



# Guidance Review

Natasha Khan  
Director of Guidance K-12

# Mission Statement

“The Herricks School District, a Community of Learners, through its educational programs, promotes intellectual curiosity and creative expression, values diversity, and measures success by one's personal development and contribution to society.”

# Guidance Program Review Process

- Interviewed K-12 staff (social workers, school counselors and school psychologists) on programs and processes of department
- Obtained feedback from students and parents
- Reviewed college admissions data
  - Utilized Naviance to determine college acceptance rates
  - Gathered relevant information from Inside Higher Ed, New York Times and College Board
- Utilized IDW to retrieve information regarding graduation statistics and diploma status over the past few years.
- Gathered data from College Board to disaggregate AP statistics for the past few years.

# PHILOSOPHY

The philosophy of the Herricks Counseling and Wellness department is that every student will acquire the academic, career, social and emotional skills to reach his or her fullest potential. Our department offers a comprehensive developmental program that is an integral component of the total educational experience for all students. The department is made up of all K-12 social workers, the middle school Student Services department and the high school Counseling and Wellness Center. We are committed to assisting each individual in attaining self-understanding and the skills and strategies necessary to become lifelong learners, who are prepared to make informed decisions within the context of an ever-changing world. We recognize the dignity and worth of all students and their right to personalized educational services. We are dedicated to creating a collaborative partnership with students, parents, teachers and administrators, by advocating for students and addressing the needs of our diverse community.



# Overview

- Roles of School Social Workers and School Counselors
- Grade level programs
- Professional development
- Program highlights
- Rebranding of The Counseling and Wellness Center
- Survey responses
- Statistics
- College related information
- What we achieved
- What we will continue to work on



## Guidance and Mental Health Professionals

### Elementary Social Workers

Marisa Pugliese  
Center Street

Jaclyn Mirabile  
Denton Ave

Kathy Wong  
Searingtown

### Secondary Social Workers

Christina Juarbe  
Michele Ng  
Middle School

Heather Imondi  
Shelter Rock Academy

Nicole Cestari  
Tara Kilkelly  
High School

### Elementary School Psychologists

Dr. Jean Anne  
Agoglia  
Center Street

Dr. Stacey  
Souravlis  
Denton Avenue

Maureen Andres  
Searingtown

### Secondary School Counselors

Dennis Conroy  
Middle School

Stephanie Gallo  
Middle School

Kerrin Melendez  
Middle School

### Secondary School Psychologists

Jessica Eicher  
Jaclyn Tamura  
Middle School

Dr. Steven Shatz  
Dr. Michael Yoo  
High School

Dr. Annegret Brown  
Shelter Rock Academy

Meredith Cofer  
High School

Danielle Gigante  
High School

Caryn Krucher  
High School

Sheena John  
High School

Joseph Lee  
High School

Erin Molinet  
High School

# Contact Information for School Support Staff

Center Street School  
Marisa Pugliese

<https://www.herricks.org/Domain/1590>



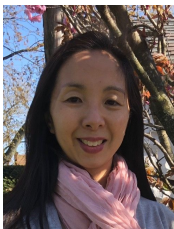
Denton Avenue School  
Jaclyn Mirabile

<https://www.herricks.org/Domain/1390>



Searingtown School  
Kathy Wong

<https://www.herricks.org/Domain/1516>



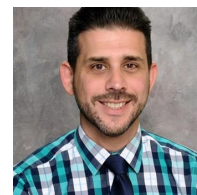
Middle School Student Support Services

<https://www.herricks.org/Domain/1158>



High School Counseling & Wellness Center

<https://www.herricks.org/Domain/1134>



# Elementary



# Middle School



# High School

How do the social workers at the elementary level help to prepare students for the middle school level and then for the high school?

Elementary Social Workers help students learn how to problem solve, develop coping mechanisms, understand their feelings and work on self-esteem, growth mindset and numerous other topics. They help to provide resources to families and connect with community organizations that can meet their needs.

Middle School Social Workers continue to help students to identify who they are in the changing world of adolescence. They help students to learn conflict resolution skills and how to think through their problems when making decisions.

High School Social Workers help students to address life altering changes in their lives, help to resolve family conflicts, assist with questions of identity, substance use and major life choices, in addition to teaching students how to be self-advocates.

# Roles of the Social Worker

## Elementary

- Facilitate small groups and provide individual counseling (problem solving, coping strategies, friendship, social thinking, Beautiful Me, etc.)
- Classroom lessons (MH awareness, safety, Second Step)
- Increase awareness of social concerns
- Collaborate with parents to determine community resources
- Digital SEL Toolbox for Parents
- Collaborate with all students, administrators, staff, and parents to support social, academic, and emotional growth

## Middle School

- Facilitate small groups and provide individual counseling (bereavement, anxiety, changing families, coping mechanisms, stress management, self-esteem, etc.)
- Classroom lessons (bullying, good decisions, Second Step)/observations
- ASPIRE/OASAS (Office of Substance Abuse Services)
- Community Collaboration/McKinney-Vento
- Transitional Activities (5th into 6th and 8th into 9th)
- Digital Resources for Students and Parents
- Collaborate with all students, administrators, staff, and parents to support social, academic, and emotional growth

