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Brookline Bulletin

February 23, 2024
Volume 7, Issue 4



Captain Samuel
Douglass Academy
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Enjoy Your Vacation
Think Spring



Dates to remember

Feb. 26 - Mar. 1 Winter Break
Mar. 4 - Mar. 8 Read Across America Week
Mar. 12 **NO SCHOOL** Voting at CSDA
7:00 a.m. to 7:30 p.m.
Mar. 14 STEAM Night at RMMS 5:30 p.m. - 7:00 p.m.
Apr. 22-26 Spring Vacation

RMMS Read Across America

See page 2 for details



Reminders: Other than routine childcare, students MAY NOT ride any bus other than the one to which they have been assigned. (Note: Routine childcare is defined as occurring on a regularly scheduled basis anywhere from one to five days per week).

CSDA Happenings

Grade 4: Fourth graders are starting a geometry unit in math. In writing, students are continuing to work on their marine mammal nonfiction projects.

Grade 5: Fifth graders are working on adding and subtracting fractions with unlike denominators. After vacation, students will start learning about the events that lead to the American Revolution.

Grade 6: Sixth Graders are finishing up their Archaeology Unit of social studies with their exams this week. They have been studying how archaeologists learn about the past using carbon dating, the archaeological record, and the examination of ancient artifacts.

CSDA Unified Arts: Students are reviewing meter and time signatures, what they are, and how they are used in music. They are also learning Vivaldi's Spring Theme on barred instruments and a Nova Scotia traditional melody to help reinforce the feeling of the meters.

Have a wonderful vacation! Mrs. Bouley

RMMS Happenings

All grade levels will be celebrating Read Across America Week when we return from vacation. Please see the attached schedule in the newsletter for more information.

Pre-K: Preschoolers will continue learning about space. They'll do some science experiments related to light and heat, practice counting with rocket ships, and do a meteor letter hunt.

Grade K: Kindergarten will read lots of Dr. Seuss books and do thematic crafts, centers, and activities.

Grade 1: First graders will learn about Dr. Seuss after vacation and begin to explore sound.

Grade 2: Grade 2 students will begin building their leprechaun traps for our school-wide STEAM night!

Grade 3: Third graders will be starting to learn about Traditional Literature in reading and fractions in math. They will be building stamina in writing while practicing planning and executing ideas in preparation for the Writing SAS test. They will also begin building leprechaun traps for STEAM night.

RMMS Unified Arts: In grades 1-3, students are learning about musical motifs (music that represents a certain character in a story) and playing those themes to the story, *The Gruffalo* by Julia Donaldson. In Kindergarten, students are working on playing on non pitched percussion instruments and identifying them.

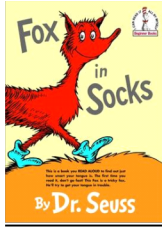
Have a great weekend and vacation!
Mr. Molinari

Celebrate Read Across America Week!

RMMS

Week of March 4th

Monday, March 4th



- ? **8:45 Kick off Morning Announcements**
- Take the Reader's Oath

Monday's Spirit Day - In honor of Fox in Socks, wear your FAVORITE SOCKS! Wear them inside out, mismatched or silly!
Please be sure that costumes and characters are school-appropriate.

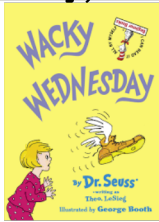
Tuesday, March 5th



Tuesday's Spirit Day - Words, words are everywhere! Wear a shirt with words so that we can all read throughout the day!

- ? Read Across America activities in class

Wednesday, March 6th



Wednesday's Spirit Day - Dress for Wacky Wednesday...Wear your shirt backwards or inside out...mismatched clothing or shoes!

- ? Read Across America activities in class

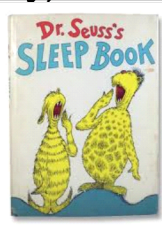
Thursday, March 7th



Thursday's Spirit Day - In honor of all the amazing characters in books, dress up as your favorite book character!

- ? Read Across America activities in class

Friday, March 8th



Friday's Spirit Day -In honor of The Sleep Book, wear your PAJAMAS!

