

## What is SEPAC?

SEPAC is a parent advisory committee that supports the Carlisle Schools and the families of students who may have short or long term issues with their ability to access the curriculum.

An example of a short term access issue is a social/emotional issue resulting from a specific event.

Examples of long term access issues include

- “Invisible” disabilities such as biologically-based anxiety
- Social-emotional disabilities
- ADHD
- Autism Spectrum Disorders
- Sensory Processing Disorders
- Executive Processing disabilities



## GET INVOLVED

- Attend a coffee, social or workshop
- Attend a SEPAC board meeting
- Volunteer
- Visit our webpage
- Like us on Facebook!
- Sign up for our email list at: [carlislemaSEPAC@gmail.com](mailto:carlislemaSEPAC@gmail.com)

## CONTACT US

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 Carlisle SEPAC

Because every child deserves  
an extraordinary education

# Carlisle SEPAC



## What does SEPAC do?

- Advise the Carlisle School committee and administration
- Provide an effective link between parents/caregivers and school administration regarding Special Education
- Connect parents/caregivers through meetings\* and social events
- Provide education and information on Special Education to parents/caregivers and the broader community
- Foster greater acceptance, understanding and awareness of our Special Education community

\*SEPAC meetings are registered open meetings in the town of Carlisle.

Approved minutes can be viewed on the Carlisle SEPAC webpage and at Carlisle Town Hall.

SEPAC (Special Education Parent's Advisory Committee) functions are required by MA law.

## What is the value of SEPAC for students with disabilities?

Carlisle Public Schools offer a variety of services for their students with disabilities. Many private resources are also available in Carlisle and surrounding towns. SEPAC is made up of parents who can provide information and their own unique perspectives on these services and their providers.

SEPAC also provides education on special education and support services for students during meetings throughout the year. These meetings include presentations from school staff, outside speakers, and guided discussions.



## What is the value of SEPAC for students *without* disabilities?

Just because a child doesn't have disabilities doesn't mean they don't benefit from specific supports that are introduced into the classroom.

Examples in Carlisle include standing desks, chairs and desks with bands that students push or bounce against, and backless chairs that tilt in all directions, which enhance concentration. Carlisle teachers have also found that the sound systems and microphones put into classrooms to address the specific needs of one group, have been appreciated by all students.

## Q & A

### Who should connect?

If you're a parent/caregiver of a child on an IEP, believe your child may benefit from Special Education, or if the goals of the SEPAC resonate with you, please contact us.

### How often do you meet?

We hold monthly board meetings where we discuss Special Education in our school. These meetings are open to the public.

### Do you need volunteers?

There are many ways to get involved, and we always appreciate participation. Contact us!