## High School

- Facilitate small groups and provide individual counseling (Anxiety, depression, stress management, sexuality, coping mechanisms, etc.)
- Classroom lessons/observations
- Attend ASPIRE (Association of School Prevention, Intervention, Resource and Educational Professionals)/OASAS meetings to meet compliance with grants (Office of substance Abuse Services)
- Community Collaboration/McKinney-Vento
- Transitional Activities (post-secondary) ACCES VR/OPWDD
- Digital Resources for Students and Parents
- Collaborate with all students, administrators, staff, and parents to support social, academic, and emotional growth

# Role of School Psychologist

- Individual and group counseling for both individual students and small groups
- Collaborate with all students, administrators, staff, and parents to maximize the social, academic, and emotional development of students
- Work on issues such as social skills, decision making and peer pressure
- Participate in parent conferences
- Make referrals to outside professionals
- Conduct classroom observations
- Administer comprehensive diagnostic evaluations
- CSE member and chairperson
- Serve as a resource to faculty and staff regarding understanding and implementing IEPs

# Social Work Programs

## Elementary School

- Second Step program
- SMYL program
- Spread cultural heritage/underrepresented populations monthly
- Google Sandbox for Teachers
- Valentines for Veterans
- Hello Week; Unity Day
- Love & Light Letter Campaign
- The Giving Tree

## Middle School

- Second Step Program
- Mentor Program
- Beautiful Me
- Birthday Wishes
- Challenge Day
- Connections Program
- Student Buddy Program
- Peer Tutors
- Bridge Program
- Articulation Meetings
- New Beginnings Group
- Assembly Programs

## High School

- Mentor Students in Action
- C.H.A.N.G.E. (Children helping a new generation evolve)
- SAFE Dates
- Community Food Pantry
- Senior Send Off
- Bridge Program
- Articulation Meetings
- Too Good for Drugs
- Assembly Programs
- The Giving Tree

# Role of the School Counselor

## Middle School

- Transition from Elementary to Middle School
- Counseling (Social/Emotional, Monitor Academic Progress)
- Career Interest Exploration
- Crisis Intervention
- Scheduling/Course Selection Counseling
- Educational Guidance Lessons (push-in to classroom)
- Parent Outreach/Presentations
- Serve as liaisons between parents, teachers, and administrators
- Collaborate with all students, administrators, staff, and parents to maximize the social, academic, and emotional development of students
- Act as student advocate to foster relationships
- Each counselor works with 6th, 7th, and 8th grade students by alphabet

## High School

- Transition from Middle to High School and Post Secondary
- Counseling (Social/Emotional, Monitor Academic Progress)
- College Counseling/Career Interest Development
- Track graduation and diploma status
- Crisis Intervention
- Scheduling/Course Selection Counseling
- Educational Classroom Push-ins
- Parent Outreach/Presentations
- Serve as liaisons between parents, teachers, and administrators
- Collaborate with all students, administrators, staff, and parents to maximize the social, academic, and emotional development of students
- Act as student advocate to foster relationships
- Each counselor works with grades 9, 10, 11 and 12 by alphabet

# School Counselor Programs



## Middle School

### Second Step Program

- Empathy and Communication
- Bullying prevention
- Emotion management and Coping
- Problem solving, decision making, and goal setting
- Substance Abuse prevention

### College Readiness Program

### Scheduling/Course Selection

### Transition Programs (5th and 8th grades)

### Naviance Career and College Exploration

### Articulation/Bridge Program

## High School

### Freshman Focus (Transition Program)

### Freshmen Groups

### College Fairs/Individual Meetings

### Senior College Meetings

### EXCEL

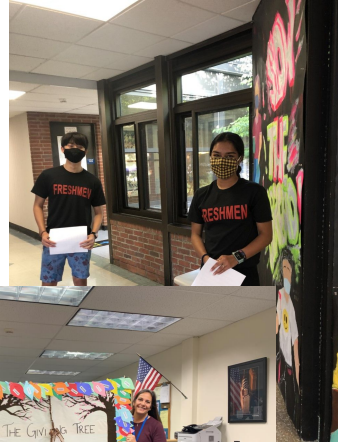
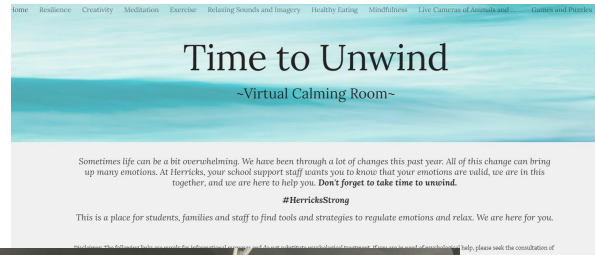
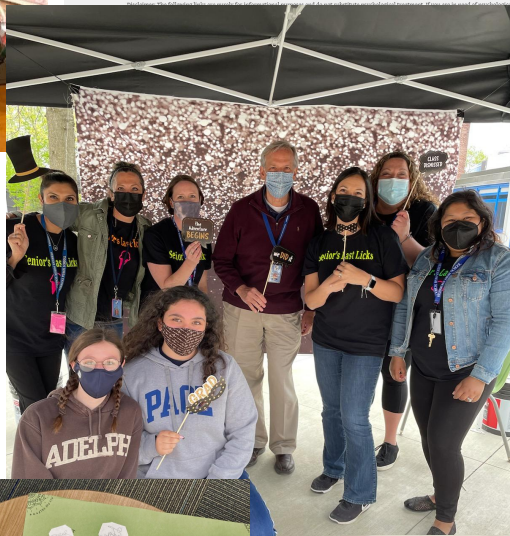
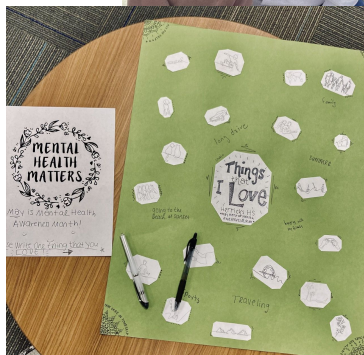
### Evening Presentations

