

# MARCH 2024 PREP MENU

All complete meals Free throughout the  
2023-24 school year!  
Lunch Delivered Daily by 11am  
Preorder Breakfast the day before to  
be there in the morning for your student

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4** Popcorn Chicken Bowl,  
Roll  
w/ mashed potatoes,  
gravy and Corn

**5** Chicken Quesadillas  
served with Pico corn,  
Refried Beans and Churros

**6** Philly Cheese Steak  
sandwich w/ Fries  
JET'S Pizza Day!

**7** Marinara Pasta w/  
Meatballs  
Garlic Breadstick  
MICHIGAN BROCCOLI

**8** Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**11** Crispy Chicken  
Drumstick, Roll  
w/ mashed potatoes  
MICHIGAN VEGGIES

**12** Beef and Cheese Nachos  
served with corn,  
Refried Beans and Churros

**13**  
**1/2 Day!**  
**NO HOT LUNCH!**

**14** Cheese Lasagna  
Garlic Breadstick  
MICHIGAN BROCCOLI

**15** General Tso Chicken  
w/ WG rice and Stir-  
fried Veggies

**18** BBQ Chicken Drumstick,  
Roll  
w/ mashed potatoes  
MICHIGAN VEGGIES

**19** Beef & Cheese Tatchos  
served with Corn and a  
variety of toppings

**20** Chicken Waffle  
sandwich w/ Fries  
JET'S Pizza Day!

**21** Cheese Ravioli  
Garlic Breadstick  
MICHIGAN BROCCOLI

**22**  
**1/2 Day!**  
**NO HOT LUNCH!**

**25-29**

# SPRING BREAK!

Bloomfield Hills Schools is providing  
2023-24 FREE Michigan Meals for All to students from Pre-K4 to 12th grade this school year!

Make sure to take advantage of this amazing program!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white milk

## DAILY LUNCH OPTIONS!

**MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**TUESDAY - CHICKEN PATTY SANDWICH**  
**WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER**  
**THURSDAY - CHICKEN TENDERS**  
**FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA**  
**ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND**  
**1% WHITE OR CHOCOLATE MILK**

Popcorn Chicken Bowl  
 Crispy Popcorn Chicken over Creamy  
 Mashed Potatoes topped with Corn  
 and Chicken Gravy

Beef and Cheese Nachos  
 Beef and Cheese on Crispy tortilla chips  
 with optional toppings  
 Served with refried beans

Orange Chicken  
 Crispy battered chicken bites glazed in a  
 sweet orange sauce, served over rice with  
 Asian mixed Veggies

Chicken Drumstick  
 Crispy breaded chicken leg served with  
 Mashed Potatoes, Chicken Gravy and  
 Green Beans

Philly Steak and Cheese  
 Shaved seasoned beef on a WG sub bun  
 topped with melted Mozzarella cheese and  
 optional Peppers & Onions with Fries

Teriyaki Chicken  
 Grilled chicken bites glazed in a  
 savory Teriyaki sauce, served over  
 rice with Asian mixed Veggies

Beef Teriyaki  
 Tender Beef Dippers  
 glazed in a savory Teriyaki sauce,  
 served over rice with Asian mixed  
 Veggies

General Tso Chicken  
 Crispy battered chicken bites glazed in a  
 Tangy sweet & spicy sauce, served over  
 rice with Asian mixed Veggies

Lasagna  
 Cheese Filled Pasta rolls topped with  
 marinara sauce served with Broccoli and  
 garlic breadstick

Jets Pizza  
 Crispy Deep Dish Cheese Pizza with Jet's  
 famous sauce!

BBQ Chicken Drumstick  
 Chicken leg glazed in Sweet BBQ Sauce  
 served with Mashed Potatoes, Chicken  
 Gravy and Green Beans

Beef and Cheese Tatchos  
 Beef and Cheese over Crispy Tater Tots  
 Served with refried beans and Toppings

Marinara Pasta with Meatballs  
 Cavatappi Pasta topped with marinara  
 tender meatballs  
 served with Broccoli and garlic breadstick

Chicken & Cheese Quesadilla  
 Flour Tortilla grilled with white meat  
 Chicken and Cheddar Cheese  
 Served with WG Rice & Refried Beans

General Tso Chicken  
 Crispy battered chicken bites glazed in a  
 Tangy sweet & spicy sauce, served over  
 rice with Asian mixed Veggies

**EGGOJI Waffle and Chicken**  
**Sandwich** 😊  
 Crispy White meat breaded Chicken  
 between  
 2 animated WG Waffles & Syrup Cup

Cheese Ravioli  
 Cheese Filled Pasta rolls topped with  
 marinara sauce served with Broccoli  
 and garlic breadstick

## FREE BREAKFAST

Assorted Breakfasts  
 available daily including  
 choice of  
**Fresh Bagels, Pop Tarts,  
 Breakfast Breads or  
 WG Donuts**  
**All breakfasts include a**  
**1/2 cup of Michigan fruit,**  
**100% Fruit juice and a 1%**  
**white or chocolate milk**

### FRUITS AND VEGGIES!

Offered Daily  
 Choose from  
 Michigan Produce such as  
 Blueberries, Lettuce, Carrots,  
 Legumes and Apples, Baked  
 Fries, Edamame  
 and 100% Fruit Juice



Gluten Free  
 option available per  
 medical request-  
 preorder required



Vegetarian and  
 Dairy Free options  
 available - preorder  
 required



1% White or Chocolate Milk offered with both Breakfast and Lunch!

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY**  
**PROVIDER**



248.341.5671