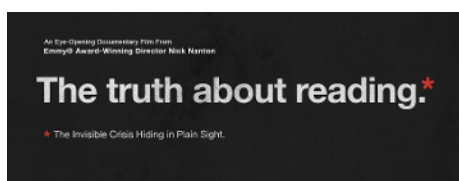


Friday Flier

September 1st, 2023

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The Truth About Reading

Free Showing & Seminar Discussion

Thursday, September 28th, 2023

North Dakota Heritage Center
Auditorium

612 E Boulevard Ave, Bismarck, ND

4:30 PM - 8:00 PM

The movie *"The Truth About Reading"* highlights the repercussions that illiteracy can have on adults who did not learn to read in elementary school. The message of the film will help communicate the urgency to reflect on our teaching practices, curriculum, and pre-service learning in the teaching profession. It also demonstrates hope for a future where all citizens have the literacy skills to have a happy and successful family, personal, and professional life.

Click [HERE](#) for more information and to register.



FALL PROGRAMS

There's still time to register for youth programs at Bismarck Parks and Recreation at www.bisparks.org!

- Basketball
- Fencing
- Flag Football
- Karate
- Racquetball
- Swim lessons – registration opens Sept. 6
- Tennis

JOIN OUR TEAM

Check out the fun and flexible jobs at Bismarck Parks and Recreation for **ages 14+at** www.bisparks.org/jobs!

- BLAST afterschool program leaders
- Coaches – basketball & flag football
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards
- Officials
- Swim instructors
- Zamboni drivers

FUN EVENTS

- Sept. 7 – Falling in Love with Tennis Gameday
- Sept. 16 – Wibits at BSC Aquatic & Wellness Center
- Sept. 23 – Movie in the Park

And more at www.bisparks.org!



YMCA/Family Wellness Programming

- YOUTH SPORTS
- ITTY BITTY ACTIVITIES
- YOUTH SWIM
- YOUTH & FAMILY
- CHILD CARE & CAMPS

Click [HERE](#) to see all activities and camps currently offered.



You Belong Here
Missouri Valley Family YMCA
www.bismarckymca.org

For Our Community
Family Wellness
www.familywellnessbismarck.org

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Aquastorm 2023 Fall Swim Clinic

September 5-21, 2023

Aquastorm will be hosting its 2023 Fall Swim Clinic at the BSC Aquatic Center on September 5-21, 2023.

Cost \$75

Open to Kindergarten-3rd grade on Monday and Wednesday and 4th-6th grades on Tuesday and Thursday.

Please bring a swimsuit and goggles.

Click [HERE](#) for more information. For questions and to register, please contact Thomas Wheeling at

programdirector@aquastormswimming.com.



Engines 4 Education Small Engine Repair

Small engine repair. We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!



Bismarck Hockey Boosters Intro to Hockey

The Intro to Hockey program takes place in early fall. Intro to Hockey is a low-cost, low-risk youth introduction into the fabulous sport of hockey. Youth are invited to learn some of the fundamentals of skating and playing hockey. All equipment for this program is provided free-of-charge from Bismarck Hockey Boosters and our sponsors.

For only \$100, your child can try hockey for 6 sessions and also receive all of the equipment needed for the season. If your child wishes to sign up for the regular season after Intro to Hockey is complete, your child may keep all of the equipment!

Spots are limited to 40 kids per group, but you choose which group works best for you!

Children need to be at least 4 by May 31st of the current year and we will accept children all the way to 4th grade.

For More Information and to Register go to www.bismarckhockey.com/introtohockey.



Century Cheerleading Kid's Camp

This camp is on Saturday, October 7th at Century High School in the "New Gym" for grades K-8.

Registration: Please click [HERE](#) for more information and the registration form.

2023 Fall Bismarck Demon's 3 on 3 Basketball Tournament

sponsored by: BHS Girls Basketball
Sunday Oct. 1st, 2023 – @ Bismarck High School

BHS Demon's Fall 3 on 3 Basketball Tourney

BHS Demon's Fall 3 on 3 basketball Tourney, Oct 1st, 2023. Grades 2 - 8, 3 game guarantee and concessions available. Also hosting a shooting contest \$5 a person. Come out for a fun day of basketball. Registration can be found

<https://demongbb.webs.com>. Any questions email bhsgirlsdemonsbball@gmail.com.

