



The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are not endorsed by the Bismarck Public Schools.



Demonette Mini Camp

Come spend the morning with the Bismarck High Demonettes. Kids will learn about different styles of dance and learn a fun routine. The morning concludes with a parent show at 11:30.

Saturday, November, 4
9am-12pm
Check In starts at 8:45

Grades Pre-K through 5th \$40 includes an event T shirt and snack. The morning concludes with a parent show at 11:30. Contact demonette treasurer@gmail.com to register.

1ST ANNUAL DEMONETTE CORNHOLE TOURNAMENT



Concessions Available
plus our famous popcorn
balls



\$100 per team
1st place Prize
2nd place Prize
Consolation Prize

DATE- OCTOBER 7TH 2023
WHERE- SEND IT! 24/7
CORNHOLE AT 1700 E MAIN
ST. MANDAN ND
CHECK IN AT 11:30
STARTS AT 12:00

Register at
demonetteboosters@gmail.com
walk ins welcome

HELP THE DEMONETTES GO TO NATIONALS!

2023 Fall Bismarck Demon's 3 on 3 Basketball Tournament

 sponsored by: BHS Girls Basketball 
Sunday Oct. 1st, 2023 – @ Bismarck High School

BHS Demon's Fall 3 on 3 Basketball Tourney

BHS Demon's Fall 3 on 3 basketball Tourney, Oct 1st, 2023. Grades 2 - 8, 3 game guarantee and concessions available. Also hosting a shooting contest \$5 a person. Come out for a fun day of basketball. Registration can be found <https://demongbb.webs.com>. Any questions email bhsgirlsdemonsbball@gmail.com. Cost \$110



YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.

You Belong Here
Missouri Valley Family YMCA
www.bismarckymca.org

For Our Community
Family Wellness
www.familywellnessbismar.org



ACTIVITIES

- Oct. 7 – [Luminary Walk](#) at General Sibley Park – FREE
- Oct. 11 – registration opens for [Session 2 Swim Lesson](#)
- Oct. 13 – early bird registration deadline for [3rd grade boys' basketball](#)
- [Wibit Water Toys](#)
- [Birthday Parties](#)
- [Indoor Ice Skating](#)

And more at www.bisparks.org!

PART-TIME JOBS

Check out the fun and flexible jobs at Bismarck Parks and Recreation for

ages 14+ at www.bisparks.org/jobs!

- BLAST afterschool program leaders
- Basketball coaches
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards – [class Oct. 26-29](#) – FREE when you join the BPRD team
- Officials – basketball & volleyball
- Open Gym supervisors
- Swim instructors
- Tennis instructors
- Zamboni drivers



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Bismarck Mandan Lacrosse Association Pick Up & Play Clinic

The Bismarck Mandan Lacrosse Association is hosting a FREE Pick Up & Play Lacrosse clinic as part of National Celebrate Lacrosse Week. The clinic will take place on Sunday, November 5 from 6:00-7:30pm at the Fore Seasons Dome. This clinic is a 90-minute introductory lacrosse experience for boys and girls, grades K-12, who have never played lacrosse before. It is designed to provide a fun, positive, and successful beginner experience with the sport of lacrosse. The goal is for participants to have the best experience possible while learning lacrosse skills and developing the ability, confidence, and desire to play more. This clinic will be conducted by BMLA's current USA Lacrosse certified coaches and players, and all equipment will be provided. Advanced registration is required. Please see our website below for additional information. We will also be hosting additional "Lacrosse Days" this winter on the following dates: December 10, January 21 and February 25.

League registration will be opening this winter. Practices begin in March and the regular season runs from mid-April to mid-June. Protective equipment for boys and girls is available to rent for a refundable deposit for new players. Participants play small-sided games, while those interested in a more competitive experience can travel across North and South Dakota for 4-5 weekend competitions. For more information visit our website at www.bismanlacrosse.org or find us on Facebook or Instagram.



Start Smart 3 on 3

Basketball Tournament
Sunday, October 15th
Grades 2-12 – Boys & Girls

For more information and to sign up: Click [HERE!](#)



Your Support Can Change a Life

Did you know the United Way offers the Dolly Parton Imagination Library program to encourage early childhood learning? MSA United Way mails books to the homes of 4,000 children between the ages of 0-5 every month! It costs \$25 per child to cover shipping expenses. YOU can help make an impact by sending your child to school with coins, dollars, or they can use the QR code from Oct. 2-13 to help raise vital funds for United Way's Imagination Library! All participating Bismarck-Mandan schools compete for the most money raised per student, and the school with the highest dollar amount raised will win a prize and bragging rights! Thank you for caring for our community! For more information, visit msaunitedway.org or call 701-255-3601.



Join the Debate Team!

Build lifelong skills. Learn to research, think critically, listen, and communicate effectively. Join debate!

Debate practice for the competition team begins for BPS students in October. High schoolers can contact Coach Jake Thomas at jake.thomas@bismarckschools.org for schedule. Middle Schoolers can practice Mondays and Wednesdays at 3:30pm at Horizon Middle School in Room T-2. See Horizon's debate club activities page for more information.



**Fall Recreational
Dance Schedule**
9/4/23-12/22/23



Ages 3-5

- Intro To Movement on Wednesdays from 5-5:45pm
- Kiddie Combo on Thursdays from 4:15-5:00pm

Ages 6-12

- Hip Hop on Mondays from 4-5pm
- Beg. Acro on Mondays from 5-6pm
- Jumps+Turns on Tuesdays from 4-5pm
- Combo on Wednesdays from 4-5pm
- Int. Acro on Wednesdays from 5-6pm

Ages 12-18

- Jumps+Turns on Tuesdays from 4-5pm
- Combo on Wednesdays from 4-5pm
- Int. Acro on Wednesdays from 5-6pm
- Adv. Acro on Wednesdays from 6:30-7:30pm



Try a class for \$5!

Try a class for \$5 drop into any of our scheduled recreational classes for just \$5; bring a friend and take the class free.

Reach out to our email at studio180danceco@outlook.com to reserve a spot or for more details!

Our mission is to teach children confidence & life skills through dance within the Bis-Man Community.



International
Observe the Moon
Night

Saturday, October 21
6:30 - 8:30 p.m.
at
North Dakota's Gateway to Science
(1600 Canary Avenue, Bismarck, ND)

Join us for an evening to observe our moon! There will be a story reading on a giant moon map, activity stations, telescopes, planetarium shows, moon snacks and hot chocolate provided by 3andME, library card opportunity, and so much more to look forward to!

Free event and open to all ages!
gatewaytoscience.org/events



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Friends of the Library Fall Used Book Sale

The Friends of the Bismarck Public Library will be holding their Fall Used Book Sale October 5-7 in the Library's meeting rooms. Thousands of used books will be for sale at \$1.00 per pound. CDs, DVDs, games, puzzles, and other items are priced separately. Saturday all items will be sold for \$3.00 per bag. Proceeds fund special purchases/projects at the library.

Sale hours:

Thursday, October 5: 7:00 am - 8:00 pm

Friday, October 6: 9:00 am - 5:45 pm

Saturday, October 7: 9:00 am - 2:00 pm



Bismarck Hockey Boosters

Calling all Hockey Enthusiasts in Bismarck! It's that time of year again, and we want to make sure you don't miss out on the exciting opportunity to register for Bismarck Hockey Boosters this season. There's still time to register your future hockey player and be part of an amazing community!

Our dedicated coaches are committed to helping players of all levels improve their skills and grow as athletes.

Experience the true sense of camaraderie as you join a team and make lasting friendships.

Hockey is not just a sport; it's a fantastic way to stay active and have a blast!

Let's lace up those skates and hit the ice!

To register or get more information, visit our website at www.bismarckhockey.com



Magic Soccer FC

YOUTH INDOOR LEAGUE This league is an "in-house" recreational soccer program for youth players between the ages of 8 and 14. Boys and Girls divisions are offered, and players of all skill levels are encouraged to participate. Players and parents can organize their own teams, or individuals wanting to play and who do not have a team are welcome to sign up as "free agent" players. Games are played on Sunday afternoon/evenings between January through March. See website under programs, league play, youth indoor for additional details, cost, and registration [HERE](#).

Deadline to register is Wednesday, December 20th.

SKILLS TRAINING BLOCK 1

November 6th - December 4th

The Magic skills program consists of carefully planned programs and methods. Players will be able to refine their skills by quality repetitions they will not get in games.

Location: Fore Season Center. Skills Training occur once a week on MONDAYS.

FOOTSKILLS SESSIONS:

-Basic Foot Skills -Intermediate Foot Skills

-Advance Foot Skills

FINISHING CLINIC, DEFENDING CLINIC and GOALKEEPER CLINIC

Space is limited. Please see website for cost and additional information. Early Bird Discount ends October 18th.

2023/2024 COMPETITIVE TRAVEL The Competitive Program is the most exclusive Magic Soccer F.C. program. The program is aimed at boys and girls aged from 7 to 19 years. All the players of this program will train 2-3 days per week and play competitive games on weekends. All travel tournaments are optional.

See website under programs, competitive travel, fall/winter for additional details, cost, and registration [HERE](#).



GIRL TALK

Essentia Health Mid Dakota Women's Center invites girls ages 9-13 and their mothers to attend this special "Girl Talk" session.

"Girl Talk" is a workshop where you will learn and discuss:

- The Menstrual Cycle
- Acne & Hygiene
- How to Shave
- Nutrition During Your Period
- Breast Development
- Fitness During Your Period
- Menstrual Products
- ...plus more!

EssentiaHealth.org
Essentia Health

DATES/TIME
Sunday, October 29
2 pm - 3:30 pm (doors open at 1:45 pm)

LOCATION
Bismarck Public Schools Career Academy
1221 College Dr | Bismarck, ND 58501

Parking is available across the street in the Tech Center parking lot. Vehicles may be towed if they park on the lower level as it is reserved parking.

COST
FREE

REGISTRATION

Scan QR code to register online or visit EssentiaHealth.org/classes-events-Community-Education-Girl-Talk-Bismarck-ND



Girl Talk

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- Nutrition During Your Period
- Breast Development
- Fitness During Your Period
- Menstrual Products
- ...plus more!

Location: Bismarck Public Schools Career Academy - 1221 College Drive, Bismarck, ND, 58501

Registration Required: Go to www.Essentiahealth.org/classes-events-Community-Education-Girl-Talk-Bismarck-ND [QR code on flyer]

Contact: Marie Jensen, RN at 701-712-4591

Click [HERE](#) for more information.

VOLUNTEERS NEEDED!!

THE BISMARCK ADULT LEARNING CENTER NEEDS VOLUNTEERS IN OUR ENGLISH LANGUAGE CLASSROOMS!!
MON-THUR 9-11:30AM
MON-THUR 5:30-7:30PM

WE'RE FLEXIBLE! VOLUNTEER AS MUCH OR AS LITTLE AS YOUR SCHEDULE ALLOWS-TRAINING PROVIDED!

EMAIL ASHLEY_COLES@BISMARCKSCHOOLS.ORG OR CALL 701-323-4530 X 3951

Adult Learning Center - part of Bismarck Public Schools
BSC Campus - 1200 College Dr.
Bismarck, ND



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Century Cheerleading Kid's Camp



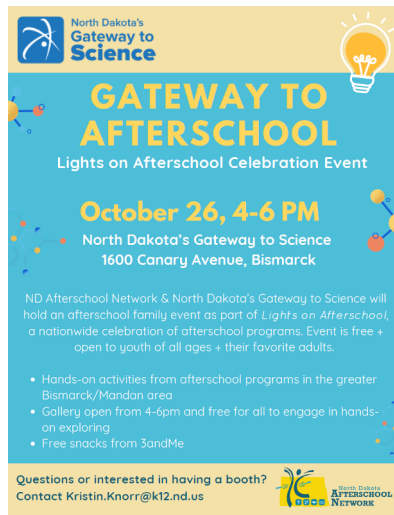
This camp is on Saturday, October 7th at Century High School in the "New Gym" for grades K-8.

Registration: Please click [HERE](#) for more information and the registration form.



Valley City State University Men's Basketball 3v3

Valley City State Men's Basketball will be hosting a youth 3 on 3 tournament on Sunday, October 8th. The tournament is open to Boys and Girls teams in grades 3-12. The cost is \$90 per team, and all teams are guaranteed 3 games. For more information contact timothy.wagner@vcsu.edu.



Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!

girl scouts dakota horizons

Get to Know Girl Scouts

See for yourself what Girl Scouts has to offer at a free event near you: Tuesday, September 26, 2023 or Thursday, September 28, 2023 open house between 5:30 PM - 7:30 PM or Saturday, September 30, 2023 from 10:00 AM - 1:00 PM. Call 1-800-666-2141 or email help@gsdakotahorizons.org with questions.

735 Airport Rd, Bismarck

District Calendar

- **Oct. 19-20** - Admin Convention Day - No School
- **Nov. 9** - Parent Teacher Conferences - No School
- **Nov. 10** - Veteran's Day Break - No School
- **Nov. 23-24** - Thanksgiving Break - No School
- **Dec. 24- Jan 1** - Christmas/New Year's Break - No School
- **Jan. 15** - MLK Day - No School
- **Jan. 16** - Staff Development Day - No School
- **Feb. 19** - President's Day - No School
- **Feb. 20** - Staff Development Day - No School
- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

