

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/01/2024</b>																			
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	10	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	10	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/01/2024</b>	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/01/2024</b>																				
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/04/2024</b>																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	30	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	30	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/01/2024</b>	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/04/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Breakfast k-4 Tuesday - ServingDate: 03/05/2024</b>																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Croissant - TR1953 (1 ea.)	50	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	50	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	11	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Wedges - TR1057 (1 ea.)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Tuesday - ServingDate: 03/05/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Croissant - TR1953 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

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<b>2023 FALL Breakfast k-4 Tuesday - ServingDate: 03/05/2024</b>																				
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/06/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	30	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Tuesday - ServingDate: 03/05/2024</b>	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/06/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/06/2024</b>																				
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/07/2024</b>																				
Breakfast Chicken Patty - TR1449 (1 ea)	35	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	35	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	60	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/06/2024</b>	
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/07/2024</b>	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/07/2024</b>																				
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	15	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024</b>																				
Whole Grain Biscuit - TR1006 (1 ea.)	50	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea.)	50	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	11	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/07/2024</b>	
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024</b>	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024</b>																				
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/20/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	30	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/19/2024</b>	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/20/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Banana - TR1056 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/20/2024</b>																			
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/21/2024</b>																			
Breakfast Chicken Patty - TR1449 (1 ea)	35	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cherry Strudel - TR1875 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Emoji Waffle - TR1887 (1 ea.)	35	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/20/2024</b>	
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/21/2024</b>	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00



# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/21/2024</b>																				
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	60	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	15	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/22/2024</b>																				
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	45.00	2.00	12.00	(M)	3.00	16.20	150.00	1500.00	12.00	(M)	(M)	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	10	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/21/2024</b>	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/22/2024</b>	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/22/2024</b>																				
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Cinnamon Minis - TR1876 (1 ea.)	5	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt Meal Kit - TR1934 (1 ea.)	10	330.00	3.70	0.50	0.00	5.00	230.00	72.00	5.00	47.00	17.00 (M)	7.00	2.52	370.00	750.00	1.20	0.00(M)	0.00(M)	0.00(M)	
Red Delicious Apple - TR1055 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/25/2024</b>																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	30	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Friday - ServingDate: 03/22/2024</b>	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt Meal Kit - TR1934 (1 ea.)	0.00(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/25/2024</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/25/2024</b>																				
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	30	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024</b>																				
Whole Grain Biscuit - TR1006 (1 ea.)	50	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	5	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	5	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Monday - ServingDate: 03/25/2024</b>	
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024</b>	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024</b>																				
Lucky Charms - TR1430 (1 bowl)	5	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
TURKEY Sausage Patty - TR1283 (1 ea)	50	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	11	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Apple Juice - TR1036 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	30	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/27/2024</b>																				
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

## Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Tuesday - archived on Feb 12 2024 12:49PM - ServingDate: 03/26/2024</b>	
Lucky Charms - TR1430 (1 bowl)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
TURKEY Sausage Patty - TR1283 (1 ea)	(M)
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/27/2024</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00



# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/27/2024</b>																				
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	30	240.00	13.00	4.50	0.00	40.00	549.99	20.00	2.00	4.00	3.00	11.00	0.90	10.00	0.00	0.00	0.10	79.90	0.00	
Confetti Mini Pancakes - TR1617 (1 pkg.)	5	220.00	7.00	1.00	1.00	0.00	300.00	36.00	4.00	11.00	11.00	4.00	3.60	60.00	1000.00	0.00	0.00	140.06	0.00	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)	
Pancake Mini Puffs ! - TR1914 (1 pkg.)	10	250.00	12.00	1.00	0.00	40.00	290.00	37.00	2.00	13.00	11.00	4.00	1.00	36.00	0.00	0.00	0.00	140.06	0.00	
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/28/2024</b>																				
Breakfast Chicken Patty - TR1449 (1 ea)	35	96.00	4.00	1.00	0.00	17.00	207.00	7.00	1.00	0.00	(M)	8.00	1.00	11.00	43.00	47.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Wednesday - ServingDate: 03/27/2024</b>	
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Kolache (Beef Sausage & Cheese) - TR1888 (1 ea.)	0.00
Confetti Mini Pancakes - TR1617 (1 pkg.)	0.00
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Pancake Mini Puffs ! - TR1914 (1 pkg.)	0.00
Banana - TR1056 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/28/2024</b>	
Breakfast Chicken Patty - TR1449 (1 ea)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/28/2024</b>																				
Cinnamon Toast Crunch - TR1428 (1 c.)	10	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Honey Nut Cheerios - TR1431 (1 bowl)	10	210.00	3.00	0.50	0.00	0.00	620.00	45.00	4.00	19.00	(M)	5.00	9.00	200.00	1000.00	12.00	(M)	(M)	0.00	
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cherry Strudel - TR1875 (1 ea.)	5	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Emoji Waffle - TR1887 (1 ea.)	35	90.32	3.01	0.75	0.00	2.51	105.38	15.05	1.00	2.51	2.51	2.01	1.81	130.47	501.80	0.00	0.00	50.23	0.00	
Cinnamon Mini Waffle - TR1616 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	260.00	35.00	4.00	11.00	10.00	4.00	3.60	260.00	1000.00	0.00	0.00	149.93	0.00	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	15	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Apple Juice - TR1036 (1/2 c.)	60	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	50	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Jelly Assorted Flavors - TR1022 (1 ea.)	15	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	15	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

**Legend**

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
<b>2023 FALL Breakfast k-4 Thursday - ServingDate: 03/28/2024</b>	
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Honey Nut Cheerios - TR1431 (1 bowl)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cherry Strudel - TR1875 (1 ea.)	0.00
Emoji Waffle - TR1887 (1 ea.)	0.00
Cinnamon Mini Waffle - TR1616 (1 pkg.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Apple Juice - TR1036 (1/2 c.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2024

Site: ALL  
Date: 03/01/2024 - 03/31/2024

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Breakfast  
Site Group: Elementary Regular  
Menu Line: Main Line  
Serving Group: K-5  
Nutrients Option: All