### Junior Conferences

### Scheduling Groups/Course Selection

### Naviance Career and College Exploration

### Articulation/Bridge Program



## Coping Strategies for Kids:

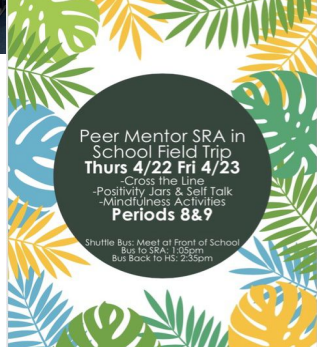
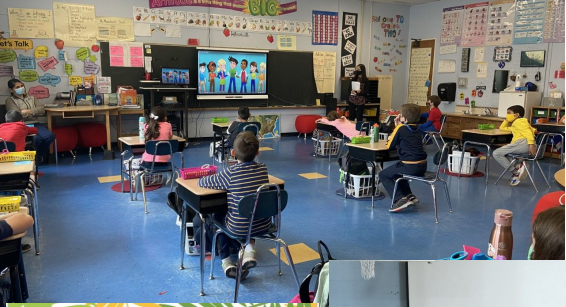
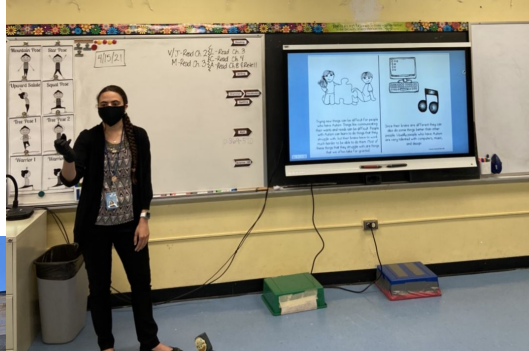
### Deep breathing



Practicing deep breathing can be fun!

These items can be used to help kids practice taking deep breaths:





# Professional Development for Staff

- ★ Steven Pinto (SEL resiliency), Rachel Priest (Self-care for support staff), Naviance training, various college workshops, Jamilah Pitts (cultural responsiveness)
- ★ Members of SEL committee- took part in Deb Caputo evening and Steven Pinto evening for parents re: coping with the pandemic
- ★ Technology training, Google Classroom, Jamboard, Google Meets etc.



# High School Counseling and Wellness Center



Purpose of Rebranding- To provide an open, inviting and safe space for students, faculty and families to seek solace, information and resources.

Open door policy- for all School Counselors, Social Workers and Psychologists

Access to: 6 counselors, 2 social workers and 2 school psychologists - walk-ins welcome, or students and parents can make appointments for in person or virtual meetings.

Newsletter to inform families of happenings, three times per year.

Academic, psychological, social-emotional, substance use, crisis counseling, family outreach, college and career counseling.

Office is filled with seating areas for students, parents and staff, access to smartboard, laptop connections, quiet area to do work, positive environment, that provides information about job opportunities, college information, testing and community service.

