

BLUE HAWK NEWS

MILK PRICE CHANGED

Our School Board approved an increase in the price of milk at their September Board Meeting. *When purchased as part of a meal, the price remains unchanged.* Full priced breakfast for grades K-12 is just \$1.75 and reduced price breakfast will continue to be just 30 cents. Full priced lunch for grades K-6 is \$2.00. Reduced price lunch remains just 40 cents. Both breakfast and lunch meals include a milk. **The only price increase will occur when a single carton of milk is purchased. The price is now 65 cents a carton.** Students getting a second milk to go with their meal will be charged 65 cents for the additional milk as it is not a part of the meal package.

HOME COMING WEEK

Next week is Homecoming Week! Our school will join with the High School in supporting our teams with a variety of activities. We will show our school spirit with theme days as follows:

Monday - Pajama Day - wear your pajamas

Tuesday - Decade Day - dress like the 60's, 70's, 80's, or 90's

Wednesday - Class Color Day - wear your class colors

K-Red, 1st-Orange, 2nd-Yellow, 3rd-Green, 4th-Blue, 5th-Purple, 6th-White

Thursday - Fiesta Day - wear bright and colorful clothing

Friday - Blue Hawk Day - wear blue and gold and Blue Hawk logos

On **Friday**, the Homecoming Parade will begin at Town Pump at **1:00PM**, then travel down Main Street, ending at the East Ramp. We will be walking down to watch the parade and cheer the teams on. *We will leave the Elementary at about 12:40PM* and will return to the Elementary in time for dismissal at 2:05PM. If you would like to join us for the walk down and back up, or at the parade, please contact your student's teacher for more information.

Hearing Screenings

Our annual hearing screenings will be conducted the week of October 2nd. ALL kindergarten and 1st grade students will be screened, as well as, any students who are new to our school. Parent permission forms are being sent home with all 2nd through 6th grade students today. If you wish to have your student's hearing screened, please return the form by **Monday, September 25th**. Forms may also be found on the Elementary website under forms at <https://www.thompsonfalls.net/Page/1303>

Important Happenings

- 9/15 Early out - 2:05PM
- 9/18-9/22 Homecoming Week
- 9/18 Pajama Day
- 9/19 Decade Day
- 9/20 Class Color Day
- 9/21 Fiesta Day
- 9/22 Blue Hawk Day
- 9/22 Homecoming Parade - 1PM - Main Street
- 9/22 Early out - 2:05PM
- 9/25 Hearing Screening Forms due
- 9/28 Elementary Fun Run - 1:45PM-HS Football Field
- 9/29 K-6 Picture Day - by Legacy Photograph
- 9/29 Early out - 2:05PM
- 10/2 October School Board Meeting - 6PM
- 10/2 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/3 5th Gr Water Festival - TF State Park
- 10/4 3rd Gr Ag Day - Plains Fairgrounds
- 10/4 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/5-10/6 Hearing Screenings
- 10/5 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/6 Early out - 2:05PM
- 10/9 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/10 JH/HS Fall Concert—6:30PM—HS Gym
- 10/11 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/12 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/13 Early out - 2:05PM
- 10/16 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/18 REACH (3rd-8th gr After School Program) 3:30-5:00PM
- 10/19-10/20 **NO SCHOOL - MEA**
- 10/23-10/29 Red Ribbon Week Celebrated
- 10/23 REACH (3rd-8th gr After School Program) 3:30-5:00PM

Thompson Falls Elementary

Mr. Len Dorschler,
Principal

School web site:
<http://thompsonfalls.net>



ThompsonFallsSchools



Avoiding Conflicts Over Different Parenting Styles

There are many sources of conflict that can affect relationships between parents as well as their relationships with their kids. One of these sources can be conflicting parenting styles. We believe that significant damage can be done by parents when they fight over how to parent their kids.

We often receive calls from parents who are struggling with different parenting styles, even though they might not realize that this is the cause of the conflict. Understanding the different parenting styles can help parents identify their own style, recognize the detrimental effects of some parenting styles, and then make necessary changes for the long-term benefit of their kids.

Different Parenting Styles

In 1990, the book, *Parenting with Love and Logic* was published. Three primary parenting styles were described in that book:

Helicopter Parents

Helicopter Parents hover over their children and constantly rescue them from the hostile world in which they live. The message that Helicopter Parents send is, “You can’t help yourself. I must take care of everything for you.”

Over the years, the Helicopter Parent concept and term, introduced in that book, has become widely accepted and even has become an important topic in the field of child psychology. For example, a recent review article by J. S. Vigdal and K. K. Brønnick (*A Systematic Review of “Helicopter Parenting” and Its Relationship with Anxiety and Depression*, published in 2022) concluded that a majority of studies examining the effects of Helicopter Parenting found a direct relationship between Helicopter Parenting and symptoms of anxiety and depression in children.

Drill Sergeant Parents

Drill Sergeant Parents command and direct the lives of children. The Drill Sergeant parent sends the message that, “You can’t think. I must do your thinking for you.” Drill Sergeant parents tend to raise kids who have never learned how to make decisions for themselves and who therefore become followers, subject to peer pressure.

Consultant Parents

Consultant Parenting contrasts strongly with Helicopter Parenting and Drill Sergeant Parenting. Consultant Parents provide guidance and empathetic support for children as their children assume responsibility for their lives. They send the message that, “You’re capable and can make wise decisions. You are a responsible person.”

A fourth style of parenting was also described in **Parenting with Love and Logic—laissez-faire parenting**. These are parents who essentially let their children raise themselves. This was considered a lesser style in 1990, but it appears to have become more common now and can certainly contribute to conflict between parents.

Avoiding Conflict with Consultant Parenting

Typically, one parent is a Helicopter Parent and the other is a Drill Sergeant, and the dramatic difference between these styles can create conflict between the parents, as well as confusion and uncertainty for their kids. Using the Consultant style of parenting developed by Love and Logic is one way that parents can avoid conflict over parenting styles, as well as help their kids grow up to become responsible, respectful adults who know how to make healthy decisions.

To learn more about these different parenting styles and their effects on kids, listen to our audio, [Helicopters, Drill Sergeants and Consultants](#).

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.