

School Health Advisory Council Meeting Minutes October 31, 2023

Members in Attendance

Community Members:

- Dr. Elizabeth Bosquez
- Loretta Bourn
- Angelica Gilbert-Williams
- Lizza Harris
- Yuliana Martinez
- Jennifer Matuska
- Jennifer Moya
- Allison Reimers
- Carolyn Rospierski
- Lesly Sigurdson
- Teresa Thomas

Guests:

- Veronica
- Ana Sierra – Northwest Assistance Ministries
- Natalie Blasingame
- Johna Pulliam

District Committee Members:

- Angela Baird
- Deborah Bartholomew
- Sierra Bell
- Christina Cole
- Emmy Durand
- Sarah Hoglund
- Melinda Hood
- Suzy Hunter
- Sheri McCaig
- Elaine Waier
- Celia Weaver
- Angela Williams-Thomas
- Darin Crawford

Facilitator:

- Christina Cole, Chief Officer for School

Announcements

Christina Cole discussed the introduction of Robert's Rules of Order to the SHAC meetings. A brief overview was given, and a reference guide was provided to all in attendance.

Call to Order

Christina Cole called the meeting to order at 10:09 a.m.

Membership Updates

Introductions given by Allison Reimers:

Lizza Harris – Representing Cy Springs High School
Jennifer Matuska – Postam Elementary
Lesly Sigurdson – Representing Francone Elementary
Angelica Gilbert-Williams – Representing Kahla Middle School
Sheri McCaig – Assistant Superintendent School Leadership

Review and Approval of Minutes

Amendment: Elaine Waier asked it be noted that Physical Activity subcommittee met at the end of last meeting.

- Motion to approve: Elaine Waier
- Second: Suzy Hunter

Compliance with Current Bylaw

Sheri McCaig reviewed current bylaws, calling out the need to review/revise by-laws and to elect a secretary.

Elect Secretary

Sheri McCaig made a motion to elect a secretary for the SHAC committee.

Angelica Gilbert-Williams nominated herself for secretary. 10 members voted in favor. 0 voted against.

Bylaws Review Subcommittee

Sheri McCaig requested volunteers to form a subcommittee to review bylaws.

Tentative date to complete bylaw review is April 2024.

Volunteers included:

Elaine Waier
Carolyn Rospierski
Loretta Bourn

Jennifer Moya
Teresa Thomas
Darin Crawford
Sheri McCaig will follow up with the volunteers regarding a meeting date.

Fentanyl Lesson Overview

Franklin Sampson advised this information was presented at the 9.19.23 SHAC meeting, but quorum was not present to vote. Veronica Garza shared a brief overview of the presentation, which is intended to meet the HB3908 requirement. Details can be found in the 9.19.23 SHAC meeting minutes.

There were questions about opt-in and opt-out for this requirement, and the potential confusion for parents. Franklin Sampson explained that this curriculum is opt-in and that this decision was made by the state, not at the school district level.

A request was made that the presentation better visually highlight the damaging effects of fentanyl. Franklin and Veronica answered questions regarding the outside resources that will be offered to students. This included an overview of each resource and the cost associated with them.

Ana Sierra, Northwest Assistance Ministries, discussed a list of services that are free of charge to community members. These include family, couple, individual and student counseling.

- Motion to approve education: Allison Reimers
- Second: Jennifer Moya
- Vote to bring presentation to the board: 11 voted in favor. 0 voted against.

CFISD Breakfast Initiative

Suzy Hunter, Director of Nutrition Services, discussed advocacy for nutrition service programs within the school district.

In March 2023, the initiative set a goal to increase breakfast participation from 27.05% to 30% by the end of the year. The goal was met on October 2, 2023. Nutrition Services have made adjustments to improve breakfast items, as a way to increase participation. Additional ways to increase participation have included raising awareness for the free breakfast available to all free and reduced lunch students, partnering with school

leaders to encourage breakfast participation among students, allowing additional opportunities to access breakfast (2nd Chance Breakfast), and allowing students to take breakfast to class.

The strategies have been deployed to meet the unique needs of the various campuses.

Nutrition Services encouraged parents to complete free and reduced lunch application by highlighting the potential for reduced test fees, reduced Club Rewind fees, and by hosting an application event.

Next initiative will be geared towards creating a positive culture in the cafeteria space and encouraging students to try new food items.

Wellness Policy Review

Emmy Durand advised that there is a wellness policy in place, but there hasn't been measures outlined to implement and monitor compliance. This time of the meeting was set aside to discuss the local wellness policy, 2024 objects and a template for moving forward. After initial discussion, it was determined that a subcommittee would be required to effectively address these tasks.

- Motion to create a subcommittee for wellness policy review: Darin Crawford
- Second: Dr. Elizabeth Bosquez

Volunteers included:

Jennifer Matuska
Lesly Sigurdson
Sheri McCaig
Dr. Elizabeth Bosquez
Sarah Hoglund

An email will be sent to the volunteers establishing meeting dates/times.

Physical Education Subcommittee Update

Elaine Ware goal is to look at ways to address fitness outside of P.E. and recess. During the 9.19 meeting, the subcommittee discussed ways to incorporate new ideas and the previous success of running clubs.

SHAC Meeting Location/Time Change

Christina Cole proposed moving the SHAC meeting to the more centrally located Mark Henry Admin Building.



The meeting time would also change to 9AM-11AM.

- Motion to vote on meeting location and time change: Elaine Waier
- Second: Allison Reimers
- Vote to bring presentation to the board: 8 voted in favor. 1 voted against. 1 abstained.

Closing Remarks

A review of the topics covered at the meeting

Adjournment

Meeting adjourned at 12:10PM

- Motion to adjourn: Loretta Bourn
- Second: Allison Reimers
- All in attendance voted in favor.