

MARCH 2024 WING LAKE MENU

FREE Breakfast Delivered to classrooms
when school starts
FREE Lunch - 11:00am - 12:30am

Monday

Tuesday

Wednesday

Thursday

Friday

4
 **EGGO!** Waffles &
Chicken
w/ Sweet Potato Fries

5
Fish Sticks or Chicken
Tenders w/ Steamed
Veggies and Garlic Knot

6
Cheeseburger served
with Vegetarian Baked
Beans

7
Cheese Cavatappi
served w/ Broccoli and
Garlic Knot

8
Bosco Sticks
w/ Marinara and
Smile Potatoes

11
Grilled Cheese Sandwich
Tomato Soup

12
Macaroni and Cheese
served w/ Broccoli and
Garlic Knot

13
1/2 Day!
NO HOT LUNCH!

14
All Beef Hot Dog
w/ Baked Vegetarian
Beans

15
Broccoli Cheese Soup
Garlic Knot
Sweet Potato Fries

18
Beef & Cheese Tacos
Salsa/Sour Cream
Refried Beans

19
Mini Turkey Corn Dogs
w/Mixed Vegetables

20
Meatloaf Burger
Tater Tots

21
Chicken Sliders
Sweet Potatoes

22
Cheese Pizza
With Broccoli

25-29

SPRING BREAK!

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white milk

248.341.5671

and more




Meatloaf Cheeseburger
Meatloaf Patty stuffed with American Cheese and Tangy
Ketchup
on a WG bun served with Tater Tots

Popcorn Chicken Bowl
Crispy Popcorn Chicken over Creamy Mashed Potatoes topped
with Corn and Chicken Gravy

Bosco Sticks
Mozzarella cheese filled breadsticks served with
Marinara Sauce and Smile Potatoes

EGGOJI Waffles & Chicken

 2 animated WG Waffles
served with Chicken Tenders and Sweet Potato Fries

Chicken Tenders
All White Meat Lightly Breaded Chicken Strips
Served with WG muffin and Steamed Carrots

Fish Sticks
Lightly Breaded Haddock Fillet
Served with WG Garlic Knot and Steamed Veggies

Cheesy Cavatappi
Cavatappi noodles tossed in creamy white cheese sauce
served with Steamed Broccoli a WG Muffin

Cheese Pizza
Whole Grain individual deep dish Cheese Pizza
served with Daily Veggie

Macaroni and Cheese
Macaroni noodles tossed in creamy cheese sauce
served with Steamed Broccoli a WG Garlic Knot

Grilled Cheese Sandwich
Crisp, cheesy toasted sandwich served with Tomato
Soup

All Beef Hot Dog
All Beef Frank served on a WG Bun Served with
Vegetarian Baked Beans

Mini Corn Dogs
Mini Turkey hotdogs battered in a crispy
whole grain Corn Bread Batter served with Mixed Veggies

Chicken Patty Sliders
Tiny Chicken Sausages on WG Slider Buns
Served w/ Sweet Potatoes

Cheeseburger
Beef burger on a WG Bun topped with American
cheese

Beef and Cheese Tacos
Soft Flour Tortillas with Seasoned Beef
and Shredded Cheddar Cheese, served with Refried Beans
Salsa and Sour Cream

Broccoli Cheddar Soup
Creamy Cheddar Cheese Soup with Broccoli served with a soft
buttery Garlic Knot
and Sweet Potato Fries

Option 2 Daily

Yogurt Plate

Creamy Yogurt Cup with Grahams, Cheez-its, Cheese Stick, Fruit of the Day and crunchy Carrots
**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND
CHOICE OF COLD FRUITS, 100% FRUIT JUICE AND VEGGIES**

MENU SUBJECT TO CHANGE WITHOUT NOTICE

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**

FREE BREAKFAST
Monday - Breakfast Pizza
Tuesday - Breakfast Bagel
Wednesday - Pancakes
**Thursday - Breakfast
Burrito**
**Friday - Mini Waffles
Plus Yogurt Plates
Cereal & Cereal Bars**
**Served with 100% Fruit
Juice, Michigan Fruit and
1% White or Chocolate
Milk**

Michigan Produce! And More!!

**In addition to hot veggies, A
variety of either Carrots,
Blueberries, Cherries, Apples,
Applesauce, Oranges, Bananas,
Salad Greens, Broccoli,
Legumes, Fresh cut Veggies,
Sweet Potatoes, Root Vegetable
Medley and 100% Fruit Juice
are offered daily with meals**



Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



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