

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 03/01/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Blueberry Muffin - TR1782 (1 ea.)	1	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	1	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	3	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/01/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Cinnamon Minis - TR1876 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/01/2024																			
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Monday - ServingDate: 03/04/2024																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/01/2024	
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Monday - ServingDate: 03/04/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2023 FALL Breakfast Intermed Monday - ServingDate: 03/04/2024																				
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 03/04/2024	
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

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2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024																				
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Croissant - TR1953 (1 ea.)	25	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024	
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Croissant - TR1953 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024																				
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/06/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - ServingDate: 03/05/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/06/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/06/2024																				
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/06/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024																				
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024	
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)

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Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024																				
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	0.00	116.09	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	0.00	130.00	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/07/2024	
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024																				
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024																				
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024	
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024																				
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024																				
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/21/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/20/2024	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/21/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/21/2024																				
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
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Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/21/2024	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024																				
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Blueberry Muffin - TR1782 (1 ea.)	1	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	1	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	3	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	5	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	5	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	5	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	5	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt Meal Kit - TR1934 (1 ea.)	5	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024																				
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Monday - ServingDate: 03/25/2024																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	15	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Friday - ServingDate: 03/22/2024	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Monday - ServingDate: 03/25/2024	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Monday - ServingDate: 03/25/2024																				
Granny Smith Apple - TR1054 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024																				
Whole Grain Biscuit - TR1006 (1 ea.)	25	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Monday - ServingDate: 03/25/2024	
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024																				
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	25	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	5	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/27/2024																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	15	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	8	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	8	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	8	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	10	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	10	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	10	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/27/2024	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/27/2024																				
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/28/2024																				
Breakfast Chicken Patty - TR1449 (1 ea)	25	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	3	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Blueberry Muffin - TR1782 (1 ea.)	2	280.00	8.00	1.00	0.00	30.00	160.00	48.00	2.00	24.00	23.00	5.00	1.40	9.00	57.00	1.10	0.00	0.00	0.00	
Cherry Muffin - TR1776 (1 ea.)	2	230.00	7.00	1.00	0.00	20.00	240.00	39.00	2.00	15.00	8.00	4.00	1.80	20.00	0.00	0.00	0.00	116.09	0.00	
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	2	310.00	9.00	2.00	0.00	40.00	170.00	52.00	2.00	26.00	26.00	6.00	1.20	5.00	55.00	0.80	0.00	130.00	0.00	
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	8	370.00	5.00	2.00	0.00	0.00	380.00	75.00	6.00	31.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	8	360.00	6.00	2.00	0.00	0.00	390.00	76.00	6.00	33.00	(M)	5.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Wednesday - ServingDate: 03/27/2024	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/28/2024	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Blueberry Muffin - TR1782 (1 ea.)	0.00
Cherry Muffin - TR1776 (1 ea.)	0.00
Chocolate Chip Breakfast Muffin - TR1768 (1 ea.)	0.00
Whole Grain Cinnamon Poptarts - TR1027 (1 pkg.)	(M)
Whole Grain Fudge Poptarts - TR1028 (1 pkg.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/28/2024																				
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	8	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)	
Apple Strudel - TR1874 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	1	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	25	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	20	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	20	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

Legend
(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Breakfast Intermed Thursday - ServingDate: 03/28/2024	
Whole Grain Strawberry Poptarts - TR1029 (1 pkg.)	(M)
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL
Date: 03/01/2024 - 03/31/2024

Report Selections

Meal Type: Breakfast
Site Group: Intermediate
Menu Line: Main Line
Serving Group: K-8
Nutrients Option: All