



Guidelines for Keeping a Sick Child At Home

Your child should stay home if he or she:

- Has a fever of 100.4 or higher
- Has been vomiting or has diarrhea
- Has a rash with fever
- Has symptoms that keep your child from participating in school, such as:
 - Very tired, unable to focus in class or lack of appetite
 - Cough that he or she cannot control or sneezing often
 - Headache, body aches and/or earache
 - Bad sore throat-with or without fever and swollen glands, unable to control pain or swallow liquids
 - Eye drainage- thick mucus or pus from the eye, uncontrollable itching

24 Hour Rule:

- Your child should be fever free without medication and no vomiting or diarrhea for at least 24 hours before returning to school.
- If your child was given an antibiotic, please keep them home for at least 24 hours after first dose.

If you have any questions or concerns, please contact your School Nurse.

HEALTHY KIDS MAKE BETTER LEARNERS





Normas a seguir para mantener al niño enfermo en casa:

Fiebre: El niño(a) debe de estar libre de fiebre y sin medicina antes de regresar a la escuela.

Diarrea, náusea o vómito: El niño(a) debe de estar libre de síntomas por 24 horas desde el último episodio antes de regresar a la escuela.

Sarpullido en el cuerpo y fiebre

Dolor de garganta con fiebre y glándulas inflamadas

Tos persistente, constante y aguda

Secreción en los ojos: mucosidad espesa o drenando pus del ojo

El niño(a) está molesto, llorando o cansado o incapaz de incorporarse y participar en las actividades regulares del salón de clases.

NIÑOS SALUDABLES HACEN MEJORES ESTUDIANTES

