

# Friday Flier | December 22nd, 2023

The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are not endorsed by the Bismarck Public Schools.

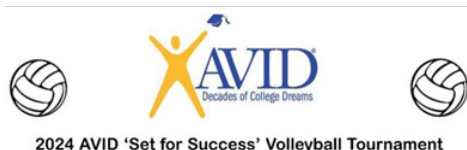


## Kids' Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves.

Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

<https://bpsfoundation.com/donations/kidskicks/>



## Attention Adult Volleyball Players

Bismarck High School AVID is hosting the 5th annual "Set for Success" Adult Volleyball Tournament

January 20-21

Registration Forms are due January 8.

[Click here](#) to download the registration form.

All proceeds from the tournament will support college campus visits and school supplies for those in need. Thank you to all who choose to participate!



## The Round Table Supports Community Youth

The Round Table offers a variety of services to the community including counseling, parent education, mental health fitness, and more. As a local non-profit focused on mental health, they work to make services more accessible to school-age youth by removing financial barriers for their families. The Round Table was established to provide opportunities for children and families to receive services to promote positive change. They emphasize a whole-body approach to allow for long-term mental health stability.

Families that would like support may [apply for assistance](#) on their website. Through the Round Table's assistance, many children in the Bismarck-Mandan area have been able to access services that would have otherwise been unaffordable.

The Round Table relies on community support to continue offering these invaluable services. You may find more information about opportunities to volunteer or donate [here](#).



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## Urban Pollinator Program

Pollinators play a vital role in biodiversity, providing services for over 80% of flowering plants. Additionally, 75% of the world's leading crops are dependent upon animal pollination.

Unfortunately, populations of pollinators and the plants upon which they depend are declining. Pollinator gardens can provide these mobile species with a patchwork of habitat in developed areas where habitat may be limited. They also provide students with hands-on educational opportunities and communities with places to gather and learn.

Sponsored by the North Dakota Game and Fish Department and the Natural Resources Conservation Service's Plant Materials Center, the Urban Pollinator Program was created to assist educational organizations in developing urban pollinator gardens.

Cost: Free.

Eligibility: Elementary, middle, and high schools, special education schools, colleges, and educational clubs are eligible to apply for a UPP grant. The purpose of UPP is to facilitate outdoor pollinator learning sites on as many school and community grounds as possible.

Kits: Each pollinator kit will be delivered in March and will include grade-appropriate lesson plans, a plant id book including plants that will be present in the garden, information on the pollinators that depend on them, and common weeds, as well as all the materials needed to grow two trays of flowers in the classroom (seed starting trays, flat trays, humidity domes, seeds, and soil). Following the kit, 100 plugs of wildflowers and grasses will be delivered, including a minimum of three grass species and six forb species.

More info: Click [HERE](#)



## Volunteering

The Abused Adult Resource Center is always looking for volunteers to help out at our store, Seeds of

Hope. If you're interested in volunteering, we can help you with your hours for the Honor Society or

other programs that require volunteer hours. To apply, please visit our website and fill out the online application. You can click on this link [HERE](#) to access the application. Alternatively, you can contact Blaine Finneseth, our Volunteer Coordinator for AARC, by emailing him at [blainef@aarcnd.com](mailto:blainef@aarcnd.com).



## UMary Women's Soccer 3v3 Tournament

Event open to Girls & Boys | Youth - High School (3rd - 12th Grade)

Time: 8:00am - 8:00pm (as scheduled)

Cost: \$150 per team Each team Guaranteed 3 games

Location: University of Mary, Fieldhouse 7500 University Drive, Bismarck, ND 58504



## Scholarship Application Open

Scholarships available! The application for a \$1000 scholarship through Bismarck Dollars for Scholars is open and is due February 28. More information and to apply:

[bismarck.dollarsforscholars.org](https://bismarck.dollarsforscholars.org).

Bismarck Dollars for Scholars is part of a national organization called Scholarship America which is the nation's largest scholarship organization. The group has awarded over \$160,000 in scholarships to Bismarck graduates.



## Little Free Pantry

CHS Drama is partnering with BECEP to help keep their Little Free Pantry stocked. Items needed include household goods (laundry detergent, dish soap) and preschool sized waterproof mittens. Bring your items to any one of the musical performances to help support BECEP and the surrounding neighborhood.