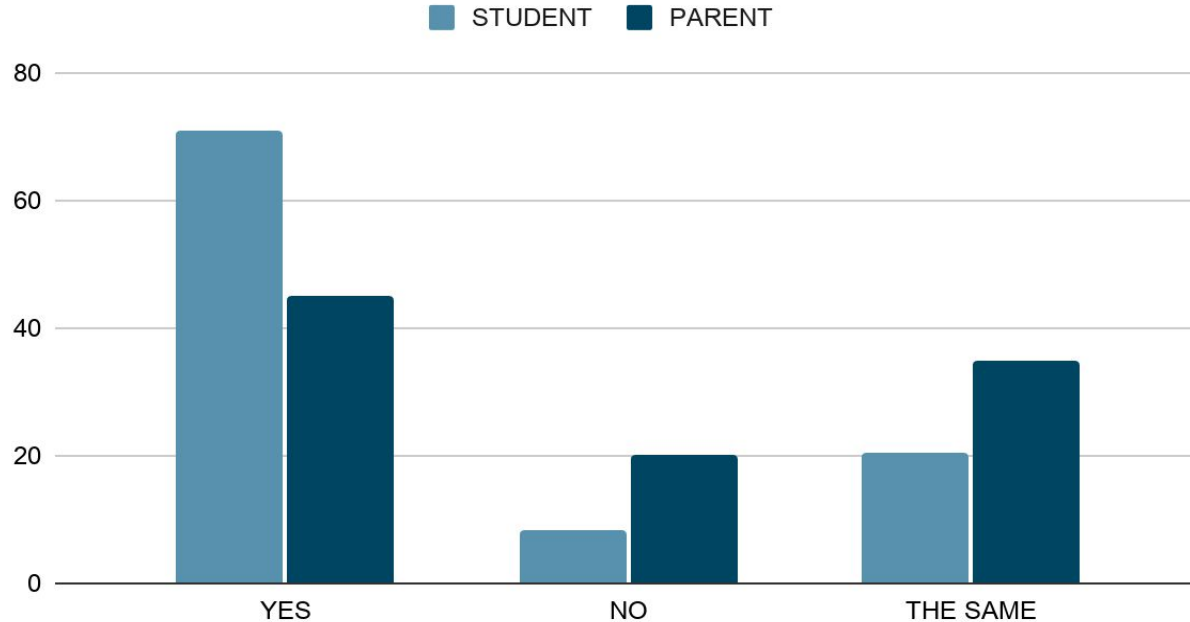
# Counseling & Wellness Center



A green rectangular road sign with a white border, tilted at an angle. The word "Survey" is written in large, white, sans-serif capital letters. The sign is supported by two metal poles. The background is a bright blue sky with a few wispy white clouds and a bright sun in the upper right corner.

**Survey**

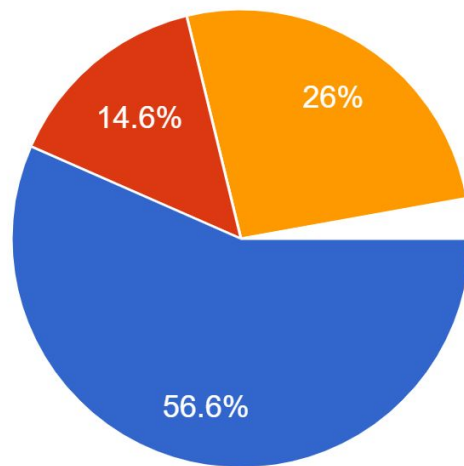
## Points scored



**Do you find the  
Guidance  
department  
website easy to  
navigate?**

Did you feel you could reach out to teachers and/or counselors for emotional/social support for your child?

1,732 responses

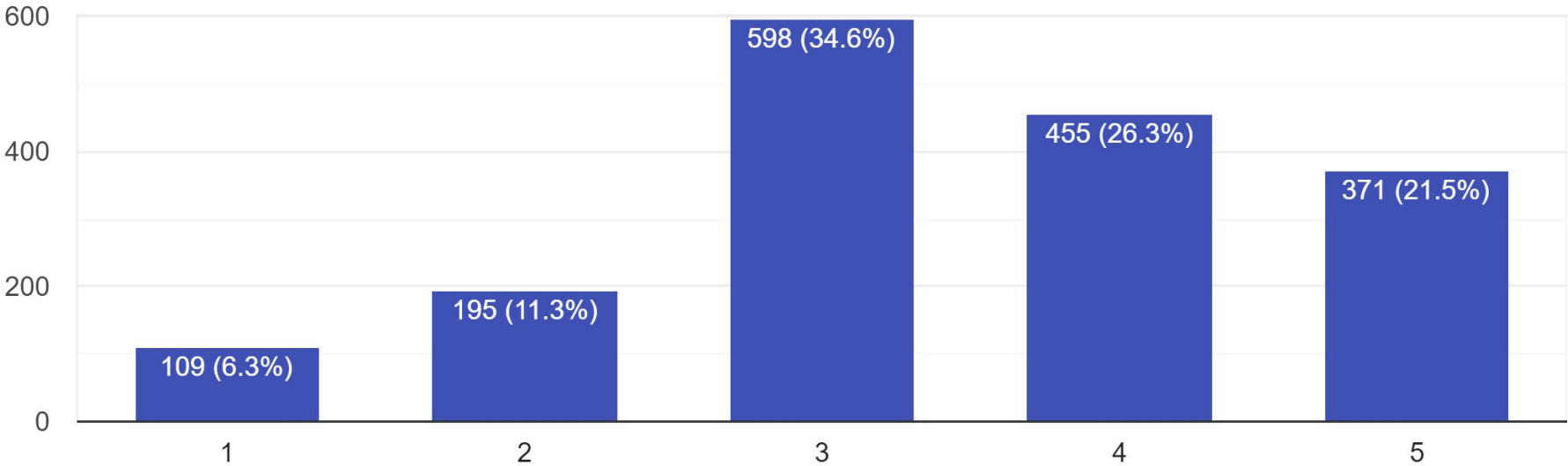


- Yes
- No
- Maybe
- I did reach out and although the advic...
- Never had the need for it
- Never had to
- I didn't think of it
- Did not need it

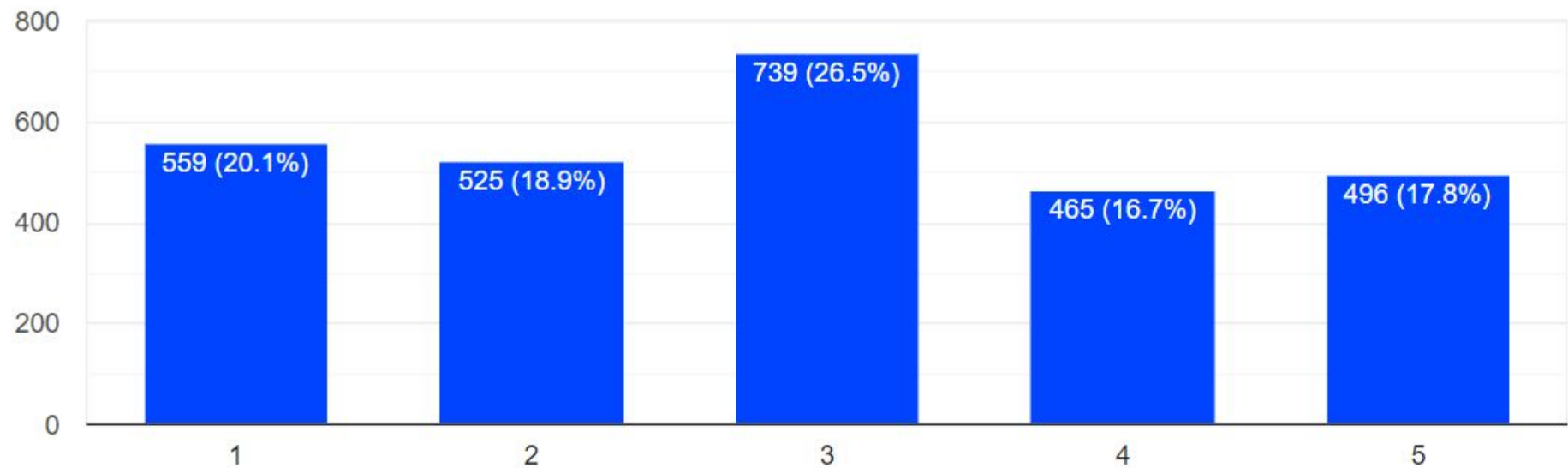


□ In general, how satisfied were you with the social emotional support your child received from the school?

1,728 responses



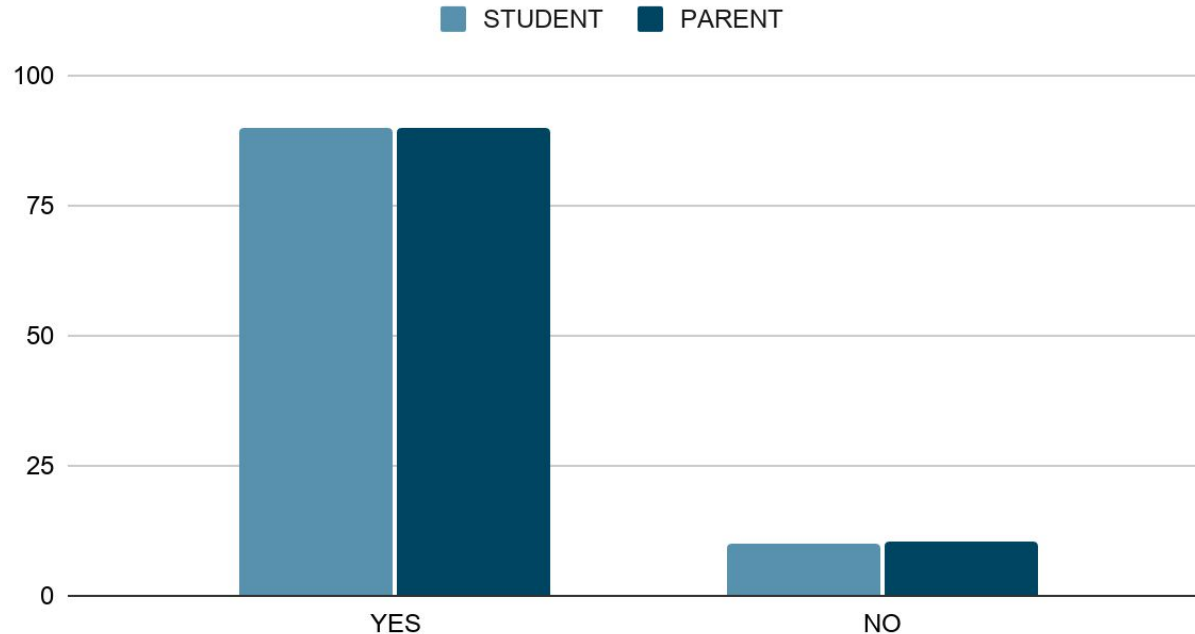
# How concerned are you about your child(ren)'s social emotional well-being at this time? (Scale 1 very concerned -5 not concerned)



