4.00	4.00(M)	20.60	2.60	125.00	0.00	0.00	0.00(M)	0.00(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	12	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	1	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	15	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	
Alfredo Sauce - TR1261 (1 #16 scoop)	25	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	25	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	

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Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 03/01/2024	
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2023 FALL Lunch HS STAR Monday - ServingDate: 03/04/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Hamburger - TR1899 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)

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Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 03/04/2024																				
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	50	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)	
Crinkle Cut Fries - TR1527 (3 oz.)	65	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	15	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	10	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	10	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	

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Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 03/04/2024	
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

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Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024																			
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024																				
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/06/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/05/2024	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/06/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/06/2024																				
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/07/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/06/2024	
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/07/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/07/2024																				
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/19/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/07/2024	
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/19/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/19/2024																				
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44(M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/19/2024	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/20/2024																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/20/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea.)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/20/2024																			
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/21/2024																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/20/2024	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/21/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicous - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/21/2024																				
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Friday - ServingDate: 03/22/2024																				
Steak Fingers - TR1081 (5 ea.)	20	403.62	25.23	6.31	0.00	44.15	416.24	23.96	5.04	1.26	(M)	20.18	3.41	50.45	0.00	0.00	(M)	(M)	(M)	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Mega Mini Bites - TR1462 (10 ea.)	20	261.99	12.09	2.52	0.00	55.42	493.75	14.11	2.02	1.01	(M)	23.18	1.45	0.00	0.00	0.00	(M)	(M)	0.00	
Chicken Tenders, Whole Muscle - TR1103 (3 ea.)	10	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	6	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	7	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	7	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/21/2024	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2023 FALL Lunch HS STAR Friday - ServingDate: 03/22/2024	
Steak Fingers - TR1081 (5 ea.)	(M)
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea.)	(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 03/22/2024																			
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	70	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Golden Corn - TR1095 (1/2 c.)	50	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Mashed Potatoes - TR1083 (1/2 c.)	80	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	50	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Pudding - TR1090 (1/2 c.)	50	3.75	0.10	0.10	0.00	0.00	5.00	0.67	0.07	0.47	(M)	0.03	0.01	0.00	0.00	0.00	(M)	(M)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	35	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	50	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	10	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	5	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024																			
Meatballs - TR1262 (2 1/2 oz.)	15	152.00	11.00	4.00	0.70	48.00	302.00	2.00	1.00	1.00	(M)	12.00	1.00	28.00	1.00	0.00	(M)	(M)	(M)
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	20	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Friday - ServingDate: 03/22/2024	
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Pudding - TR1090 (1/2 c.)	0.00(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024	
Meatballs - TR1262 (2 1/2 oz.)	(M)
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Hamburger - TR1899 (1 ea.)	15	357.00	17.60	6.40	0.00	63.00	511.00	29.00	2.00	4.00	4.00(M)	20.60	2.60	125.00	0.00	0.00	0.00(M)	0.00(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	12	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Premium Lunch Quick Kit - TR1660 (1 kit)	1	480.00	11.50	3.50	0.00	20.00	545.00	75.00	3.00	33.00	4.00(M)	17.00	1.80	360.00	90.00	42.00	0.10(M)	269.31(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Turkey Fajita - TR1820 (1/2 c.)	15	85.54	1.07	0.54	0.00	37.42	352.84	1.07	0.00	0.00	0.00	17.11	0.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	25	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00	
Marinara Sauce - TR1124 (1/2 c.)	25	86.67	3.37	0.48	0.00	0.00	134.81	14.44	1.93	9.63	(M)	1.93	1.04	19.26	481.48	5.78	(M)	(M)	(M)	
Garlic Toast - TR1004 (1 ea.)	50	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)	
Rotini Pasta - TR1129 (1 c.)	50	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	65	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Seasoned Green Beans - TR1085 (1/2 c.)	15	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)	
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Hamburger - TR1899 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Lunch Quick Kit - TR1660 (1 kit)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Turkey Fajita - TR1820 (1/2 c.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	(M)
Garlic Toast - TR1004 (1 ea.)	(M)
Rotini Pasta - TR1129 (1 c.)	0.53(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024																				
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	10	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Shredded Parmesan - TR1132 (1 tbsp.)	10	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/26/2024																				
