



COMMUNITY DAY CHARTER SCHOOL

Breakfast Meal Pattern Requirements
 Milk: 8 oz.
 Fruit or Veg: 1c/8oz.
 Grain: 2oz.

Lunch Meal Pattern Requirements
 Milk: 8 oz.
 Fruit: 1c/8oz
 Veg: 1c/8oz.
 Grain: 2oz.
 Protein: 2oz.

Allergy meals will not contain whole eggs, dairy, and items listed below.

Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 2024				MARCH 1 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 4	MARCH 5	MARCH 6	MARCH 7	MARCH 8
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Muffin Tops, Apple Slices, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk	Breakfast: Pancakes, Oranges, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 11	MARCH 12	MARCH 13	MARCH 14	MARCH 15
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: American Chop Suey, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 18	MARCH 19	MARCH 20	MARCH 21	MARCH 22
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk	Breakfast: Banana Bread, Oranges, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
MARCH 25	MARCH 6	MARCH 27	MARCH 28	MARCH 29
Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	Breakfast: Pancakes, Apple Slices, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk	Breakfast: Corn Muffins, Apple Slices, Milk Lunch: Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk	Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider