February 26, 2024

GYMNASTICS – Mead’s Gymnasts placed 2nd as a Team on Day 1 of the WIAA 1A/2A/3A State Gymnastics Meet. The 176.800 was 2nd to Lake Washington’s 180.150, but it was our Girls’ best Team Total of the year and almost 4 points better than 3rd place Ballard. Day 2 at Sammamish High School was led by Dezlyn Lundquist who finished with 3 State Medals – 2nd on Floor, 3rd on Bars and 8th on Vault. She was 2nd in the All Around on Friday. Tabitha Pierce was 9th on Bars and collected a medal – placing 4th on Floor. Abbie Fielding tied for 14th on Floor. Congratulations to our Mead Panther Gymnasts, coach Hanna Bjerkestrand and her staff on another excellent season! - Spokesman Article

GIRLS BASKETBALL – Saturday, against North Thurston, the Girls broke open a close game after halftime, outscoring the Rams 20-6 in the 3rd quarter and won 68-46 to advance to Thursday’s State Quarterfinal at the Tacoma Dome. Addison Wells-Morrison led all scorers with 21 points. Teryn Gardner added 13 and Reese Frederick had 11. Mead plays the winner of the Bonney Lake v Lincoln game. - Spokesman Article

WIAA SCHOLASTIC CUP – Cup Standings were updated last week with Winter Academic Awards and Mead High School moved to the top of the Standings! You can see details here – Scholastic Cup Standings. Mead Orchestra is the 3A Academic State Champions. and we had plenty of other placers. Congratulations Panthers! Keep up the excellent work.

NECA IBEW – The Greater Spokane League along with the National Electrical Contractors Association & International Brotherhood of Electricians has recognized Mead’s Student Athletes of the Winter Quarter – Baylie Conner (Wrestling) and Madden Raab (Basketball) as Mead’s Student-Athletes of the Winter Quarter. Congratulations to Baylie & Madden!

WIAA HALL OF FAME – Former Mead Athletic Director and Panthers Soccer Coach, Dick Cullen will be inducted into the 2023 Class of the WIAA Hall of Fame on May 8th. Dick coached both our Boys and Girls Programs in 80’s & 90’s. His Girls’ soccer teams won the Greater Spokane League Title every year from 1985 - 1995 and the State Title in 1993! They also finished 3rd at State twice and 4th - three times. His Boys’ teams won 11 GSL Titles (1986-1996) and were 2nd at State in 1986 & 1996, 3rd in 1990 and 4th in 1989. Mead Soccer Teams won over 400 games from 1984-1996 and under Dick’s leadership, Mead High School won the Greater Spokane League’s All Sports Trophy 11 times and the WIAA Scholastic Cup 5 consecutive times (2007-2011). He was also District 8 Athletic Director of the Year in 2012. Congratulations Dick Cullen!

DANCE – Dance was at Shadle Park on Saturday, and we placed 2nd in Hip Hop and 4th in Dance. Next week our Girls will be competing at Dance Districts at Ferris where they have qualified in all three of their routines – Dance, Hip Hop & Pom.

2024-25 MEAD DANCE TEAM TRYOUTS ARE APRIL 15-17 @ MEAD HIGH SCHOOL. MORE INFORMATION IS ON OUR WEBSITE – ‘NEWS & EVENTS’

2024-25 MEAD CHEER TRYOUTS – INFORMATION IS BELOW
INFORMATION BAND: https://band.us/a/abaalctQ7d5veq
*All candidates will want to join this band group for tryout material videos, tips and tricks, information, etc.

Monday March 11th (evening): Tryout info night
*Required for all candidates WITH a parent/guardian
March 12th, 14th, 19th, 21st, 26th, 28th (afternoon/evenings - Times TBD): Pre-Tryout Clinics
*Basis cheer instruction, stunting, learn all tryout material
**You can come to as many or as little of these as you would like - the more you come to the more prepared you will be!
March 29th: Final Tryout!!!
*Final Tryout takes place the evening of Friday March 29th - all candidates must tryout in person on this night, unless pre-approved by coaching staff.

FINAL FORMS REGISTRATION IS OPEN FOR BOTH CHEER & DANCE TRYOUTS @ mead-wa.finalforms.com/

A MESSAGE
Parents - give the gift of being REAL to your aspiring athletes. Push them hard to push themselves. Point out hundreds of examples of grinders each week. Sell them on the vision, and then show them the screwed up rocky road they have to run over for the next 5-20 years. Put them in a great program and say: “BUST YOUR ASS AND FIGURE IT OUT.” It feels good to carry the burden of your own success!