

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Friday 1 EEA - ServingDate: 03/01/2024																				
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Strawberry Applesauce Cup - TR1497 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	14.00	3.00	0.00	0.00	0.00	0.00	60.00	0.00	0.00	0.00	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024																				
Breakfast Turkey Ham - TR1398 (1 slice)	98	30.02	1.25	0.50	0.00	15.01	130.08	0.00	0.00	0.00	(M)	3.50	0.18	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	98	70.00	1.50	0.00	0.00	0.00	100.00	14.00	1.00	3.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)	
Scrambled Eggs - TR1073 (1/4 c.)	98	70.56	4.03	1.51	0.00	211.68	91.74	1.01	0.00	0.00	(M)	6.05	0.73	20.16	302.39	0.00	(M)	(M)	(M)	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)	
Hashbrown Rounds - TR1785 (2 ea.)	100	94.49	2.63	0.00	0.00	0.00	199.47	15.75	2.10	0.00	0.00	2.10	0.19	0.00	0.00	0.00	0.00	0.00	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Friday 1 EEA - ServingDate: 03/01/2024	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Strawberry Applesauce Cup - TR1497 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024	
Breakfast Turkey Ham - TR1398 (1 slice)	0.00
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	(M)
Scrambled Eggs - TR1073 (1/4 c.)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Hashbrown Rounds - TR1785 (2 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	100	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/05/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Wednesday 2 EEA - ServingDate: 03/06/2024																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00

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 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2022 FALL Lunch PRE-K Seuss - ServingDate: 03/04/2024	
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/05/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Wednesday 2 EEA - ServingDate: 03/06/2024	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2023 FALL Lunch PRE-K Wednesday 2 EEA - ServingDate: 03/06/2024																				
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	100	70.00	3.50	0.50	0.00	5.00	410.00	8.00	1.00	4.00	(M)	0.00	0.00	20.00	200.00	1.20	(M)	(M)	(M)	
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/07/2024																				
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00	
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)	
Carrot Coins - TR1086 (1/2 c.)	100	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/19/2024																				
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)	
Bean & Cheese Pupusa - TR1836 (1 ea.)	98	290.00	11.00	3.50	0.00	15.00	479.99	35.00	4.00	1.00	0.00	13.00	1.00	250.00	0.00	0.00	0.00	329.93	0.00	

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Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Wednesday 2 EEA - ServingDate: 03/06/2024	
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/07/2024	
Baja Fish Sticks - TR1889 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/19/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Bean & Cheese Pupusa - TR1836 (1 ea.)	0.00

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2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/19/2024																			
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Wednesday 4 EEA - ServingDate: 03/20/2024																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	100	70.00	3.50	0.50	0.00	5.00	410.00	8.00	1.00	4.00	(M)	0.00	0.00	20.00	200.00	1.20	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/21/2024																			
Baja Fish Sticks - TR1889 (4 ea.)	98	230.81	11.04	1.00	0.00	45.16	491.73	18.06	2.01	0.00	0.00	16.06	1.00	27.09	0.00	0.00	0.00	323.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Tuesday 2 EEA - ServingDate: 03/19/2024	
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Wednesday 4 EEA - ServingDate: 03/20/2024	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/21/2024	
Baja Fish Sticks - TR1889 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/21/2024																			
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Friday 2 EEA - ServingDate: 03/22/2024																			
Cheeseburger - TR1897 (1 ea.)	98	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Thursday 2 EEA - ServingDate: 03/21/2024	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Friday 2 EEA - ServingDate: 03/22/2024	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Generated on: 2/27/2024 11:15:35 AM by Kevin White

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch PRE-K Monday 1 EEA - ServingDate: 03/25/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Rotini & Meat Sauce - TR1938 (3/4 c.)	98	254.03	12.90	5.00	0.81	43.55	500.80	19.35	1.61	6.45	1.61	14.52	2.42	46.77	0.00	0.00	0.00	1053.31	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Pineapple Tidbits - TR1502 (1/2 c.)	100	62.40	0.00	0.00	0.00	0.00	10.40	15.60	0.00	13.52	(M)	0.00	0.37	0.00	0.00	15.60	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Tuesday 1 EEA - ServingDate: 03/26/2024																			
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	98	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	1.00	17.00	2.70	200.00	0.00	0.00	0.00	180.01	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08(M)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	100	108.80	0.00	0.00	0.00	0.00	179.20	19.72	7.76	0.48	0.00(M)	6.24	1.67	51.20	240.00	2.88	0.00(M)	0.00(M)	0.00(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	(M)	1.30	0.31	6.00	76.00	10.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2023 FALL Lunch PRE-K Wednesday 1 EEA - ServingDate: 03/27/2024																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.87	0.00
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy

Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Monday 1 EEA - ServingDate: 03/25/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Rotini & Meat Sauce - TR1938 (3/4 c.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Pineapple Tidbits - TR1502 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Tuesday 1 EEA - ServingDate: 03/26/2024	
Chicken Quesadilla Max 96/5oz - TR1821 (1 slice)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Seasoned Pinto Beans - TR1232 (1/2 c.)	0.00(M)
Banana - TR1056 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
2023 FALL Lunch PRE-K Wednesday 1 EEA - ServingDate: 03/27/2024	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - March, 2024

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 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2023 FALL Lunch PRE-K Wednesday 1 EEA - ServingDate: 03/27/2024																			
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	100	70.00	3.50	0.50	0.00	5.00	410.00	8.00	1.00	4.00	(M)	0.00	0.00	20.00	200.00	1.20	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2023 FALL Lunch PRE-K Thursday 1 EEA - ServingDate: 03/28/2024																			
Grilled Cheese - TR1089 (1 ea.)	1	280.31	9.90	5.50	0.00	31.80	580.77	31.00	3.00	5.60	(M)	18.50	1.64	465.88	523.97	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	490.00	26.50	6.50	0.00	15.00	645.00	48.00	5.00	14.50	0.00(M)	19.50	1.98	250.00	90.00	0.00	0.10(M)	30.08 (M)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	98	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
 (M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy
 Date: 03/01/2024 - 03/31/2024

Item Name (Serving Size)	Ash (g)
2023 FALL Lunch PRE-K Wednesday 1 EEA - ServingDate: 03/27/2024	
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2023 FALL Lunch PRE-K Thursday 1 EEA - ServingDate: 03/28/2024	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - March, 2024

Site: Tomball Early Excellence Academy
Date: 03/01/2024 - 03/31/2024

Report Selections

Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All