

4th Grade	Physical	Education	Curriculum			
Physical Education Grade	State (MDE) Standards	Strand	Skills	Objectives	Assessment	Material/Resources
4	1&2- Students use movement concepts and principles in the development of motor skills	Motor Skill	Reinforce all locomotor skills	Demonstrate mature locomotor movements	Observation and participation	Michigan Standards
4	1&2- Students use movement concepts and principles in the development of motor skills	Manipulative Skills	Reinforce throwing, catching, kicking, rolling, dribbling, and striking with and without implements	Demonstrate mature manipulative and non-locomotor skills	Observation and assessed on report card	Michigan Standards
4	1&2- Students use movement concepts and principles in the development of motor skills	Cooperative Skills	Teamwork, cooperation, and communication	Demonstrates mature cooperative play	Observation and participation	Michigan Standards
4	4 -Achieves and maintains a health-enhancing level of physical fitness	Fitness Activities	Cardiovascular, flexibility, and muscular exercises	Identify fitness components	Observation and assessed on report card	Michigan Standards
4	1&2- Students use movement concepts and principles in the development of motor skills	Rhythmic Activities	Dance, jump rope, and all other activities to music	Demonstrate mature rhythmic skills	Observation and participation	Michigan Standards
4	1&2- Students use movement concepts and principles in the development of motor skills	Team Games	Reinforce throwing, catching, kicking, strategy, offensive and defensive strategies	Demonstrate mature team concepts and strategies	Observation and participation	Michigan Standards

4	1&2- Students use movement concepts and principles in the development of motor skills	Aquatics	Reinforce basic elements of water safety, basic skills of front and back float, elementary strokes, kicking, and water aerobics	Demonstrate basic elements of water safety, basic skills of front and back float, elementary strokes, kicking and water aerobics	Observation and participation	Michigan Standards
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