

MARCH 2024

TVHS

LUNCH



Available Daily: Variety of Sandwiches, Hoagies & Wraps
Cheese Burger and/or Chicken Patty Sandwich unless specified
Cheese, Pepperoni & Daily Special Pizzas
Milk Selection



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

Menu items may change due to availability

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Spicy Chicken Chunks
BBQ Pulled Pork on Kaiser
French Fries
Honey Glazed Carrots
Fruit Cocktail

4

Cheesy Bread Sticks w. Marinara
Cheese Steak
BBQ Chicken Melt
Sun Chips, Green Beans
Peach Cup
Fruit Roll Up

5

Hot Dog w. Toppings Bar
Turkey BLT Cheddar Wrap
Spicy Chicken Hoagie
Mac & Cheese (Side)
Peas
Fruit Cup

6

National Cereal Day
Pancakes & Sausage Patty
Ham & Cheese Pretzel Bun
Bacon Cheeseburger
Hash Brown Patty
Gogurt, Fresh Cut Fruit

7

Pasta Bar
Popcorn Shrimp
Meatball Sub
Garlic Knot
Caesar Salad
Assorted Fruit, Ice Cream

8

Chicken Nuggets w. Roll
Open Face Hot Turkey Sand.
French Fries or Gravy Fries
Carrot Snack Pack w. Dip
Apple Sauce Cup

11

Taco Bar
Cuban Panini
BBQ Grilled Chicken Sand.
Chips & Salsa
Roasted Corn
Pineapple Tidbits, Churro's

12

General Tso's Chicken
Chef's Choice
White Rice
Broccoli
Mandarin Orange Cup

13

French Toast & Sausage
Ham & Cheese Croissant
Hot Honey Siracha Chix.
Hash Brown Patty
Gogurt
Baked Apples

14

Irish Grilled Reuben
Ballyliffen Fish Taco's
Chicken Sliders
Leprechaun Lettuce
Fresh Fruit
Mint Choc. Chip Ice Cream

15

Chicken Tenders
Pulled Pork sliders
French Fries
Honey Glazed Carrots
Fruit Cocktail

18

Cheesy Bread Sticks w. Marinara
Cheese Steak
BBQ Chicken Bacon Melt
Sun Chips, Green Beans
Peach Cup
Fruit Roll Up

19

Fried Chicken
Grilled Cheese Bar!
Hot Dog
Tomato Soup
Broccoli, Fruit Cup
Gold Fish Crackers

20

Pancakes & Sausage
Ham & Cheese Pretzel Bun
Spicy Chicken Sandwich
Hash Brown Patty
Juice Box
Mini Strawberry Parfait

21

Pasta Bar
Grilled MahiMahi Taco Bar
Meatball Sub
Garlic Knot
Caesar Salad
Assorted Fruit, Ice Cream

22

Chicken Nuggets w. Roll
Chef's Choice
French Fries
Carrot Snack Pack w. Dip
Apple Sauce Cup

25

**EARLY
DISMISSAL**

26

**NO
SCHOOL**

27

**NO
SCHOOL**

28

**NO
SCHOOL**

29