

Menus for March 2024

Tangipahoa Parish
School System

This institution is an equal opportunity
provider. Menus are subject to change.

Friday, March 1

Breakfast

Breakfast Pizza or
Cinnis Minis
Mandarin Oranges
Fruit Juice

Lunch

Crunchy Fish Sticks
Homemade Macaroni
& Cheese
Steamed Broccoli
Mandarin Oranges



Monday, March 4

Breakfast

Sausage Biscuit &
Hash brown or
Muffin Cup
Pineapple Tidbits
Fruit Juice

Lunch

Louisiana Red Beans
Steamed White Rice
Homemade Cornbread
Mustard Greens
Marinated Cucumbers
Pineapple Tidbits

Tuesday, March 5

Breakfast

Chocolate Swirl or
Tangi McGriddle
Strawberry Cup
Fruit Juice

Lunch

Breaded Pork Chop
Mashed Potatoes/Gravy
Seasoned Green
Beans
Dinner Roll
Strawberry Cup

EGG-CELLENT.



Ah, the humble, wonderful egg!
Just 75 or so calories, but with
seven grams of high-quality
protein, plus iron, vitamins,
minerals, and other disease
fighting nutrients. Versatile for
cooking. Inexpensive. Readily
available. Perhaps the perfect
food - for breakfast, or any time!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Wednesday, March 6

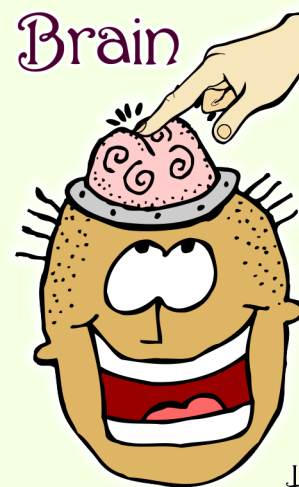
Breakfast

Egg Eggstravaganza
Biscuit/Jelly or
Cinnamon Roll
Fresh Apples
Fruit Juice

Lunch

Sloppy Joe on Bun
Tasty Tots
Baked Beans
Raw Carrots w/Ranch
Fun Dip Apples

Brain Ticklers



What's the only
thing in the world
that you can take
away the whole of
it and still have
some left?

(Hold the page upside
down and read it in a
mirror for the answer!)

The word "wholesome."

Thursday, March 7

Breakfast

Crunchmania or
Chicken Biscuit
Fruit Cocktail
Fruit Juice

Lunch

Salisbury Steak/Gravy
Mashed Potatoes
Glazed Carrots
Dinner Roll
Fruit Cocktail



Friday, March 8

Breakfast

Pancake on Stick or
Glazed Donut
Sliced Peaches
Fruit Juice

Lunch

Pizza
Marinara Sauce
Buttered Corn
Peach Crisp



Monday, March 11

Breakfast

Maple Pancake
Sandwich w/Sausage &
Cheese or Muffin
Mandarin Oranges
Fruit Juice

Lunch

Mini Corndogs
Tasty Tots
Steamed Broccoli
Baked Beans
Candy Corn Fruit Parfait

Tuesday, March 12

Breakfast

Breakfast Bar or
Glazed Pancakes
Craisins
Fruit Juice

Lunch

Walking Tacos
Taco Meat
Queso Cheese
Salsa
Buttered Corn
Frozen Fruit Cup



Wednesday, March 13

Breakfast

Cereal or Dutch Waffle
Tropical Fruit
Fruit Juice

Lunch

Baked Chicken
Green Peas
Candied Yams
Dinner Roll
Tropical Fruit

Thursday, March 14

Breakfast

French Toast or
Soft Filled Bar
Fresh Orange Wedges
Fruit Juice

Lunch

Hamburger on Bun
French Fries
Lettuce/Tomato/Pickle
Baked Apples

Friday, March 15

Breakfast

Pop Tarts or
Breakfast Pizza
Applesauce
Fruit Juice

Lunch

Gumbo
Steamed White Rice
Seasoned Green
Beans
Marinated Cucumbers
Crackers
Applesauce

Word of the Month

stead·fast

adj. 1. Firmly fixed in place;
immovable 2. Firm in belief,
determination, or adherence;
loyal 3. Unwavering

Monday, March 18

No School Today



*Professional Day
for Our Teachers*

Tuesday, March 19

Breakfast

Cinnamon Roll or
Breakfast Bar
Jell-O
Fruit Juice

Lunch

Mandarin Orange
Chicken
Steamed White Rice
Dumplings w/Teriyaki
Steamed Vegetables
Salad w/Dressing
Jell-O

Wednesday, March 20

Breakfast

Pizza Bagel or
Crescent Filled Bar
Chilled Peaches
Fruit Juice

Lunch

Jambalaya
Steamed Cabbage
Candied Yams
Garlic Dinner Roll
Chilled Peaches

Thursday, March 21

Breakfast

Cheese Omelet & Grits
Or Breakfast Clusters
Strawberry Cup
Fruit Juice

Lunch

Chicken Tenders
Cheesy Potatoes
Steamed Broccoli w/
Cheese
Texas Toast
Strawberry Cup

Friday, March 22

Breakfast

Ham & Cheese
Croissant or
Yogurt & Grahams
Applesauce
Fruit Juice

Lunch

Mac/Beef/Cheese
Casserole
Seasoned Green Beans
Glazed Carrots
Dinner Roll
Applesauce

Monday, March 25

Breakfast

Mini Pancake &
Sausage Bites or
Pop Tarts
Fresh Orange Wedges
Fruit Juice

Lunch

Taco Soup
Homemade Grilled
Cheese
Salad w/Dressing
Fresh Orange Wedges

Tuesday, March 26

Breakfast

Bacon Biscuit or
Breakfast Bar
Applesauce
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso
Salsa
Buttered Corn
Applesauce

Wednesday, March 27

Breakfast

Sausage Croissant or
Cereal
Raisins
Fruit Juice

Lunch

Pork Roast/Gravy
Steamed White Rice
Candied Yams
Seasoned Green Beans
Tropical Fruit
Hot Cross Buns

Thursday, March 28

Breakfast

Muffin or
Pancake on Stick
Chilled Pears
Fruit Juice

Lunch

Tangi's Famous BBQ
on Slider Buns
Coleslaw
Baked Beans
Pickle Spears
Chilled Pears

Good Friday



No School Today

Together, they add up to FUN!



Last day of classes:
Thursday, March 28th

Classes resume:
Monday, April 8th

Sandwich Line Menu

5th - 12th Grade Students

Friday, March 1

Spicy Chicken
Chunks

Monday, March 4

Stuffed Sandwich

Tuesday, March 5

Stuffed Crust
Pizza

Wednesday, March 6

Tangi's Famous
BBQ Sliders

Thursday, March 7

Hamburger

Friday, March 8

Fish Sandwich

Monday, March 11

Buffalo Chicken
Sandwich

Tuesday, March 12

Cheeseburger
Sliders

Wednesday, March 13

Grilled Cheese
Sandwich

Thursday, March 14

Buffalo Chicken
Pizza

Friday, March 22

Spicy Chicken
Sandwich

Monday, March 18

No School Today

Tuesday, March 19

Spicy Chicken
Sandwich

Wednesday, March 20

Ham & Cheese
Melt

Thursday, March 21

Chili Cheese
Tots

Friday, March 22

Cheeseburger

Monday, March 25

Honey Island
Chicken Sandwich

Tuesday, March 26

Stuffed Crust
Pizza

Wednesday, March 27

BBQ Ribbett
on Bun

Thursday, March 28

Chili Cheese
Baked Potato

Available
Daily:

All Sandwich Line
Menus come with a
choice of the
Vegetables, Fruit &
Milk off of the
Mama's Kitchen Hot

Fresh Made Salads Now Being Offered to

9th - 12th Grade Students on each Tuesday & Thursday

Tuesday, March 5

Spicy Chicken
Salad

Thursday, March 7

Chef Salad

Tuesday, March 12

Popcorn Chicken
Salad

Thursday, March 14

Taco Salad

Tuesday, March 19

Spicy Chicken
Salad

Thursday, March 21

Chef Salad

Tuesday, March 26

Popcorn Chicken
Salad

Thursday, March 28

Taco Salad



Tangipahoa Parish School Board has partnered with ESS to manage our substitute program. A leader in K-12 staffing, ESS is now responsible for the hiring, training, and the placement of all **substitute school food service workers**. If you're interested in working as a substitute for our school system, please contact:

Jaquetta McGee
(985) 327-3286
jmcgee@ess.com

Clarissa Quinn
(504) 784-0453
cquinn@ess.com

You can also call 800-641-0140 for more information or you can apply online by visiting www.ESS.jobs.

How would you like to be OFF on nights, weekends, holidays & summers?

**Cafeteria workers work a total of 180 days per calendar year.
That's only 6 months out of the year.**

The scheduled hours are from 6:30—2:00 each school day.