Cost \$110

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North Dakota's Gateway to Science

STEM Adventure Club

After school hands-on STEM program on Mondays at North Dakota's Gateway to Science for grades 1-5 from 4:00 - 5:15

Members: \$75

Nonmembers: \$90

Registration is required.

Session 1

September 11, 18

October 2, 9, 16, 23

Session 2

November 6, 13, 20, 27

December 4, 11

Coding Clubs After school coding program on Thursdays for grades 3-5 (4:00-5:15) and 6-8 (3:30-4:45)

FREE – Registration is required.

Grades 3-5 will be held at North Dakota's Gateway to Science and grades 6-8 will be held at Horizon Middle School.

September 14, 21, 28

October 5, 12

STEM Adventure Mini-Camps

Hands-on STEM camps held at North Dakota's Gateway to Science during the school year on select days when there is no school for grades 1-5. Camps run 8:00 am - 5:00 pm

Members: \$72

Nonmembers: \$90

Registration is required.

September 25

(Two mini-camps will be held this day. One for grades 1-5 and a robotics camp for grades 5-8)

October 19, 20

November 9, 10

Preschool Discovery Hour

Program for preschools and their adults one Wednesday and Saturday a month from 9:00 – 9:45 am

FREE – No registration required.

September 13 & 16

October 11 & 14

November 8 & 11

December 13 & 16

www.gatewaytoscience.org/learn



Valley City State University Men's Basketball 3v3

Valley City State Men's Basketball will be hosting a youth 3 on 3 tournament on Sunday, October 8th. The tournament is open to Boys and Girls teams in grades 3-12. The cost is \$90 per team, and all teams are guaranteed 3 games. For more information contact

timothy.wagner@vcsu.edu.



Run4Change

Date: September 30, 2023

Time: 10:00 AM

A morning of fun for the entire family! You're invited to participate in the 11th Annual Run4Change on Saturday, September 30th. The Run4Change is a 4-mile run and 1k fun run/walk fundraiser honoring the Deutscher Family who were all killed in 2012 by a drunk driver. The Run4Change was started to bring something positive out of this tragedy and help change the behaviors surrounding preventable injuries and fatalities on our roadways. The funds raised help us produce the event and for educational messaging across the state about the dangers of drinking and driving to encourage safer choices. To learn more about the event and to get registered visit <https://www.ndsc.org/run4change/>.



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Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply.

The application process has changed. Please visit [HERE](#) for more information and to apply.



Free Speech Therapy Services for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications. Online applications can be printed from www.scottishritespeech.org. All services are free of charge to qualifying children ages 2 through 7. For more information, please call 701-258-9132. The Center may also be reached through e-mail at speechtherapy@bismarckscottishrite.org.



Click [HERE](#) to view the September 2023 Native Inc. Activities Calendar.

Visit their website for more information:
<https://www.ndnadc.org/>

FREE ONLINE COMMUNITY CHAT



Do you know a child who has been diagnosed with autism and wish you could understand what it is and how you can help? If so, register for this FREE Community Chat webinar presented by Dakota Family Services. Autism is one of the most discussed mental health diagnoses in the community, yet one of the most misunderstood. Lucas Mitzel and Falan Johnson, therapists at Dakota Family Services, will answer questions like: What is Autism? Why does Autism look so different in each child? How do I interact with someone who has Autism? How can I help my child be successful? What can I do to help people understand my child better? They'll also answer your questions, so you can be the best parent, grandparent, aunt, uncle, teacher, or friend you can be. Register now [HERE](#).

District Calendar

- **Sept. 4** - No School - Labor Day
- **Sept. 25** - Staff Development Day - No School
- **Oct. 19-20** - Admin Convention Day - No School
- **Nov. 9** - Parent Teacher Conferences - No School
- **Nov. 10** - Veteran's Day Break - No School
- **Nov. 23-24** - Thanksgiving Break - No School
- **Dec. 24- Jan 1** - Christmas/New Year's Break - No School
- **Jan. 15** - MLK Day - No School
- **Jan. 16** - Staff Development Day - No School
- **Feb. 19** - President's Day - No School
- **Feb. 20** - Staff Development Day - No School
- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