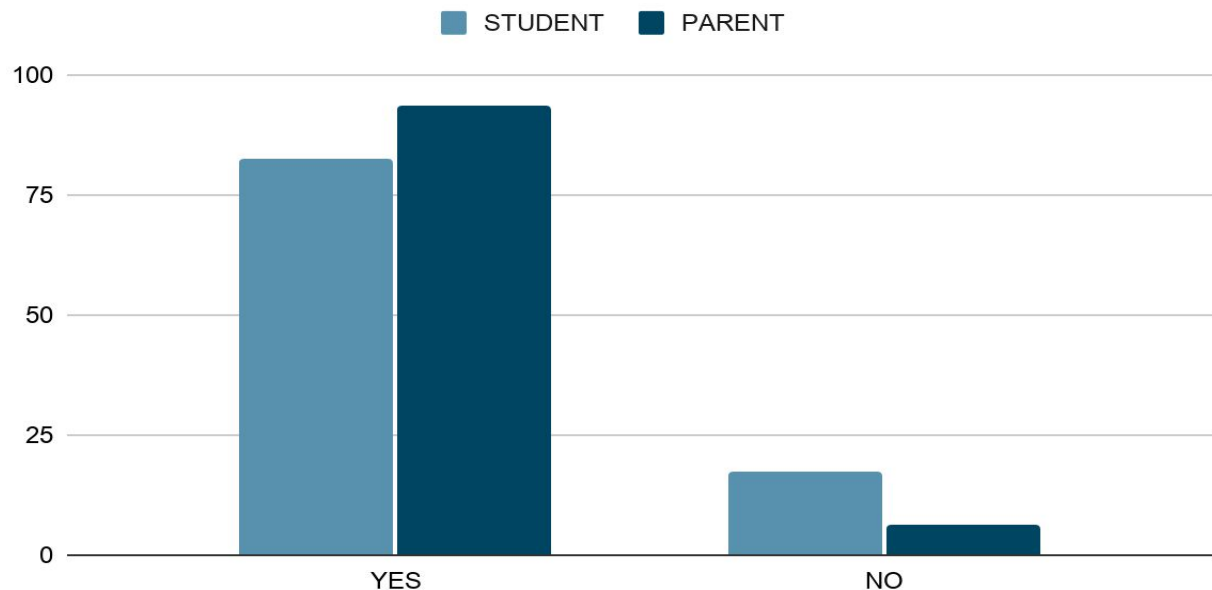
\*Many concerns regarding well-being had to do with feelings of isolation and lack of socialization with peers. Retrieved from Reopening Survey Results August 2020

# Do you feel that you can access the members of the Counseling Center and the Student Services office (i.e. school counselors, social workers or school psychologists) easily?

Points scored



Points scored



**Do you feel comfortable in reaching out to your school counselor or myself if you have a question or concern?**



## **GRADUATION STATISTICS**

**Graduating Class of 2020: 321**

**97% of students earned a Regents Diploma or higher**

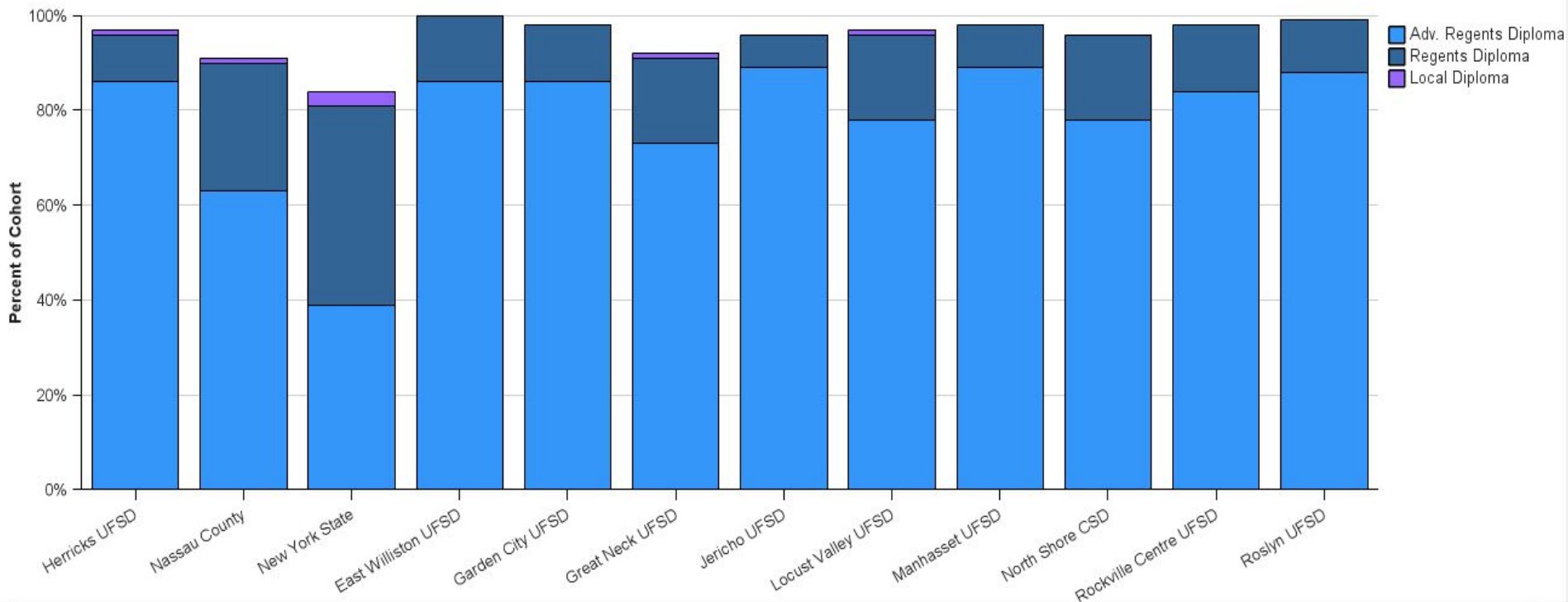
**86% of students earned an Advanced Regents Diploma**

