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2-23-24

I.S. Families,

On Wednesday, February 28th, Mifflinburg Area School District will be welcoming Sweethearts and Heroes to our district to share building specific assemblies around the topic of bullying with our students.

The Intermediate School will attend the assembly in the afternoon in the HS auditorium. Students will be riding buses to the HS for the assembly. Please see the assembly description from Sweethearts and Heroes below.

*“We call our Elementary presentation the Stop, Drop, and Roll of Bullying! With this flagship presentation, we aim to help students gain awareness of what bullying is and how they can recognize it when it is happening. Most importantly, we give students a plan and the tools they need to carry HOPE and ‘Jump into Action’ to help those who need it the most.”*

On Thursday, February 29th, Intermediate School students will have the opportunity to participate in a 20 – 30 minute question and answer session with Rick Yarosh from Sweethearts and Heroes. This will take place at the Intermediate School.

If you have any questions about this assembly, feel free to reach out to me at the Intermediate School or Mrs. Dressler at [ddressler@mifflinburg.org](mailto:ddressler@mifflinburg.org).

**About Sweethearts & Heroes:**

We’ve traveled near and far (Canada to Hawaii) sharing the truth of HOPE and ACTION with well over 2 million kids and thousands of educators! Many communities have been so impacted by the message that they’ve been gracious enough to invite us back year after year, and we are always excited when we have the opportunity to visit new places and make new connections. Our focus is to educate society on the impact of hopelessness, build empathy and compassion in our youth, and develop young Sweethearts & Heroes to promote bystander empowerment through leadership roles.

Initially starting as a motivational speaking organization, Sweethearts & Heroes has evolved through multiple platforms including digital courses, space-repetitive youth leadership programs, and written works. The Sweethearts & Heroes message is for all audiences, K-12, small and corporate businesses, educators, parents, counselors, and professionals in every walk of life. We deliver a unique perspective and action plan that changes any climate and culture.

Your Partner in Education,

Philip Heggenstaller