Flashlight Friday - bring a flashlight so we can read by the light of it throughout the day!
Schoolwide DEAR Time - Everybody Drop Everything and Read **2:15-2:30!**



RMMS Families are invited:

S.T.E.A.M. NIGHT

FEATURING LEPRECHAUN TRAPS

ENGINEERED BY OUR VERY OWN
K-3 BLUE JAYS

WHEN: THURSDAY, MARCH 14
5:30 - 7:00 PM
IN THE RMMS GYM

If you are able to attend on STEAM night, please bring a cereal box to donate to the Brookline Food Pantry. Classroom teachers can also collect cereal boxes throughout the week of March 11th!

**CSDA & RMMS
HEALTH OFFICE
UPDATES
Feb 23, 2024**

Tips for Vacation Week

Playing Outside? When playing outside, dress your children in layers and limit their time in cold weather or snow, ensuring they take breaks and stay hydrated.



Going skiing? - Always wear a helmet when skiing or snowboarding, use sunscreen, protect your eyes by wearing ski goggles, take a lesson to make sure you are ready for the slopes.



Traveling to a warmer climate pool or beach? - Wear sunscreen, take swimming lessons, follow pool and water safety tips.

Have FUN...Be Safe...We will see you in March!

- **Illness Circulating:**
- **Strep Throat** If your child has a sore throat this can be diagnosed with a rapid strep test or throat culture. If diagnosed with strep throat, your child must be on antibiotics for a minimum of 24 hours before returning to school.
- **Stomach Symptoms** Nausea, Vomiting, Diarrhea, stomach pains
- **WHEN TO STAY HOME** To prevent contagious illness, stay home from school with the following:
 - **Fever (Temp 100.0 or greater)- until fever-free without medication for 24 hours**
 - **Vomiting or Diarrhea - until symptom free for 24 hrs**
 - **New/ Uncontrolled Cough or Sore Throat - contact MD**

- **COVID-19 Is also still circulating.** Common symptoms include Sore throat, Congestion or runny nose, Headache, Cough, Fatigue, Fever, Chills, Muscle or body aches, loss of taste or smell, Nausea or vomiting, Diarrhea. **If you have any symptoms, test for COVID right away.** Obtain a COVID test with any symptoms at Convenient MD or Urgent care locations.

- To order 4 free COVID rapid tests <https://www.covid.gov/tests>

- **What should we do if we test positive for COVID?** Isolate and Contact the school nurse. Symptom start date or test positive date is Day Zero, then isolate days 1-5 and wear a well fitting mask days 6-10. **Follow the CDC Guidelines for Isolation** If someone in the household tests positive, start wearing a well fitting mask for 10 days from exposure.

- **Mental Health** is as important as physical health. Inform the school nurse, teacher, principal, or trusted staff member about any health or emotional concerns so we can support your child together. Resources are available in NH via Call/ Text 833-710-6477 or Chat www.nh988.com Resources: <https://www.dhhs.nh.gov/programs-services/mental-health>

CSDA: Maureen Lorden,
RN maureen.lorden@sau41.org
Phone: 603-821-0439

RMMS- Covering/District Float Nurse:
Diana Zoltko, RN diana.zoltko@sau41.org a
Phone: 603-673-4640

RMMS: Tena Ferenczhalmy,
RN tena.ferenczhalmy@sau41.org
Phone: 603-673-4640

CSDA Health Classes

During the month of April students at CSDA will be viewing growth and development videos in conjunction with their health classes. These videos present the physiological changes which occur in boys and girls during adolescence. Body changes, emotional changes, as well as habits of health and hygiene are highlighted. The boys and girls will be separated for the program.

The school does not intend to replace the parents in helping children understand themselves, but rather to supplement this role and create openness about changes that all young people experience.

Grade 4 students will watch "Meet The New You" on April 19th

Grade 5 students will watch "Just Around The Corner" on April 12th

Grade 6 students will watch "Always Changing, Always Growing" on April 5th

If you would like to preview these videos please contact Mrs. Van Dyke
at 821-0439 ext 2140 or tammy.vandyke@sau41.org



March Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	1
Have a great Winter Break!	Have a great Winter Break!	Have a great Winter Break!	Have a great Winter Break!	Have a great Winter Break!
4	5	6	7	8
<ul style="list-style-type: none"> Crispy Chicken Nuggets Breadstick Glazed Carrots Mandarin Oranges Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Cheeseburger on a Bun Hamburger on a Bun Seasoned Corn Baked Beans Sliced Peaches Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Toasty Cheese Sandwich Goldfish Crackers Soup Savory Green Beans Pineapple Tidbits Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Pasta w/Meatsauce WG Dinner Roll Steamed Broccoli Fresh Apple Slices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Gill's Fresh Cheese Pizza Salad Fruit Choices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick
11	12	13	14	15
<ul style="list-style-type: none"> Crispy Chicken Sandwich Seasoned Corn Fresh Baby Carrots Fruit Cocktail Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	No School	<ul style="list-style-type: none"> Meatball Sub w/ Cheese Fresh Cucumber Wheels Lite Ranch Dip Diced Pears Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Mini Waffles Breakfast Sausage Patty Sweet Potato Waffle Fries Blueberry Crisp Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Gill's Fresh Cheese Pizza Salad Fruit Choices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick
18	19	20	21	22
<ul style="list-style-type: none"> Hot Dog on a Roll Smartfood Popcorn Oven Baked Kinkie Fries Baked Beans Applesauce Cup Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Mac & Cheese WG Dinner Roll Lemon Zest Broccoli Mandarin Oranges Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Warm Chicken & Cheese Wrap Dipping Sauce Seasoned Corn Fresh Baby Carrots Lite Ranch Dip Sliced Peaches Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> This n' That Day Fresh Apple Slices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick
25	26	27	28	29
<ul style="list-style-type: none"> Popcorn Chicken Garlic Texas Toast Creamy Mashed Potatoes Fresh Baby Carrots Pear Slices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Sliced Ham & Cheese Croissant Potato Smiles Fruit Cocktail Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Crispy Mandarin Orange Chicken Seasoned Brown Rice Steamed Broccoli Pineapple Tidbits Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Corn Dog Sweet Potato Fries Baked Beans Orange Smiles Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick 	<ul style="list-style-type: none"> Gill's Fresh Cheese Pizza Salad Fruit Choices Cold Entrée Choices Yogurt Lunch Sunbutter & Jelly Sandwich w/ Cheese Stick

Milk & Fruit Choices Available With Each Meal

Fruit Choices May Include: Strawberry Cup , Mandarin Oranges , Mixed Fruit , Pineapple Tidbits , Sliced Peaches , Pears , Applesauce , Dried Cranberries , Rasins , Applesauce Cup , Undy's Fruit Punch Frozen Juice , Undy's Strawberry Frozen Juice

Menu is Subject to Change

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 2/19/2024 at 12:56 pm .

HAVE YOU HEARD ABOUT OUR **BROOKLINE FOOD PANTRY?**

Currently accepting donations and supporting families in Brookline and Hollis!

HOW OUR SCHOOLS CAN HELP



**Most needed items
for February:**

- Mayo, Ketchup
- Maple Syrup
- Fruit Cups
- Bottled Juice,
Juice Boxes
- Rice
- Instant Rice
- Coffee
- Canned Chicken
- Chef Bogarde
Canned Pasta
- Pretzel and Chip
Snack Packs

**All families
welcome- please
spread the word
to community
friends
and neighbors.**

**Thanks to our
PTO, you may
purchase the
most needed
items through
Amazon:**

[https://www.a
on.com/
registries/gl/q
view/
11J607](https://www.amazon.com/registries/gl/view/11J607)



**YOUR CONTINUED SUPPORT IS APPRECIATED!
PLEASE KNOW THAT ALL DONATIONS MAKE A
DIFFERENCE IN OUR COMMUNITY.**

CSDA Yearbook 2023-2024 Order Form

January 12, 2024

Dear Parents,

We are pleased to announce that we are offering an 8 1/2" X 11" full color yearbook documenting the 2023-24 school year. We are planning for candid photos chronicling the events at CSDA. The cost of the yearbook will be \$17.00.

To reserve your copy, please send your payment along with the bottom portion of this notice to your child's teacher. Families with more than one student who wish to purchase a book for each child are requested to complete a separate order form for each student. One check per family, however, is acceptable. **Please make checks payable to Capt. Samuel Douglass Academy; no cash, please.**

Please send your order in no later than March 08, 2024

Sincerely,

Mary-Lou Gilbert
Yearbook Editor

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CSDA Yearbook 2023-2024 Order Form

Student Name: _____ Teacher: _____

Amount of check: _____ Check#: _____

Payment sent in with sibling: _____
(Name and Teacher)

SPRING SPIRIT STORE



New styles
available for
Spring!
Tank tops,
shorts & more



Show off your
RMMS and
CSDA spirit



All your
favorites are
here!
T-shirts,
hoodies, croc
charms

Order your spring spirit wear by visiting
<https://brooklinenhpto.ptboard.com> or
scan here (QR code active on 3/4)



***ITEMS
AVAILABLE
MARCH 4 -
MARCH 16***

Not a school sponsored event



CHEER AND GYMNASTICS CLINICS

STARTING MARCH 5TH



- Cheer Clinics every Tuesday & Thursday 5:30-7:30PM



- Gymnastics Clinics every Saturday
 - Level 1 9-10AM
 - Level 2 10-11AM



Signup Now

- For athletes ages 5-13
- Each individual class is \$10/athlete.
- Sign up for cheer clinics for an entire month for only \$60.