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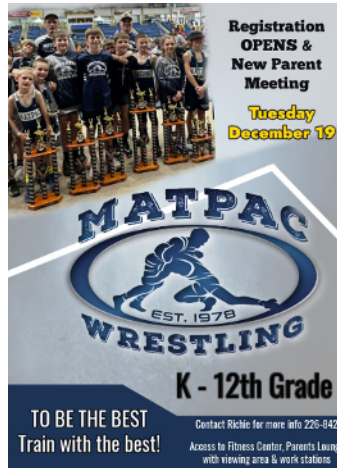
## Optimism: How It Connects Us

The Optimist Club of Bismarck is encouraging area students to contemplate the phrase "Optimism: How It Connects Us" as part of the Optimist International Essay Contest for the 2023-2024 school year. The Optimist Club will judge the local students' essays based on the theme of "Optimism: How It Connects Us" and determine the winners. The top winner will receive \$500 and the winning essay will be sent to the district level where college scholarships are available for top winners. Students wishing to participate in the essay contest can find out more about the contest at [this link](#) or contacting the club at 701-226-6285 or [ktorske@bravera.bank](mailto:ktorske@bravera.bank). Essay submission deadline is February 9, 2024.



## Singing for 2nd Graders

"A child who sings is a happy child." – Elder Enrique Falabella. Central Dakota Children's Choir is excited to offer a music class for 2nd grade students! "Singing for 2nd Graders" will focus on the fundamentals of music using your child's singing voice. Class will include not only singing, but also games, dancing, speaking and creating. Taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 5:00 - 5:45 pm at the Bismarck Event Center, January 9 – May 18. Performance at the end of the session. Registration and more information available at [aboutcdcc.org](https://aboutcdcc.org) and the CDCC office at 701-258-6516.



## MATPAC Wrestling

MATPAC Wrestling Club is 1 of only 8 clubs in the US to be awarded by USAW as a Gold Club Wrestling Organization and is nationally ranked by TrackWrestling.com. Coaches and mentors focus on teaching the fundamentals of wrestling, sportsmanship, hard work, self-discipline, teamwork, and being great kids. ALL members and parents will be able to utilize our fitness center, parents lounge, and work areas while their wrestlers are training. Assistance is available to qualified families, and all are welcome to join no matter where you live. Preregistration is available on our website at <http://www.matpacwrestling.org> (click on "How to Join") or register at the meeting. Monthly dues are only \$50 per month! MATPAC facility is located at 2600 E Rosser Ave.

K - 3 rd grade wrestlers practice Tuesdays & Thursdays 5:30 - 6:30 pm starting Tuesday Jan. 2 nd , 2024 for new wrestlers, wrestlers with 2 yrs. experience can start today.

4 th – 12 th grade practice Mondays 5:30 – 7 pm, Tuesdays & Thursdays 6:30 - 8 pm starting Tuesday Jan. 2nd, 2024, for new wrestlers, wrestlers with 2yrs experience can start today.

Registration for Feb, March, April, and May is during the first practice of the month from 5 to 6:30pm. Visit our website or us on Facebook and Instagram for more information.



## 1st Grade Music Class

Central Dakota Children's Choir is excited to announce a class exclusively for 1st Graders! Each "Treble Makers" class will include singing intertwined with movement activities, dancing, games and musical theory, all in a fun-based atmosphere. Class taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 4:00 - 4:45pm at the Bismarck Event Center, January 9 – May 18. Performance at the end of the session. Get them started singing early—you'll be glad you did! Registration and more information available <https://aboutcdcc.org/363-2/treble-makers/> and at [aboutcdcc.org](https://aboutcdcc.org) and the CDCC office at 701-258-6516.



## Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!

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## Learn How to Fly A Drone

Want to learn to fly a drone? Whether you just want to dabble in hobby drones, or you dream of soaring into the world of commercial drone piloting\*, BSC is here to ignite your passion! Our Unmanned Aerial Systems classes are your ticket to getting the skills you need to master the art of drone flight. Get ready to take off into a world of limitless possibilities!

Classes start January 8.

Learn more at [bismarckstate.edu/Drones](https://bismarckstate.edu/Drones)

\*Must be 16 to earn your 107C certification  
Funded by the American Rescue Plan Act through the North Dakota Department of Commerce.



## Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at [www.scottishritespeech.org](https://www.scottishritespeech.org). All services are free of charge to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at [speechtherapy@bismarckscottishrite.org](mailto:speechtherapy@bismarckscottishrite.org).



## Magic Soccer FC

**YOUTH INDOOR LEAGUE** This league is a recreational soccer program for youth players between the ages of 8 and 14. Boys and Girls divisions are offered, and players of all skill levels are encouraged to participate. There are no team practices in Youth Indoor League, only games.

