MARCH 2024 WING LAKE MENU

FREE Breakfast Delivered to classrooms when school starts FREE Lunch - 11:00am - 12:30am

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Pizza With Fries
4 EGGOJI Waffles & ℃hicken w/ Sweet Potato Fries	5 . Fish Sticks or Chicken Tenders w/ Steamed Veggies and Garlic Knot	6 Cheeseburger served with Vegetarian Baked Beans	7 Cheese Cavatappi served w/ Broccoli and Garlic Knot	8 Bosco Sticks w/ Marinara and Smile Potatoes
11 Grilled Cheese Sandwich Tomato Soup	12 Macaroni and Cheese served w/ Broccoli and Garlic Knot	13 1/2 Day! NO HOT LUNCH!	14 All Beef Hot Dog w/ Baked Vegetarian Beans	15 Broccoli Cheese Soup Garlic Knot Sweet Potato Fries
18 Beef & Cheese Tacos Salsa/Sour Cream Refried Beans	19 Mini Turkey Corn Dogs w/Mixed Vegetables	20 Meatloaf Burger Tater Tots	21 Chicken Sliders Sweet Potatoes	22 Cheese Pizza With Broccoli
25-29 SPRING BREAK!				
Bloomfield Hills Schools is providing				
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!				
Make sure to take advantage of this amazing program! All meals include Proteins & whole grains				
At least 1/2 cup fruits and veggies and 248.341.567				
1% white milk				

Meatloaf Cheeseburger Meatloaf Patty stuffed with American Cheese and Tangy Ketchup on a WG bun served with Tater Tots

Popcorn Chicken Bowl Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

Bosco Sticks Mozzarella cheese filled breadsticks served with Marinara Sauce and Smile Potatoes

EGGOJI Waffles & Chicken

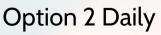
2 animated WG Waffles served with Chicken Tenders and Sweet Potato Fries

Chicken Tenders All White Meat Lightly Breaded Chicken Strips Served with WG muffin and Steamed Carrots

Fish Sticks Lightly Breaded Haddock Fillet Served with WG Garlic Knot and Steamed Veggies

Cheesy Cavatappi Cavatappi noodles tossed in creamy white cheese sauce served with Steamed Broccoli a WG Muffin

Cheese Pizza Whole Grain individual deep dish Cheese Pizza served with Daily Veggie



Yogurt Plate

Creamy Yogurt Cup with Grahams, Cheez-its, Cheese Stick, Fruit of the Day and crunchy Carrots ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND **CHOICE OF COLD FRUITS, 100% FRUIT JUICE AND VEGGIES**



MENU SUBJECT TO CHANGE WITHOUT NOTICE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVÍDER

Macaroni and Cheese Macaroni noodles tossed in creamy cheese sauce served with Steamed Broccoli a WG Garlic Knot

Grilled Cheese Sandwich Crisp, cheesy toasted sandwich served with Tomato Soup

Alll Beef Hot Dog All Beef Frank served on a WG Bun Served with Vegetarian Baked Beans

Mini Corn Dogs Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with Mixed Veggies

> **Chicken Patty Sliders** Tiny Chicken Sausages on WG Slider Buns Served w/ Sweet Potatoes

Cheeseburger Beef burger on a WG Bun topped with American cheese

Beef and Cheese Tacos Soft Flour Tortillas with Seasoned Beef and Shredded Cheddar Cheese, served with Refried Beans Salsa and Sour Cream

Broccoli Cheddar Soup Creamy Cheddar Cheese Soup with Broccoli served with a soft buttery Garlic Knot and Sweet Potato Fries

FREE BREAKFAST Monday - Breakfast Pizza Tuesday - Breakfast Bagel Wednesday - Pancakes **Thursday - Breakfast** Burrito Friday - Mini Waffles **Plus Yogurt Plates Cereal & Cereal Bars** Served with 100% Fruit Juice, Michigan Fruit and 1% White or Chocolate Milk

Michigan Produce! And More!!

In addition to hot veggies, A variety of either Carrots, **Blueberries**, Cherries, Apples, Applesauce, Oranges, Bananas, Salad Greens. Broccoli. Legumes, Fresh cut Veggies, **Sweet Potatoes, Root Vegetable** Medley and 100% Fruit Juice are offered daily with meals



Gluten Free option available per medical requestpreorder required