**44% of those who earned an Advanced Regents Diploma received an Honors Distinction**

**11% of students earned a Regents Diploma**

**.6% of students earned a Local Diploma**

# Comparison of Diploma Types Awarded by District



# College Statistics

## Class of 2020

**321 students**

**3,481 applications processed**

**25% applied to CUNY/SUNY schools (including 2 yr)**

**75% applied to private schools**

**97% pursuing post-secondary education**

**93% enrolled in 4 year college**

**6% enrolled in 2 year college**

**.6% enrolled in technical program**

## Class of 2021

**345 students**

**3,269 applications processed**

**29% applied to CUNY/SUNY schools (including 2 yr)**

**71% applied to private schools**

**97 % pursuing post-secondary education**

**95 % enrolled in 4 year college**

**5 % enrolled in 2 year college**

# Herricks Class of 2021 Fun Facts

Can you guess the least number of college applications filed for the class of 2021?

1

Can you guess the most number of college applications filed for the class of 2021?

29

How many students applied to college under regular decision?

59.3%

How many students applied to college under early action or early decision?

40.7%

How many students applied to 4 year colleges?

95%

How many students applied to 2 year colleges?

5%

How many students applied to colleges in state?

61.5%

How many students applied to colleges out of state?

33.5%

# How has college admissions changed?

## National Trends

Jaschik, S. (Feb. 2021). The Full Story of Admissions. Inside Higher Ed.

<https://www.insidehighered.com/admissions/article/2021/02/01/full-story-admissions-isnt-just-what-youve-been-reading#:~:text=Last%20week%2C%20many%20top%20colleges,Virginia%20was%20up%2015%20percent.>

This year ~ 1700 colleges/universities went test optional

Common App. found that there was an overall increase of 10% in applications

### Where are students applying?

Increase of 21.3% to Southwestern schools

Increase of 6.1% to Mid-Atlantic schools

SUNY System overall decrease by 14%

Harvard increase by 42%

Yale increase of 38%

UVA increase of 15%

UC Berkeley increase of 36%/UCLA 33%

Colgate 103%

Appears that smaller and less competitive colleges have decreased in the # of applications.

Requires different "Packaging" of applications

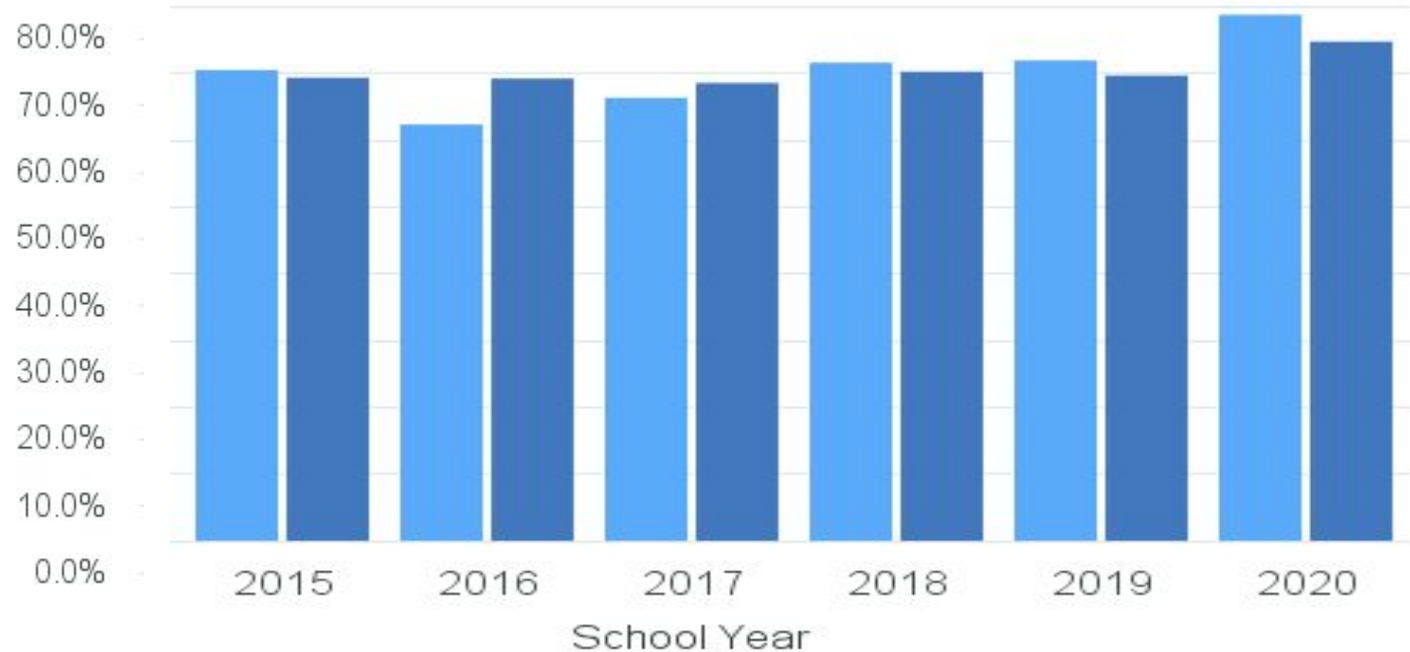
# What are the implications for us as a district?

