

TYRONE AREA SCHOOL DISTRICT

Wellness Committee

June 29, 2021

Report on the progress made in attaining the goals of the wellness policy.

- 1) Most all the major categories as graded out by the cross section of individuals assembled for the wellness policy review committee meeting show a significant adherence to the policy as evidenced by the score sheet.
- 2) Practices that are associated with nutrition education, healthy eating have by and large been integrated into operations of the cafeteria program and over all educational environment of the schools at each level, high school middle and elementary schools.
- 3) There have been a few areas that could improve and will be topics of attention for the next year, they are listed below:
 - a. Under Nutrition Education the committee scored out the implementation as “Partial” for providing all students with knowledge and skills in healthy lives via nutrition education.
 - b. The implementation for the, Integration of Nutrition Standards for education into variety of subjects and for the category, staff providing nutrition education receive standards based training and professional development was scored as “Not in Place” Additional Professional development will be sought out.
 - c. Under Nutrition Promotion, the committee scored the following category as not in place; cooperate with community agencies and organizations to provide opportunities for student projects related to nutrition. The evaluation also scored the modeling of healthy nutrition behaviors as only partially in place.
 - d. Under Physical Activity, the scoring showed a partially in place indicator for the policy of the contribution of physical activity of at least 60 minutes each day. Inclusive of only school day efforts, current actions would not meet the standard however after school offerings more than make up the balance of effort for this goal. For the remainder of the Physical Education indicators the score was viewed as Fully in Place .
 - e. Under the major category of Other School-Base Activities the only non-implemented was the fund-raising project item. The group scored the item, Project submitted for fundraising being supporting of healthy eating habits, not in place. This is one of the areas of the greatest need for improvement.
 - f. Finally, under Nutrition Guidelines for all Foods and Beverages at school, the item listed as, Considering the promotion of student health and reducing obesity when offering foods and beverages to students at school as a “Partially in Place”. This would reference foods offered outside of the school cafeteria programs.

Respectfully submitted

J.E.Clark, Wellness Committee Chair

June 30, 2021