

Thompson Falls School District #2 shall provide equal educational opportunity and treatment for all students without regard to race, creed, color, national origin, sex, marital status, previous arrest or incarceration or non-program-related physical, sensory or mental handicaps as stated in board policy and MCA 49-2-307, 49-3-205.

B L U E H A W K N E W S

3 Day Week

This is just a reminder that next week will be a short week. **There will not be school on Thursday, February 22 or Friday, February 23rd.** This will allow families and staff to cheer the Blue Hawks and Lady Hawks on, as they vie for Divisional Basketball Championships in Pablo. However you spend this extra long weekend, please enjoy it and take time to make memories with your family.

ELEMENTARY BASKETBALL

Thank you to the parents and staff that volunteered time to help with our 3rd through 6th grade basketball program. It was great to see the boys and girls on the court at halftime of our high school games. Our basketball future is looking bright.

SKI TRIP

Our last ski trip of the year for 4th through 8th grade students is on **Wednesday, February 21st.** Once again students will travel to Lookout Pass to enjoy a day of learning new skills and perfecting those learned previously. All students are encouraged to dress in layers for the day including gloves, a hat/helmet, goggles, a warm jacket, and ski pants. Cold lunch is packed by our lunch crew, but a few extra dollars for snacks and drinks is always a good idea. Special thanks to those parents who joined us on the ski hill to help chaperone and those who volunteered to transport their student, as this allowed more students to participate.

Thank you PTO!

Muffins With Moms was a great success! Thanks to our PTO for sponsoring the event. Don't forget, Doughnuts With Dads is coming up on March 15th. At their recent PTO Meeting they voted to have a shared presidency. Morgan Leaf and Hiddi Helvey were named Co-Presidents. They also set this Friday, February 16th as their next Popcorn Friday. It will be sponsored by Happy Trails Pre-School so popcorn will be free to all students. The next PTO meeting will be held in the Elementary on Wednesday, March 13th at 4:30PM. We always encourage participation from any and all parents and staff.

Winter Tracks Program

Our 4th grade students have the opportunity to participate in the Winter Tracks Program on **Friday, February 16th.** They will hike to the Mule Pasture, where they will enjoy presentations and gain hands on experience in identifying local wildlife, as well as how to be safe around them. The students will also learn how to build a shelter and a fire, and will also be introduced to ice fishing. They will return to the Elementary after eating lunch in the great outdoors.

Important Happenings

- 2/15 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 2/16 4th Gr Field Trip - Winter Tracks - Mule Pasture
- 2/16 PTO Popcorn Friday - sponsored by Happy Trails Preschool
- 2/16 *Early out - 2:05PM*
- 2/19 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 2/20 Softball Signups - 5:30-6:00 - Elem Lunchroom
- 2/21 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 2/21 4th-8th Gr. 2nd Ski Trip
- 2/22-2/23 NO SCHOOL**
- 2/24 Project Ascent's Winter Carnival—HS Football Field
- 2/26 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 2/27 Softball Signups - 5:30-6:00 - Elem Lunchroom
- 2/28 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 2/29 Leap Day
- 3/1 *Early out - 2:05PM*
- 3/2 4H Communication Day
- 3/5 Family STEM Night—5:00-8:00PM
- 3/5 Student Council Bake Sale
- 3/8 *Early out - 2:05PM*
- 3/11-3/15 MCT Peter & Wendy Residency
- 3/11 MCT Peter & Wendy Auditions - 3:30PM
- 3/13 PTO Meeting - 4:30PM
- 3/15 Donuts with Dads—7:30AM – 8:00AM
- 3/15 *Early out - 2:05PM*
- 3/19-3/20 Kindergarten Roundup
- 3/21 Class Pictures by Legacy Photography
- 3/22 End of 3rd Quarter
- 3/22 *Early out - 2:05PM*
- 3/28 Read 2 Ride Reading Logs due
- 3/29 *Early out - 2:05PM*
- 4/1-4/5 NO SCHOOL - Spring Break**

Thompson Falls Elementary

Mr. Len Dorscher,
Principal

School web site:
<http://thompsonfalls.net>



ThompsonFallsSchools



Love and Logic's Basic Principles

Many parents have told us how the principles of Love and Logic have helped them raise children who make good decisions, who are loving and responsible, and who are fun to be around. These principles are based on time-tested psychological concepts that are simple to implement, yet powerfully effective—they are the foundation of Love and Logic's approach to parenting. Here is an overview of some of these Love and Logic principles.

Mutual Dignity. Love and Logic believes that mutual respect and dignity are critical for teaching children how to treat others. Children learn this by how we treat them, and by how we allow them to treat us. This requires setting limits that allow us to take good care of ourselves and the people around us, including our children.

Shared Control. Power struggles between parents and children are fundamentally about control. When we try to exert control over others, we lose it, but when we share control, we can gain it. Children become happier, more respectful, and stronger when they learn how to handle life's consequences. They learn this when we allow them to learn how to make responsible decisions through having plenty of small choices and living with the consequences of their choices.

Loving Relationships. By following these principles parents will naturally develop a loving and mutually respectful relationship with their children. Kids learn to see their parents as both powerful and loving, and they are much more likely to grow up and become respectful, responsible adults.

By combining these principles from Love and Logic with neuropsychiatric practices for improving brain health from Dr. Daniel Amen, parents can raise children with healthy brains and hearts, children who will grow into responsible, respectful, and resilient adults.

In March of this year, Dr. Amen and I will release a new book, [*Raising Mentally Strong Kids*](#), that combines these principles and practices into an integrated approach for raising confident, kind, responsible, and resilient kids. We highly recommend this book—it will make a valuable addition to your parenting library!

Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.

Contact our school counselor, Ms. Taylour Freed, for more info.