

# B L U E H A W K N E W S

## NO SCHOOL

There will be **NO SCHOOL** on **Thursday, October 19th and Friday, October 20th**. This will allow staff to participate in their education association workshops.

## EVACUATION / REUNIFICATION

We will be conducting our annual Evacuation / Reunification Drill on **Friday, October 27th**. All K-8 students and staff will participate in the drill. More information about the drill, as well as a map to help clarify, is begin sent home with students today. That information can also be found on our website.

## PARENT PORTAL

Letters, providing individual access information for our database, Infinite Campus, were mailed home last week. Information was only mailed to individuals with portal rights that **did not** have a username already set up. If you did not receive a letter and need help accessing your student's information, please call the office and we will happily help you get connected. The Parent Portal allows you to see your student's assignments, including missing assignments, current grades, attendance, and lunch account.

## Flu Shots Available

The Sanders County Health Department will visit our school on Wednesday, October 25th to give flu shots to any staff and students that have a signed permission form turned in by **Monday, October 16th**. If you are interested in having your student receive a flu shot, please complete the permission form, which can be found on our website at <https://www.thompsonfalls.net/Page/1303>

## PTO UPDATE

We had a great turnout for our first PTO meeting of the year this week. Several projects are being planned. PTO still needs more members to be successful. If you wish to be a bigger part of your child's education, join PTO. Their next meeting will be held on **Wednesday, November 15th at 4:30PM**. Thanks to all who attended the first meeting this week!

## VISION SCREENING

On Tuesday, October 24th, the Lion's Club will bring their Plusoptix Screener to our school and will conduct vision screenings on students who have a signed parent permission form. Forms are being sent home today, and can be found on our website at <https://www.thompsonfalls.net/Page/1303> Forms must be returned by **Wednesday, October 18th** if you wish to have your student's vision screened. All screened students will bring home a printed report.

## Important Happenings

- 10/12 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/13 FUN FRIDAY—Wear Black & White Day
- 10/13 *Early out - 2:05PM*
- 10/15 Elk's Hoop Shoot - 2:00PM - Elem Gym
- 10/16 Flu Shot permission forms due
- 10/16 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/18 Vision Screening Permission Forms due
- 10/18 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/19 **NO SCHOOL - MT Educator's Association**
- 10/20 **NO SCHOOL - MT Educator's Association**
- 10/23-10/29 Red Ribbon Week Celebrated
- 10/23 Lei Off Drugs Day—dress tropical
- 10/23 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/24 Put Drugs to Sleep Day - wear pajamas
- 10/24 Lion's Vision Screening conducted
- 10/24 JH/HS Fall Concert—6:30PM—HS Gym
- 10/25 Keep Your Brain Safe Day - wear a hat
- 10/25 Flu Shots given by Health Dept –w/signed form
- 10/25 Kinder Leaf Walk
- 10/25 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/25 Wrestling Signups—5:30-6:30– Elem Lunchroom
- 10/26 Proud to Be Drug Free - wear red
- 10/26 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 10/27 Team Up Against Drugs—wear team gear
- 10/27 Evacuation / Reunification Drill
- 10/27 *Early out - 2:05PM*
- 10/30 Picture Retakes by Legacy Photography
- 10/30 NO REACH
- 10/31 End of 1st Quarter
- 10/31 Classroom Harvest Parties
- 11/1 NO REACH
- 11/2 NO REACH

## Thompson Falls Elementary

Mr. Len Dorscher,  
Principal

School web site:  
<http://thompsonfalls.net>



ThompsonFallsSchools



### **Taming the Technology Monster**

Although the basics of parenting remain the same, issues involving technology often baffle many parents and cause them to wonder what limits are appropriate, how to hold their children accountable for misuse of technology, and how to help kids learn the decision-making skills required to make healthy technology choices when they leave home.

Do you ever feel like your child's cell phone, game console, or computer is like a monster that has taken over your home? Here are some signs that technology use might be a problem for your kids:

- Do your kids become defiant and refuse to take a break from their phone or computer?
- Even if they are willing to take a break, do they become exceptionally irritable, depressed, or bored during that time?
- Do they lie to you about their technology use and sneak time during their break?

Any of these classic withdrawal symptoms are possible signs that your loved one has a problem that can lead to serious consequences if left untreated. Technology can be a wonderful tool for communication, learning, and healthy enjoyment. However it can also become a dark and destructive influence in the absence of necessary parental supervision and limits. Below are a few examples of enforceable limits that we, as parents, can provide:

- You may have your computer in the living room, not in your room.
- You may be on the internet if I'm allowed to review your internet history.
- You may be on social media if I can have access to your pages.
- Feel free to have a cell phone if you can pay for the service.
- You may keep your cell phone if you are not using it during meals, in class, or while driving.
- I allow kids to use technology in my home if I feel that they are being respectful and responsible.
- I immediately donate to charity any devices used to view or send pornography.

Although we can't control what our kids do when they are away from home, we can set good, solid limits while they're under our roofs. If they complain, "You don't trust me!" you can reply, "I don't even trust myself. Lots of good people get in trouble with technology. That's why I always make sure that your mom / dad knows what I'm doing on my computer, too."

***Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.***

***Contact our school counselor, Ms. Taylour Freed, for more info.***