

MARCH 2024 BOWERS MENU

Lunch Delivered Daily at 11:45am
Preorder Breakfast Delivered ready
when students Arrive to School

Monday

4 Popcorn Chicken Bowl,
Roll
w/ mashed potatoes,
gravy and Corn

11 Crispy Chicken
Drumstick, Roll
w/ mashed potatoes
MICHIGAN VEGGIES

18 BBQ Chicken Drumstick,
Roll
w/ mashed potatoes
MICHIGAN VEGGIES

Tuesday

5 Chicken Quesadillas
served with Pico corn,
Refried Beans and Churros

12 Beef and Cheese Nachos
served with corn,
Refried Beans and Churros

19 Beef & Cheese Tatchos
served with Corn and a
variety of toppings

Wednesday

6 Philly Cheese Steak
sandwich w/ Fries
JET'S Pizza Day!

13
1/2 Day!
NO HOT LUNCH!

20 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

Thursday

7 Marinara Pasta w/
Meatballs
Garlic Breadstick
MICHIGAN BROCCOLI

14 Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI

21 Cheese Ravioli
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

1 Chicken Teriyaki
served w/ Rice
Served with WG rice and
Asian Veggie Mix

8 Orange Chicken
w/ WG rice and Stir-
fried Veggies

15 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

22
1/2 Day!
NO HOT LUNCH!

25-29

SPRING BREAK!

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white milk

248.341.5671

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DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!

Popcorn Chicken Bowl
 Crispy Popcorn Chicken over Creamy
 Mashed Potatoes topped with Corn
 and Chicken Gravy

Beef and Cheese Nachos
 Beef and Cheese on Crispy tortilla chips
 with optional toppings
 Served with refried beans

Orange Chicken
 Crispy battered chicken bites glazed in a
 sweet orange sauce, served over rice with
 Asian mixed Veggies

Chicken Drumstick
 Crispy breaded chicken leg served with
 Mashed Potatoes, Chicken Gravy and
 Green Beans

Philly Steak and Cheese
 Shaved seasoned beef on a WG sub bun
 topped with melted Mozzarella cheese and
 optional Peppers & Onions with Fries

Teriyaki Chicken
 Grilled chicken bites glazed in a
 savory Teriyaki sauce, served over
 rice with Asian mixed Veggies

Beef Teriyaki
 Tender Beef Dippers
 glazed in a savory Teriyaki sauce,
 served over rice with Asian mixed
 Veggies

General Tso Chicken
 Crispy battered chicken bites glazed in a
 Tangy sweet & spicy sauce, served over
 rice with Asian mixed Veggies

Lasagna
 Cheese Filled Pasta rolls topped with
 marinara sauce served with Broccoli and
 garlic breadstick

Jets Pizza
 Crispy Deep Dish Cheese Pizza with Jet's
 famous sauce!

BBQ Chicken Drumstick
 Chicken leg glazed in Sweet BBQ Sauce
 served with Mashed Potatoes, Chicken
 Gravy and Green Beans

Beef and Cheese Tatchos
 Beef and Cheese over Crispy Tater Tots
 Served with refried beans and Toppings

Marinara Pasta with Meatballs
 Cavatappi Pasta topped with marinara
 tender meatballs
 served with Broccoli and garlic breadstick

Chicken & Cheese Quesadilla
 Flour Tortilla grilled with white meat
 Chicken and Cheddar Cheese
 Served with WG Rice & Refried Beans

General Tso Chicken
 Crispy battered chicken bites glazed in a
 Tangy sweet & spicy sauce, served over
 rice with Asian mixed Veggies

EGGOJI Waffle and Chicken
Sandwich 😊
 Crispy White meat breaded Chicken
 between
 2 animated WG Waffles & Syrup Cup

Cheese Ravioli
 Cheese Filled Pasta rolls topped with
 marinara sauce served with Broccoli
 and garlic breadstick

NEW! scan
code to
preorder
deli
sandwich



SCAN ME

FREE BREAKFAST

Preordered the Day Before

Choose from
 Yogurt Parfait
 Bagels, Muffins
 Cereal Bars, Cereal
All Breakfasts include up to
a full cup of fruit and/or
100% Fruit Juice and
1% white or chocolate milk

FRUITS AND VEGGIES!

Offered Daily
 Choose from

Michigan Produce such as
 Blueberries, Lettuce, Carrots,
 Legumes and Apples and 100%
 Fruit Juice



Gluten Free
 option available per
 medical request-
 preorder required



Vegetarian and
 Dairy Free options
 available - preorder
 required



1% White or Chocolate Milk offered with both Breakfast and Lunch!

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER



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