NOT A SCHOOL SPONSORED EVENT



Camp Invention®

WHERE

BRIGHT IDEAS

COME TO LIFE



LEARN MORE AT [INVENT.ORG/CAMP](https://www.invent.org/camp)



Fifth graders build collaboration skills as they create their own sports ball, game board and brand.



Second graders explore STEM concepts through glowing circuitry and hands-on projects.



Fourth graders gain confidence while reverse engineering their robotic lab-on-wheels.

DISCOVER FUN ADVENTURES IN A TYPICAL DAY AT OUR ALL-NEW 2024 PROGRAM

A.M. BASE CAMP

Drop off your camper with qualified local educators who start each day with games that ignite creativity.



IN THE GAME™

Campers team up as they investigate the science of sports ball design and personalize a light-up game board, then add a unique logo and name!



LET'S GLOW™

When they build a customized Glow Box, campers discover different forms of light, finding inspiration in illuminating inventions and animals that glow!

GAMES & LUNCH

Half the campers head outside to play action-packed games while the others eat lunch — and then they switch.



OPERATION: HYDRODROP™

To cultivate awareness of real-world water challenges, campers engineer a tiny house with crops to explore water-based technology and sustainable design thinking.



PROTOTYPING STUDIO™

Campers get creative as they transform their ideas from initial sketches to working prototypes using everyday items.

P.M. BASE CAMP

The day wraps up as campers wind down with problem-solving games.

All images feature actual campers enjoying our new 2024 program.

SECURE YOUR SPOT TODAY

Register at [INVENT.ORG/CAMP](https://invent.org/camp) or 800-968-4332

Grades: K - 6th

Location: Hollis Brookline Middle School
25 Main St, Hollis, NH 03049

Date: June 24 - 28, 2024

Time & Cost: 9:00 AM to 3:30 PM
\$300 (before discount)

Camp Director: Bob Pooler
robert.pooler@sau41.org

Camp Invention is not a school-sponsored event.

If these dates/times don't work for you, please visit invent.org/camp for other locations near you.

SAVE \$25 WITH CODE

FUN25

AT [INVENT.ORG/CAMP](https://invent.org/camp)

Offer expires March 27, 2024

Camp Invention is a nonprofit program of the National Inventors Hall of Fame.

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Investors in Creativity and Invention
Army Educational Outreach Program
Burton D. Morgan Foundation
General Motors
Grainger

Nordson Corporation Foundation
Overdeck Family Foundation
United Way of Summit & Medina
U.S. Department of Defense (DoD) STEM
Walton Family Foundation



Scan to secure
your spot today!



Care farming promotes mental and physical health by combining the care of the farm with the care of people. Participate in meaningful outdoor and farm activities to increase self-esteem, independence, social interaction, and healthy coping skills.

Servicing both typical youth and youth with disabilities.



Offering After School, Home School & Pre-School Group programming, as well as 1:1 & sibling programming.

Contact Beth Frankel, BSW, LSW MA for information.
287 South Merrimack Road, Hollis, NH 03049
978-697-3798
bfrankel1@verizon.net
www.thecarefarmnh.com

NOT A SCHOOL SPONSORED EVENT

Parent Café

Conversations to Keep Your Family Strong

make new friends – share ideas – give and gain support



Date: March 21, 2024

Time: 6:00-7:30 P.M

Where: Boys and Girls club of Souhegan Valley
56 Mont Vernon St. Milford, NH 0055

Registration is required. Register here:

<https://bit.ly/3uvK2pR>



No cost to attend

Free Pizza and Childcare for those who register.

Childcare will be provided for school age children Grade 1 and up

This is not a school sponsored event

For more information contact:

Melissa Sidilau @ 603-672-1002 ext. 138
or email: msidilau@svbgc.org