Beef Chili - TR1808 (1 #8 scoop)	40	141.20	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	5	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Chicken Fajita - TR1122 (3 1/2 oz.)	10	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	3	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	10	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	2	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Crispy Beef Tacos - TR1949 (2 ea.)	20	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00	
Nachos - TR1277 (20 ea.)	20	302.39	12.96	3.24	0.00	0.00	162.00	41.04	4.32	0.00	(M)	4.32	0.78	43.20	0.00	0.00	(M)	(M)	(M)	
Seasoned Rice - TR1833 (1 c.)	10	196.88	1.74	0.00	0.00	0.00	569.81	40.53	2.32	0.00	0.00(M)	4.63	0.83	3.41	0.00	0.00	0.00(M)	0.00(M)	113.44 (M)	
Premium Frito Chips - TR1856 (2 oz.)	20	320.00	20.00	3.00	0.00	0.00	339.99	32.00	2.00	0.00	0.00	4.00	0.00	40.00	(M)	(M)	0.00	60.00	(M)	
Charro Beans - TR1094 (1/2 c.)	35	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Monday - ServingDate: 03/25/2024	
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/26/2024	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Nachos - TR1277 (20 ea.)	(M)
Seasoned Rice - TR1833 (1 c.)	0.11(M)
Premium Frito Chips - TR1856 (2 oz.)	(M)
Charro Beans - TR1094 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/26/2024																				
Roasted Corn & Peppers - TR1615 (1/2 c.)	35	100.00	3.00	0.50	0.00	0.00	125.00	17.00	3.00	8.00	0.00	3.00	0.50	0.00	0.00	6.00	0.00	1900.21	0.00	
Salsa Cup - TR1072 (1 ea.)	50	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	35	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese Sauce - TR1624 (2 fl. oz.)	60	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00	
Fiesta Salad - TR1101 (1/2 c.)	25	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)	
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	10	35.00	2.25	1.25	0.00	7.50	235.00	1.00	0.00	0.50	(M)	3.50	0.00	100.00	150.00	0.00	(M)	(M)	(M)	
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/27/2024																				
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
MEAT LOVERS PIZZA - TR1383 (1 slice)	5	460.00	19.00	8.00	0.00	30.00	720.00	46.00	4.00	8.00	(M)	25.00	2.70	450.00	750.00	6.00	(M)	(M)	0.00	
Tuscan Style Cheese Pizza - TR1152 (1 slice)	5	406.36	16.07	7.56	0.00	28.35	472.51	44.42	2.83	7.56	(M)	23.63	1.70	425.26	708.77	5.67	(M)	(M)	(M)	
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	5	444.83	18.78	8.90	0.00	34.60	642.54	46.46	3.95	7.91	(M)	24.71	2.67	395.41	494.26	5.93	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
Copy of 2023 FALL Lunch HS STAR Tuesday - ServingDate: 03/26/2024	
Roasted Corn & Peppers - TR1615 (1/2 c.)	0.00
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Soft Taco Shred American Cheese - TR1258 (1/8 c.)	(M)
Sour Cream - TR1098 (1 pkg.)	(M)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/27/2024	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
MEAT LOVERS PIZZA - TR1383 (1 slice)	0.00
Tuscan Style Cheese Pizza - TR1152 (1 slice)	(M)
Tuscan Style Pepperoni Pizza - TR1153 (1 slice)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/27/2024																				
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	252.00	7.35	0.53	0.00	36.75	577.49	32.55	2.10	3.15	1.05	17.85	3.15	36.75	0.00	0.00	0.00	(M)	0.00	
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	10	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00	
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	20	260.00	7.00	2.00	0.00	140.00	960.00	20.00	0.00	18.00	(M)	30.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)	
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	25	380.00	8.00	2.00	0.00	90.00	760.00	50.00	4.00	26.00	(M)	28.00	2.88	0.00	0.00	0.00	(M)	(M)	(M)	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Chow Mein Noodles - TR1936 (1 c.)	70	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00	
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Steamed Broccoli - TR1112 (1/2 c.)	50	36.26	1.12	0.24	0.00	0.00	156.75	5.07	2.85	1.40	0.00(M)	2.95	0.56	31.06	965.72	38.20	0.00(M)	0.00(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	40	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Sweet & Sour Sauce - TR1114 (2 ea.)	50	30.00	0.00	0.00	0.00	0.00	140.00	8.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024																				
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	15	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Wednesday - ServingDate: 03/27/2024	
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Teriyaki Chicken (PremiumPlus) - TR1407 (5 5/8 oz.)	(M)
Tangerine Chicken (Premium Plus) - TR1411 (7 7/8 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Sweet & Sour Sauce - TR1114 (2 ea.)	(M)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024																				
Cheeseburger - TR1897 (1 ea.)	15	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	4	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)	
Crispy Chicken Sandwich - TR1658 (1 ea.)	20	370.00	10.00	1.50	0.00	50.00	870.00	46.00	4.00	5.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
Chili Cheese Fries - TR1922 (1 ea.)	35	509.16	26.98	10.61	0.70	69.00	1178.67	29.91	4.42	3.00	0.00(M)	22.42	3.43	271.22	1313.00	10.00	0.00	227.20	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Garlic Breadstick - TR1622 (1 ea.)	35	170.00	6.00	1.00	0.00	0.00	170.00	25.00	2.00	2.00	1.00	2.00	1.40	10.00	0.00	0.00	0.10	170.14	0.00	
Baked Beans - TR1186 (1/2 c.)	25	153.07	0.52	0.00	0.00	0.00	415.73	33.12	6.24	14.29	1.71(M)	5.20	1.87	41.60	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Sidewinder Fries - TR1939 (3 oz.)	50	136.49	5.31	0.76	0.00	0.00	394.31	21.23	1.52	0.00	0.00	1.52	0.46	15.17	0.00	0.00	0.00	242.35	0.00	
Mixed Vegetables - TR1150 (1/2 c.)	15	89.84	1.14	0.24	0.00	0.00	262.79	16.01	4.00	5.34	0.00(M)	4.00	0.96	26.68	1008.74	6.40	0.00(M)	0.00(M)	0.00(M)	
Marinara Dip Cup - TR1172 (1 ea.)	5	40.00	1.00	0.00	0.00	0.00	230.00	7.00	1.00	4.00	(M)	1.00	0.72	20.00	300.00	6.00	(M)	(M)	(M)	
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	35	80.00	0.00	0.00	0.00	0.00	10.00	19.00	0.00	18.00	0.00	0.00	0.00	0.00	0.00	18.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	10	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Crispy Chicken Sandwich - TR1658 (1 ea.)	0.00
Chili Cheese Fries - TR1922 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
Baked Beans - TR1186 (1/2 c.)	0.00(M)
Sidewinder Fries - TR1939 (3 oz.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Strawberry Fruit Gel Dessert - TR1866 (1 c.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024																			
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: STAR Academy Line
 Serving Group: 9-12
 Nutrients Option: All

Menu Calendar Nutrient Analysis Report - March, 2024

Site: TOMBALL STAR ACADEMY
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch HS STAR Thursday - ServingDate: 03/28/2024	
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)