**HIGH SCHOOL INDOOR LEAGUE** This League is a non-travel soccer program for high school players between the ages of 15 and 19. The focus of the league is to provide high school players with additional playing opportunities outside of their school season (or between winter club travel tournaments) where they can have fun and improve their skills and confidence on the field. There are no team practices in High School Indoor League, only games.

For both leagues players and parents are encouraged to organize their own teams, but individuals wanting to play who do not have a team are welcome to sign up as "free agent" players. Games for both leagues are played on five Sunday afternoon/evenings between January through March.

Deadline to register is Wednesday, December 20th. Register early to ensure a spot! See website under programs, league play, youth indoor for additional details, cost, and registration;

<https://www.magicsoccerskills.com/home>.

Magic offers a variety of other programs to suite all abilities. Check out their website for additional information about skills training, camps, and competitive travel.



## Legacy Youth Basketball Tournament

Legacy Sabers Girls basketball will be hosting their annual youth basketball tournament.

Held January 14, 2024. Girls grades 3-8  
Boys 3-6.

For more information and to register  
<https://legacygb.wixsite.com/legacygb>

## REGISTRATION OPEN NOW

CHILDREN AGES 3+ ARE INVITED TO REGISTER FOR CLASSES BY JANUARY 8 IN ORDER TO BE ELIGIBLE TO AUDITION FOR OUR SPRING PRODUCTION OF *SNOW WHITE*.



*SNOW WHITE* PERFORMANCES WILL TAKE PLACE AT THE BELLE MEHUS AUDITORIUM, MAY 10-12, 2024. TICKET SALES START DECEMBER 11, 2023

NORTHERNPLAINDANCE.ORG  
(701) 530-0986  
1416 E FRONT AVE.

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Family  
wellness  
A PARTNERSHIP BETWEEN SANFORD HEALTH



NATIONAL GOLD MEDAL WINNER  
**BISMARCK PARKS AND  
RECREATION DISTRICT**  
Est. 1927

## YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.

**You Belong Here**  
**Missouri Valley Family YMCA**  
[www.bismarckymca.org](http://www.bismarckymca.org)

**For Our Community**  
**Family Wellness**  
[www.familywellnessbismarck.org](http://www.familywellnessbismarck.org)



## "Launch" - Taking Your Faith into your Future

Join us for an evening that will prepare parents and future graduates for life after high school. Students will talk about navigating the new challenges of post-high school life. Questions like "how to pick a church?" "How to resist temptations?" "How to take responsibility for your education?" will be addressed. For parents, topics like "How to parent from a distance" "Rules for young adults living in your house" and "Letting your 'kids' own their choices" will be discussed.

It all starts with some food and fellowship before moving into speakers, break out sessions (for students and parents) and a Q&A session with current college students, parents of 18-24 year olds, college ministry reps and more. Spend a night seeing how God wants to "Launch" you into life after high school. Click [HERE](#) for more information.

## EVENTS & ACTIVITIES

• [Open Gym](#)

• [Indoor Ice Skating](#)

• [Wibit Water Toys](#)

• Jan. 4 - [Snowball Smash Tennis Gameday](#)

• Jan. 5 - [Luminary Ski Night](#)

• Jan. 21 & Jan 28, Feb. 4 - [DJGA Golf Clinics](#)

## WINTER PROGRAMS

• [Fencing](#) - starts Jan. 5

• [Karate](#) - starts Jan. 2

• [Racquetball](#) - starts Jan. 11

• Swim Lessons - register Jan. 9

• Tennis ([10 & Under](#), [Juniors](#)) - starts Jan. 6

• [Volleyball, Coed 3rd](#) - early bird registration by Jan. 5

• [Volleyball, Coed 4th-5th](#) - early bird registration by Jan. 12

• [Lifeguarding Class](#) - Dec. 28-30 - join our team and class is free!

Visit [www.bisparks.org](http://www.bisparks.org) to learn more about parks and recreation activities.

## JOIN OUR TEAM

Join the Bismarck Parks and Recreation team! Jobs for ages 14+ at [www.bisparks.org/jobs](http://www.bisparks.org/jobs)

- BLAST afterschool program leaders
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards - [free training](#)!
- Officials - basketball & volleyball
- Swim instructors
- Tennis instructors
- Volleyball coaches

# District Calendar

- **Dec. 24- Jan 1** - Christmas/New Year's Break - No School
- **Jan. 15** - MLK Day - No School
- **Jan. 16** - Staff Development Day - No School
- **Feb. 19** - President's Day - No School
- **Feb. 20** - Staff Development Day - No School
- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