- Counselors have worked closely with students on finding creative ways to “package” college applications
  - Extracurricular activities
  - Letters of recommendation
  - Essays
  - COVID statement
- The number of SAT takers fell from 2.22 million for the class of 2019 to 2.198 million for the class of 2020. For the ACT, test-takers fell from 1.8 million to 1.7 million. Reconsider standardized testing. (<https://www.ewa.org/blog-higher-ed-beat/3-surprising-ways-covid-19-changing-college-admissions-and-tests-0>)
- Students must find alternative ways to enhance their leadership
  - Mentorship, [internships and community service](#)
- Lack of travel to visit colleges forces students to depend on virtual platforms. ([College Corner](#))
- Reconsider location and type of school due to affordability

## AP Courses Enrollment History

School Year	Total Exams Taken	Students Scoring 3-5 on AP Exam
2019-2020	2,058	87%
2018-2019	1,882	77%
2017-2018	1,893	78%
2016-2017	1,812	72%
2015-2016	1,727	68%

# Score Quality Index- % of Quality Scores (3,4,or 5)



\*\* Indices are based on average grade enrollment (10-12) and indicate the number of tests taken per average grade enrollment. Participation Index of 2.0 would indicate that there were twice as many tests taken as the average grade enrollment. A school with an average grade enrollment of 300 and 450 AP examinations submitted would therefore have a Participation Index of 1.5 (450 examinations divided by 300 students in an average grade).

Source: Derived from data provided by the College Board. Copyright (c) 2020 The College Board. [www.collegeboard.org](http://www.collegeboard.org)

# AP Exam Overview

## AP Scholars

	2016	2017	2018	2019	2020
Total AP Students	740	730	751	759	781
Total Exams	1727	1812	1893	1882	2057
AP Students with Scores 3+	504	522	586	585	677
% AP Students with Scores 3+	68.1	71.5	78	77.1	86.8
% ALL HHS graduates scoring 3+ at some point	59.8	67.7	63.2	72.7	89
Scholars (Total)	237	267	293	296	349
Scholars	115	122	134	126	134
Scholars with Honors	32	42	49	52	64
Scholars with Distinction	90	103	110	118	151
National Scholar	20	28	36	31	33



# Department Goals:

*Accomplished  
&  
Ongoing*

- ★ Open Communication
- ★ Expanded visibility of department
- ★ Increased accessibility to school counselors, social workers and, school psychologists at all levels
- ★ Improved websites and resources (all levels)
- ★ Increase programming (scheduling night, career interest profiler, remote push-ins, regular classroom push-in)
- ★ Additional mental health and social emotional resources at every level (website- Virtual Calming Room)
- ★ Increase College Awareness at HS level (9-12)
- ★ Increased Career Awareness (Naviance) 6-12 and at elementary level
- ★ Virtual Resource Toolbox
- ★ Increase parent involvement
- ★ Rebranding of the Counseling and Wellness Center at the high school
- ★ Updated website with additional resources
- ★ Senior College Signing Day





# Recommendations for the Future

- ★ Reintegration programs for k-12
- ★ Continued PD-Social justice training, PD for staff on SEL/Self Care (all levels)
- ★ New career & college management programs through Naviance (MS/HS)
- ★ Common Application Screencastify for seniors/Common Application workshop
- ★ Re-envision College Fairs
- ★ Mock Interview Program for College & Careers
- ★ Continue to update training materials at elementary and middle schools
- ★ Expand visibility and access of mental health support staff across buildings
- ★ Fully utilize services and resources available through our Northwell Health Partnership

[illegible]